Post LVC Ectasia

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A. Professor of Ophthalmology-Research Institute of Ophthalmology
Cornea and Refractive surgery Consultant-International Eye Hospital
The Speaker Has No Financial Interest



Post LVC Ectasia

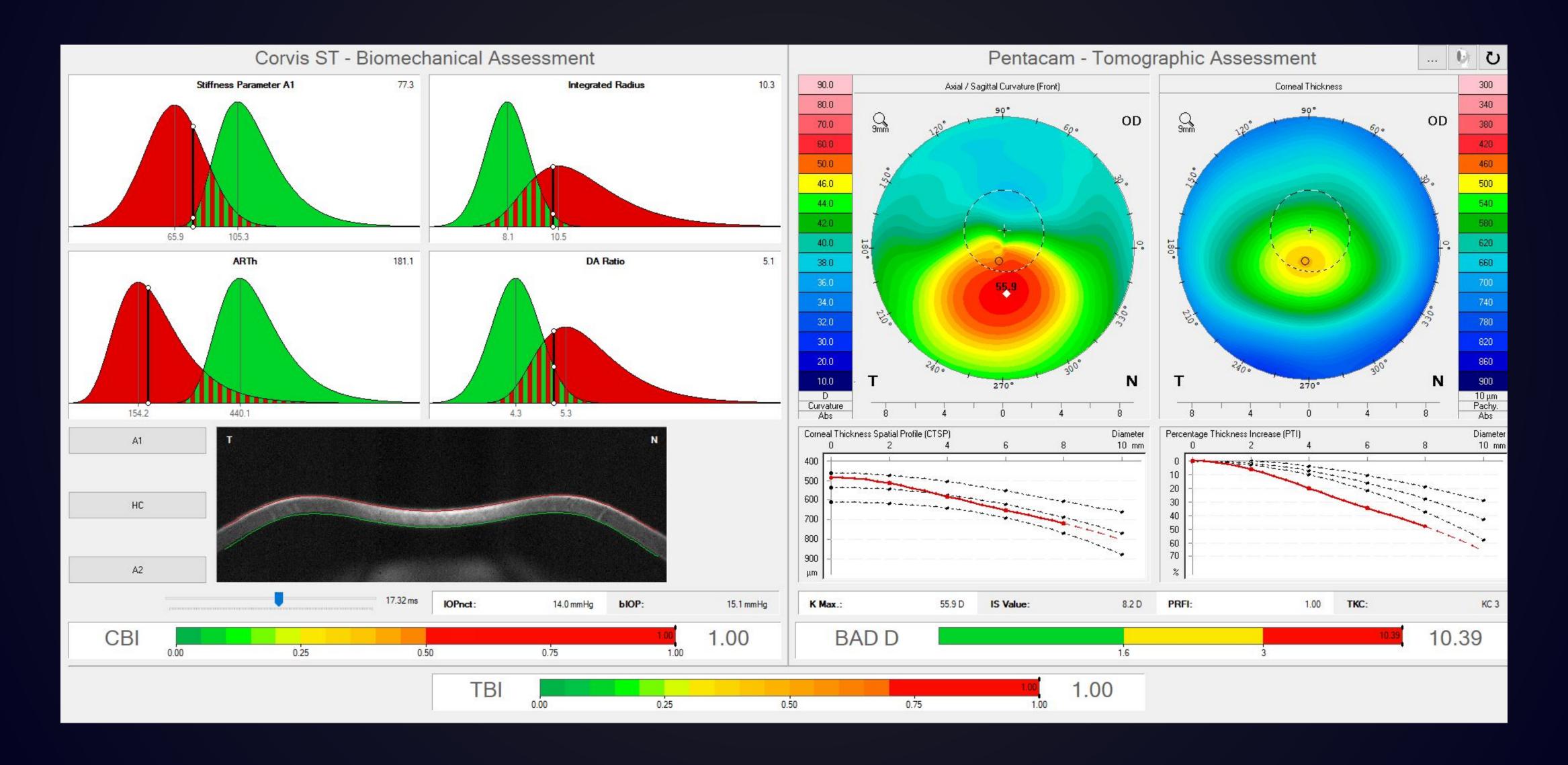
• Biomechanical Failure!!

Why

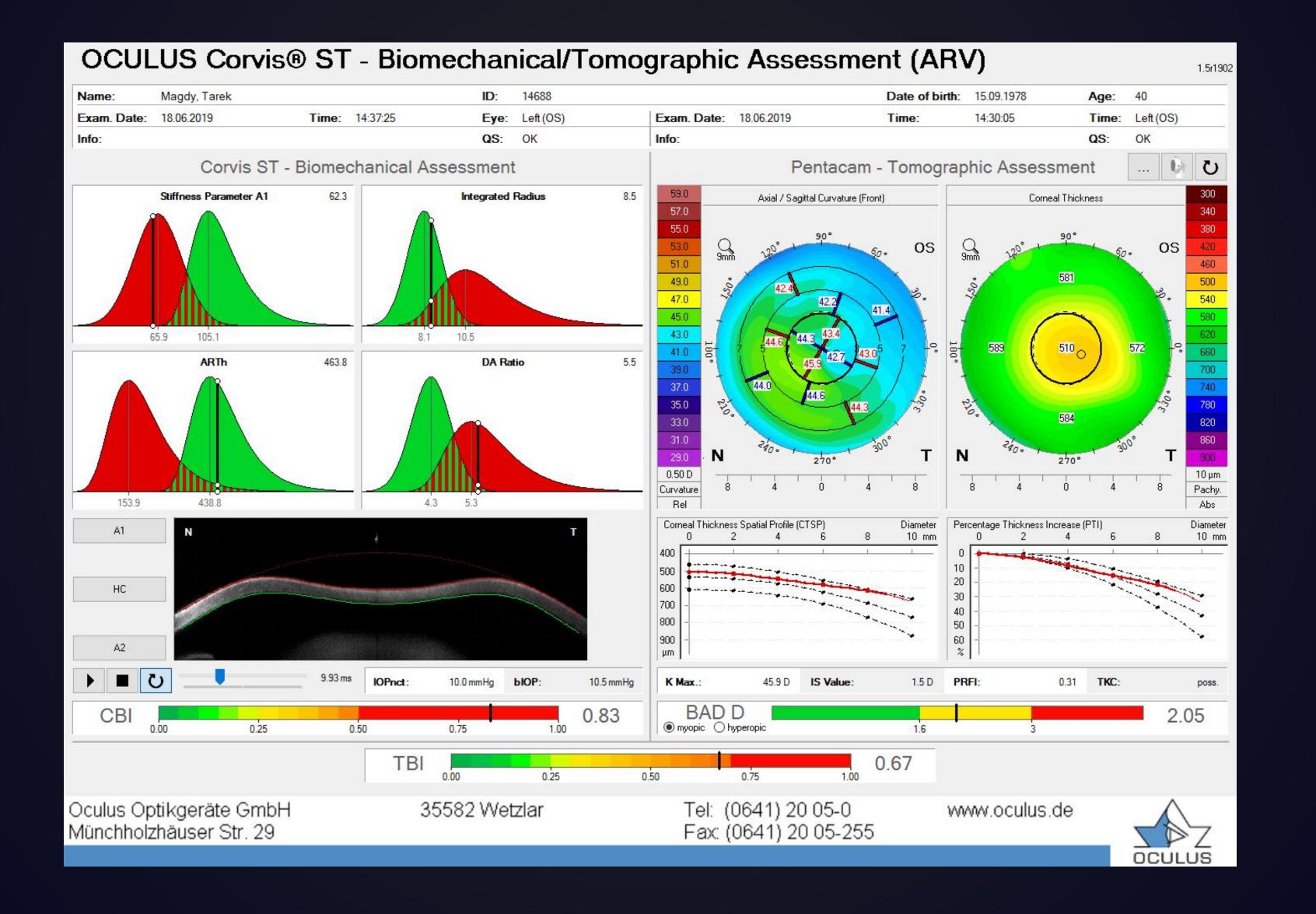
- Preop: Preexisting Ectasia susceptibility
- Intraop: Tissue removal +/- Flap cut
- Postop: Rubbing and sleeping Pattern !!

KC Ectasia Susceptibility

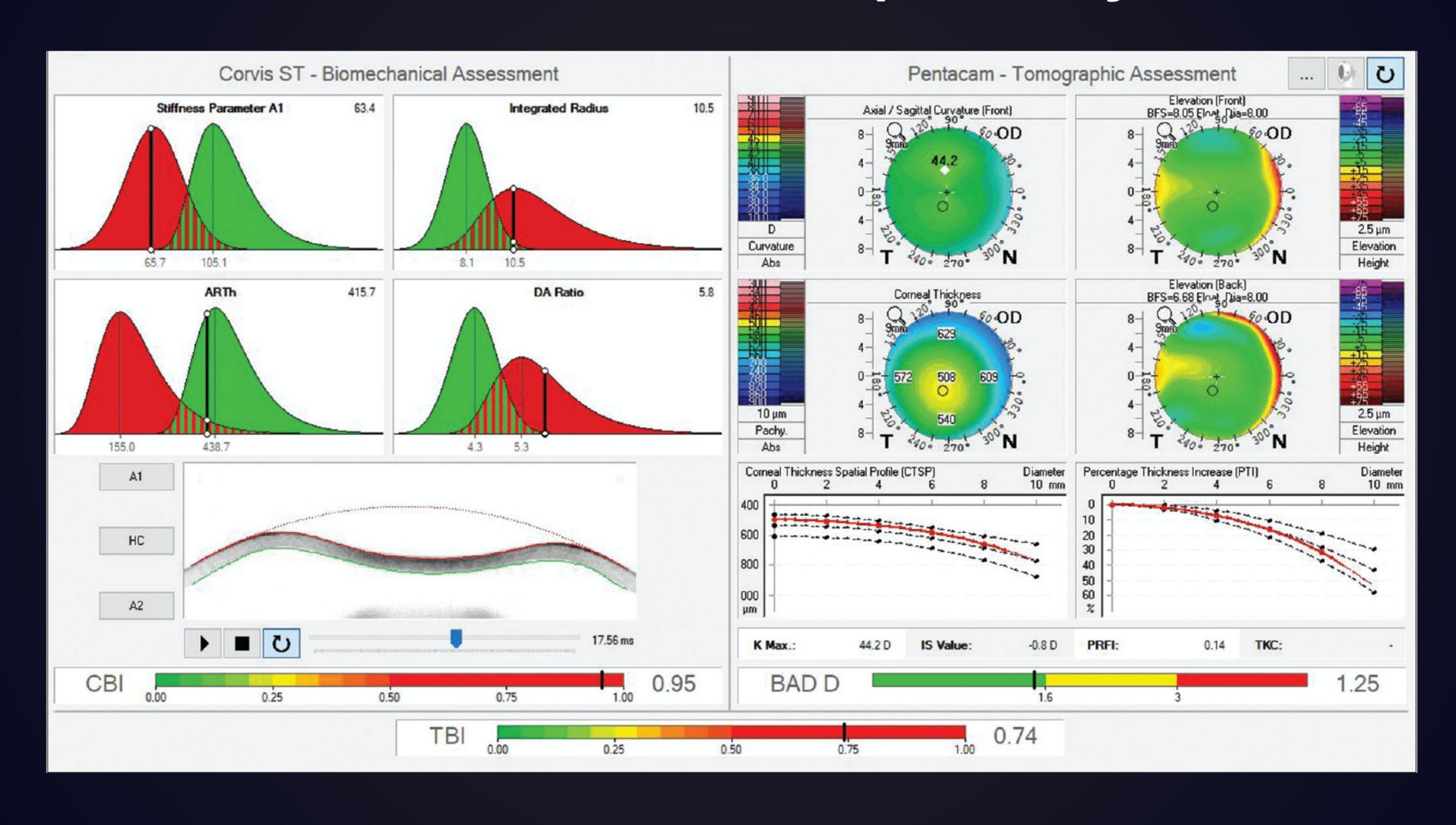
KC



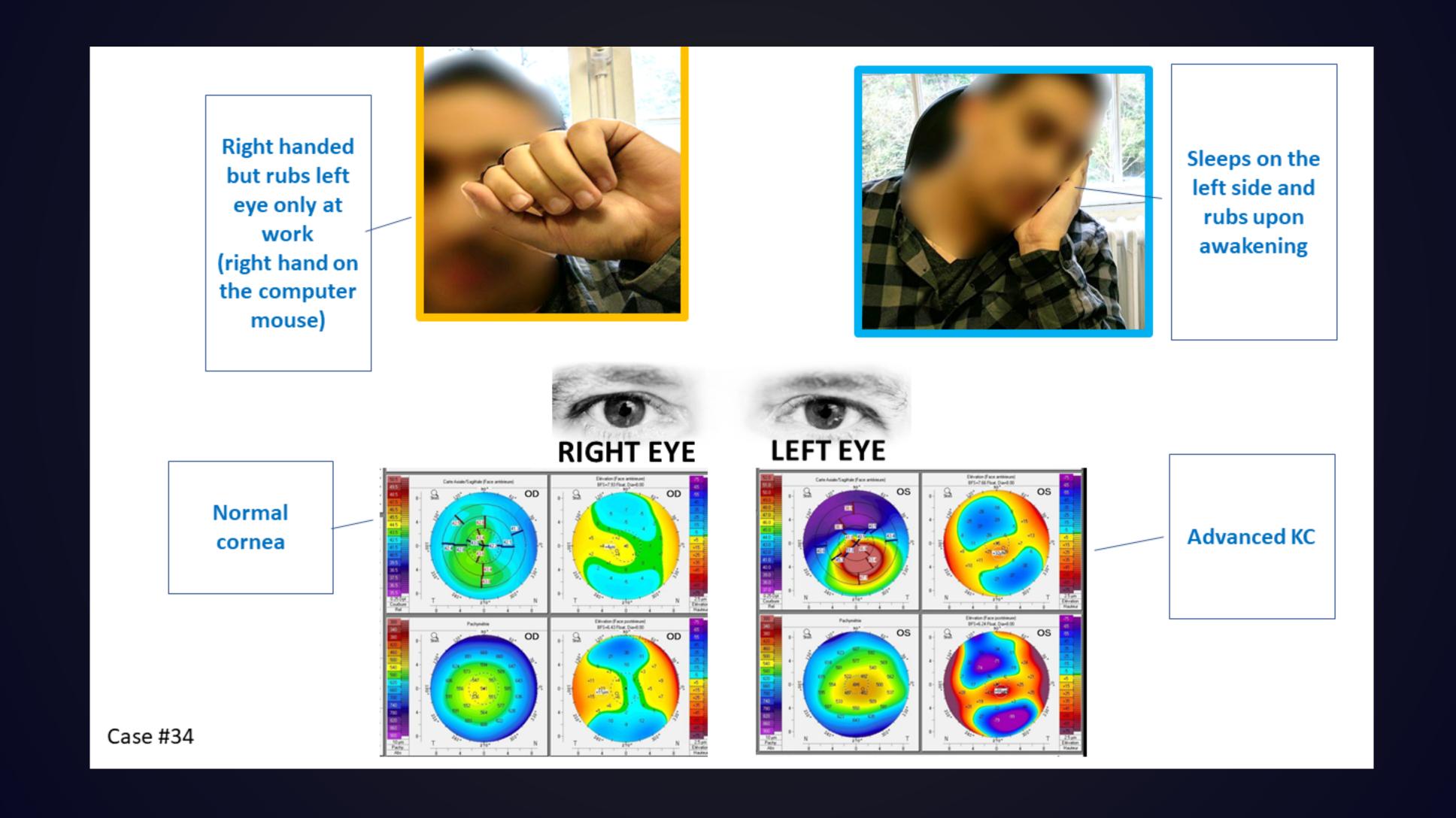
Ectasia susceptibility

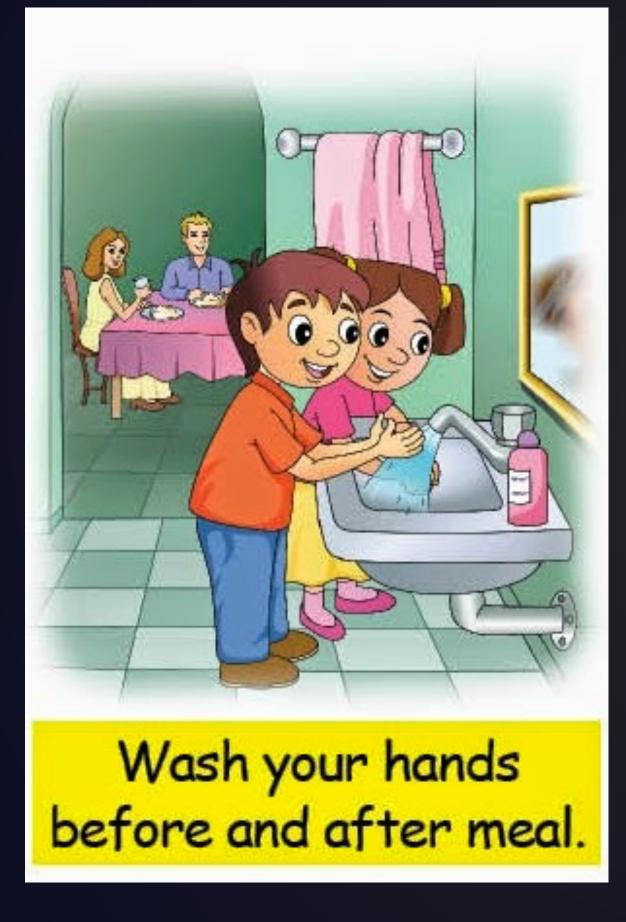


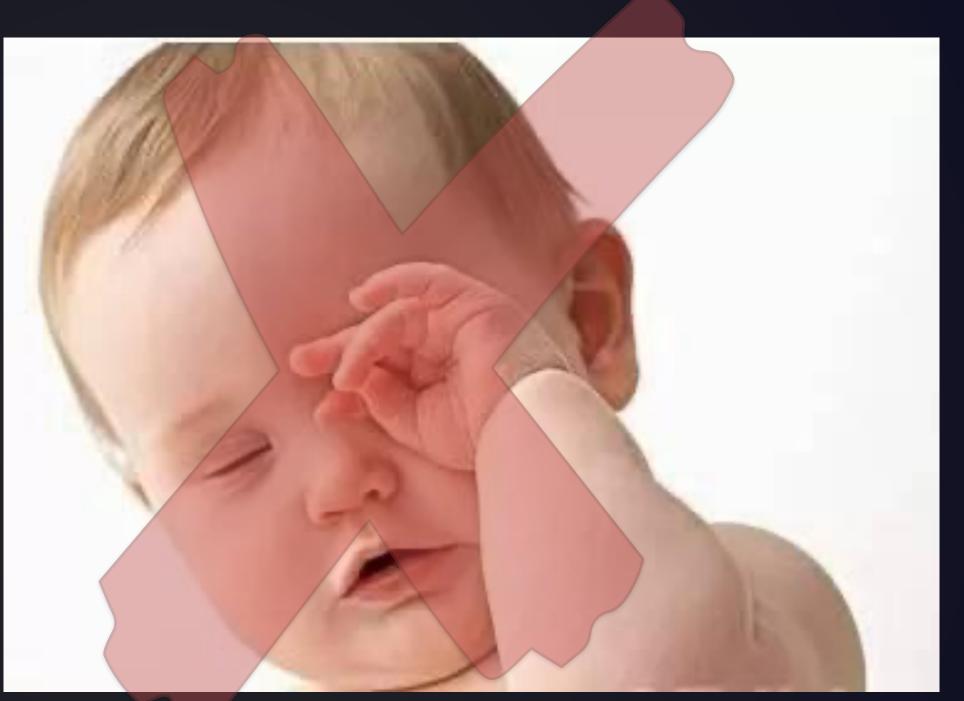
Ectasia susceptibility



Eye Rubbing and sleeping Pattern







Post PRK Ectasia

PRK

• 37 eyes founded in literature.

Antonio Leccisotti Graefe's. Corneal ectasia after photorefractive keratectomy. Arch Clin Exp Ophthalmol 2007;245:869-75.

Reinstein Dan Z, Sabong Srivannaboon, Archer Timothy J, Dip Comp Sci, Silverman Ronald H, Hugo Sutton, Coleman Jackson D. Probability model of the inaccuracy of residual stromal thickness prediction to reduce the risk of ectasia after LASIK (Part II): Quantifying population risk. Journal of Refractive Surgery November 2006;22(9):861-70.

Randleman JB, Caster AI, Banning CS, Stulting RD. Corneal ectasia after photorefractive keratectomy. J Cataract Refract Surg Aug 2006;32(8):1395-98.

Kim, Hyojin, Choi, Jun-Sub, Joo, Choun-Ki Cornea. Corneal ectasia after PRK: Clinicopathologic case report. August 2006; 25(7):845-48.



Corneal ectasia after photorefractive keratectomy

J. Bradley Randleman, MD, Andrew I. Caster, MD, Christopher S. Banning, MD, R. Doyle Stulting, MD, PhD

Two patients developed corneal ectasia after photorefractive keratectomy (PRK). Case 1 had evidence of early keratoconus preoperatively, with manifest refractions of $-4.00 + 2.50 \times 160$ (20/20) in the right eye and $-7.00 + 3.00 \times 180$ (20/30) in the left eye; thin corneas (472 μ m and 441 μ m, respectively); and inferior paracentral steepening in the right eye and central steepening in the left eye on topography. Case 2 had manifest refractions of $-8.50 + 3.75 \times 123$ (20/20 $^{-2}$) in the right eye and $-9.25 + 4.00 \times 077$ (20/20 $^{-1}$) in the left eye; corneal thickness of 509 μ m and 508 μ m, respectively; and symmetric bow-tie patterns in both eyes on topography. Case 2 had a family history suspicious for keratoconus, with a sibling who had bilateral corneal transplantation at a young age. Both patients developed bilateral corneal ectasia after PRK.

J Cataract Refract Surg 2006; 32:1395-1398 © 2006 ASCRS and ESCRS

Corneal ectasia is a rare but well-described complication of laser in situ keratomileusis (LASIK). 1-5 Reported risk factors include high myopia, low residual stromal bed thickness, and keratoconus or forme fruste keratoconus, although cases without preoperative risk factors have been reported 6,7 Ectasia has rarely been reported after

eye and 20/30 with a manifest refraction of $-7.00 + 3.00 \times 180$ in the left eye. Keratometry readings were $45.5/46.5 \times 105$ and $48.5/50.2 \times 104$, respectively. The thinnest central corneal thickness readings measured by ultrasound pachymetry were $472 \mu m$ in the right eye and $441 \mu m$ in the left eye. Topography showed inferior paracentral steepening in the right eye and central steepening in the left eye (Figure 1). The remainder of the

Onset 3 to 5 years

IJKECD

10.5005/jp-journals-10025-1014

CASE REPORT

Corneal Ectasia after PRK

Jes Nörgaard Mortensen

ABSTRACT

It is well known that jatrogenic ectasia is lower in PRK compared to LASIK. The true incidence of post-LASIK and post-PRK ectasia remains unknown according to Dr Marguerite B McDonald. Corneal ectasia after PRK was reported to start after 3 to 5 years and after LASIK 6 to 18 months. The author reports of a case with corneal ectasia after PRK in both eyes that started after 16 years. Inspite of corneal cross-linking the progression of the ectasia progressed in both eyes.

Keywords: Ectasia, LASIK, PR

How to cite this article: Mortensen JN. Corneal Ectasia after PRK. Int J Keratoco Ectatic Corneal Dis 2012;1(1):73-74.

Source of support: Nil

Conflict of interest: None declared

INTRODUCTION

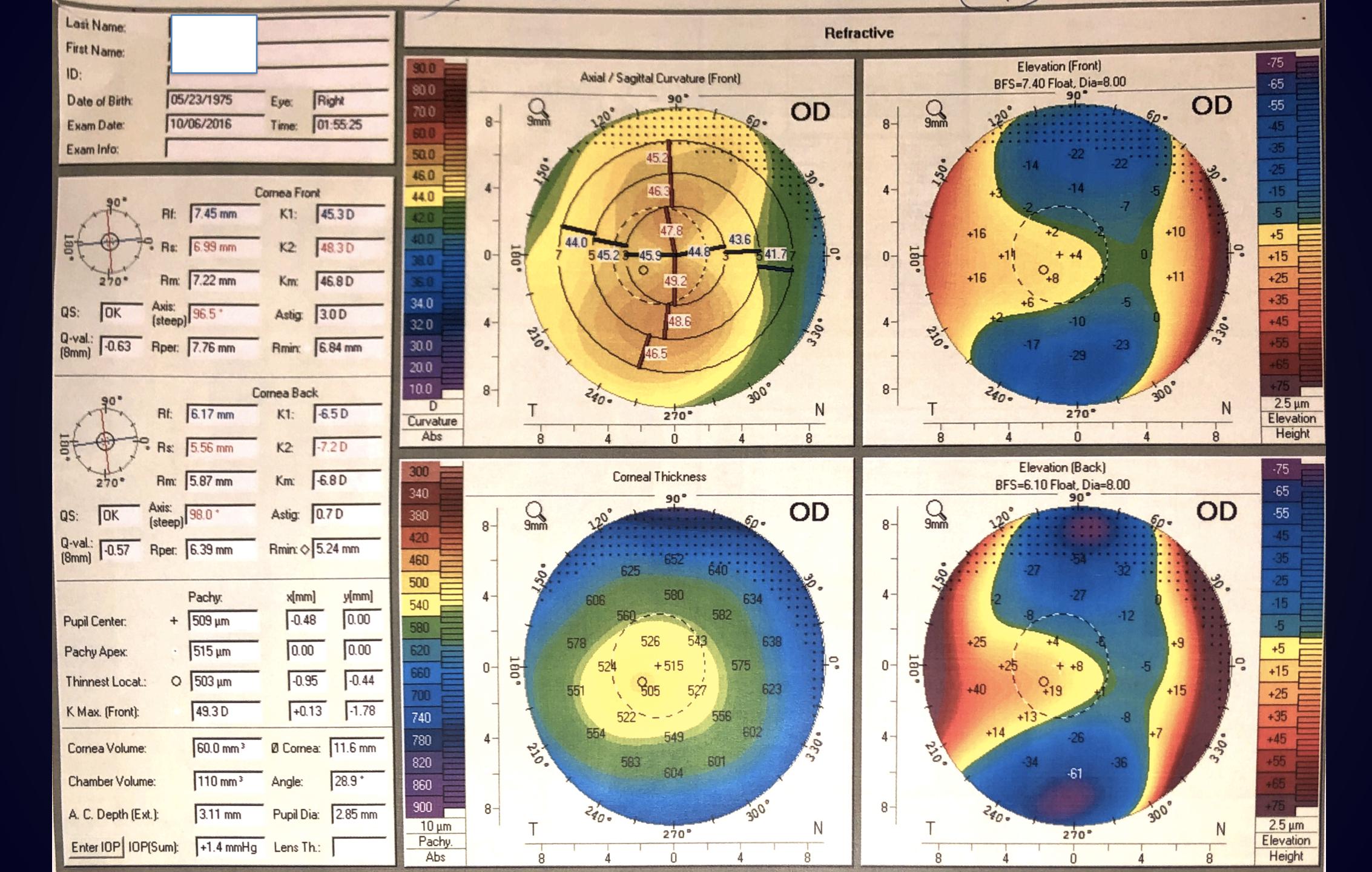
McDonald only 32 cases of post-PRK were reported in international literature, but that the number was growing, possibility due to the late onset of the post-PRK ectasia.

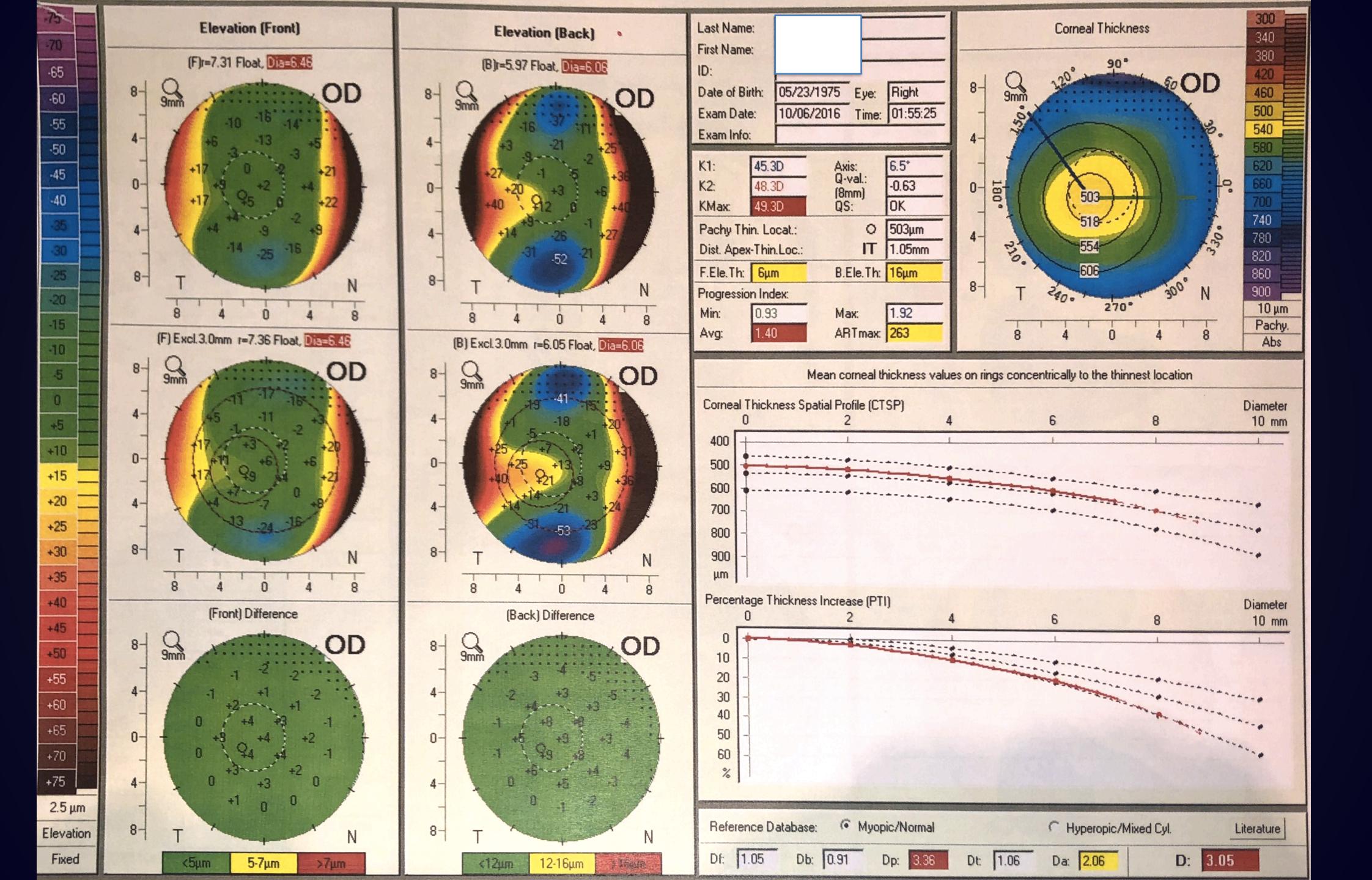
There is a difference in the start of the iatrogenectasia. After PRK the onset is postponed till 3 to 5 years and after LASIK 6 to 18 months.

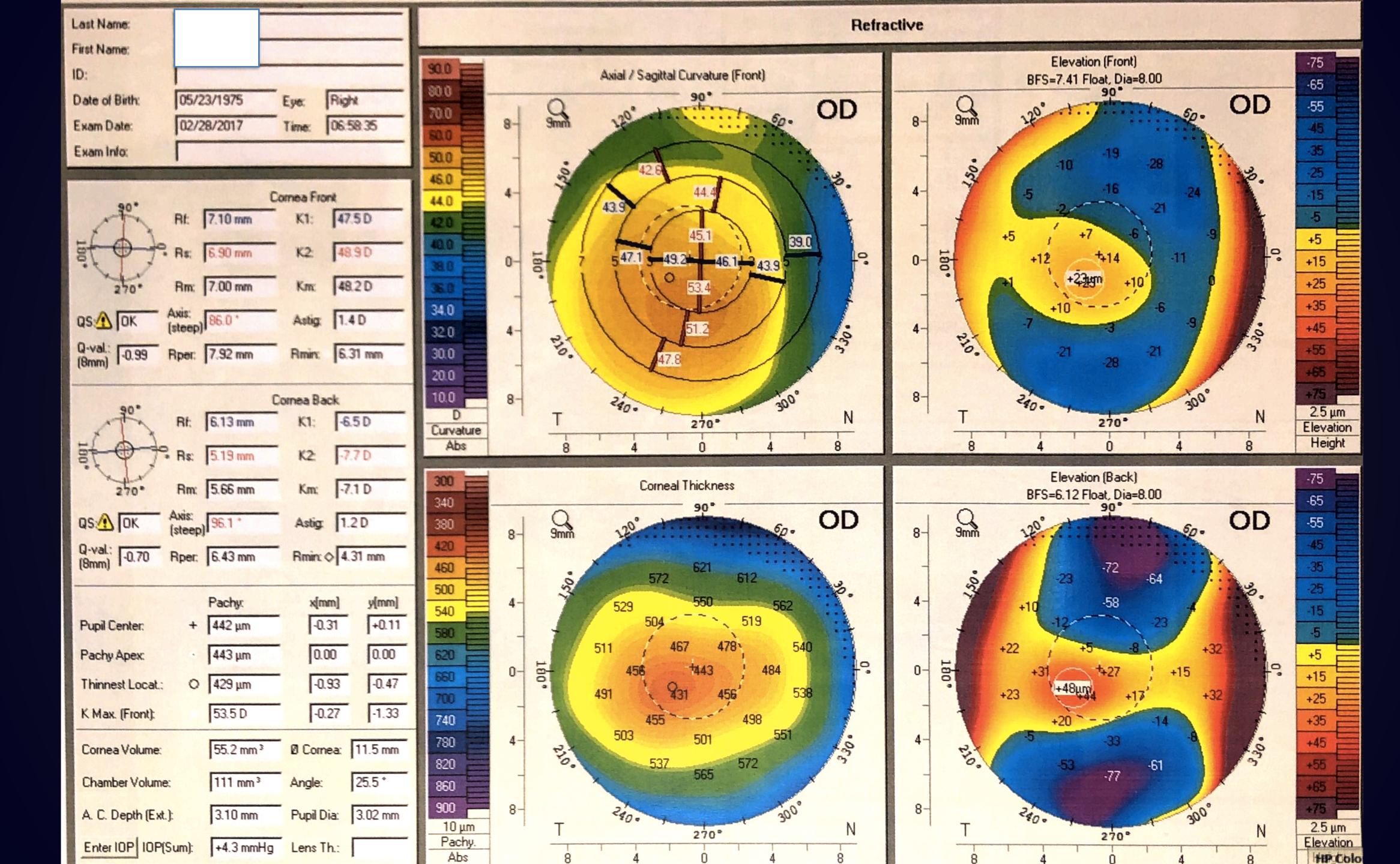
Professor Theo Seiler pointed out the different major risk factors most important to consider when performing LASIK: Thickness of the flap, thickness of the residual stroma, forme fruste keratoconus, the tensile strength of the cornea. Professor Marguerite B McDonald agreed on that but even pointed out that an abnormal topography should warn not to perform PRK.

Corneal ectasia after PRK was reported to start after 3 to 5 years, but even later start has been reported, Kim Hyojin⁵ reports of a case after 9 years after PRK.

PRK Xtra??







Post LASIK Ectasia

Post LASIK Ectasia

- Prof Theo Seiler 1998: first case of latrogenic Ectasia after Lasik
- At least 150 case reports
- About 100 million procdeures



LASIK Case

A twenty three male patient

Preoperative refraction OD -2,50 sph -1,00x170 CDVA 1.2

OS -2,50 sph -1,00x25 CDVA 1.2

N.B. the vision and refraction were stable for at least 5 years (documented in his file from previous visits

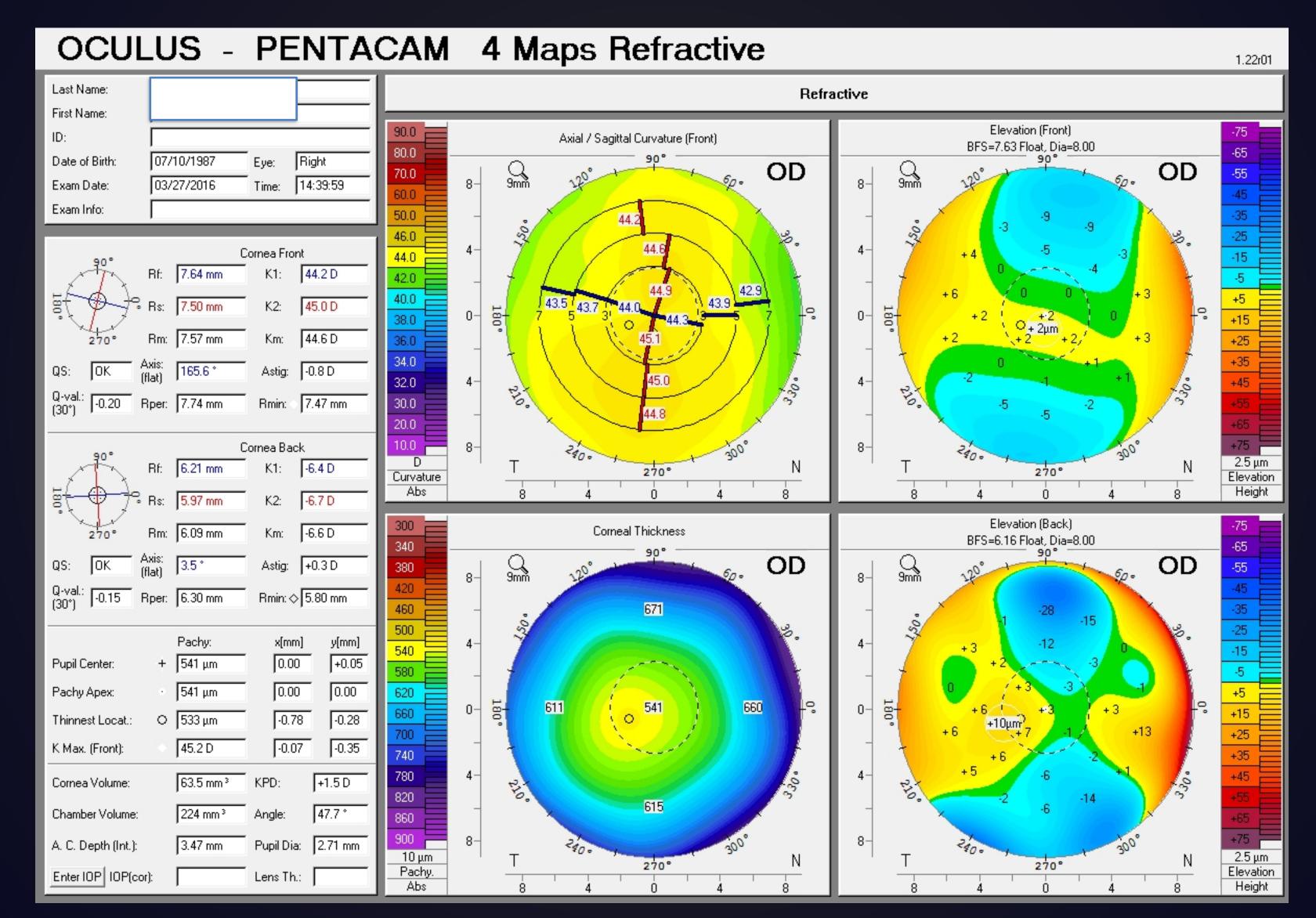
Max ablation depth OD 63 um

OS 63 um

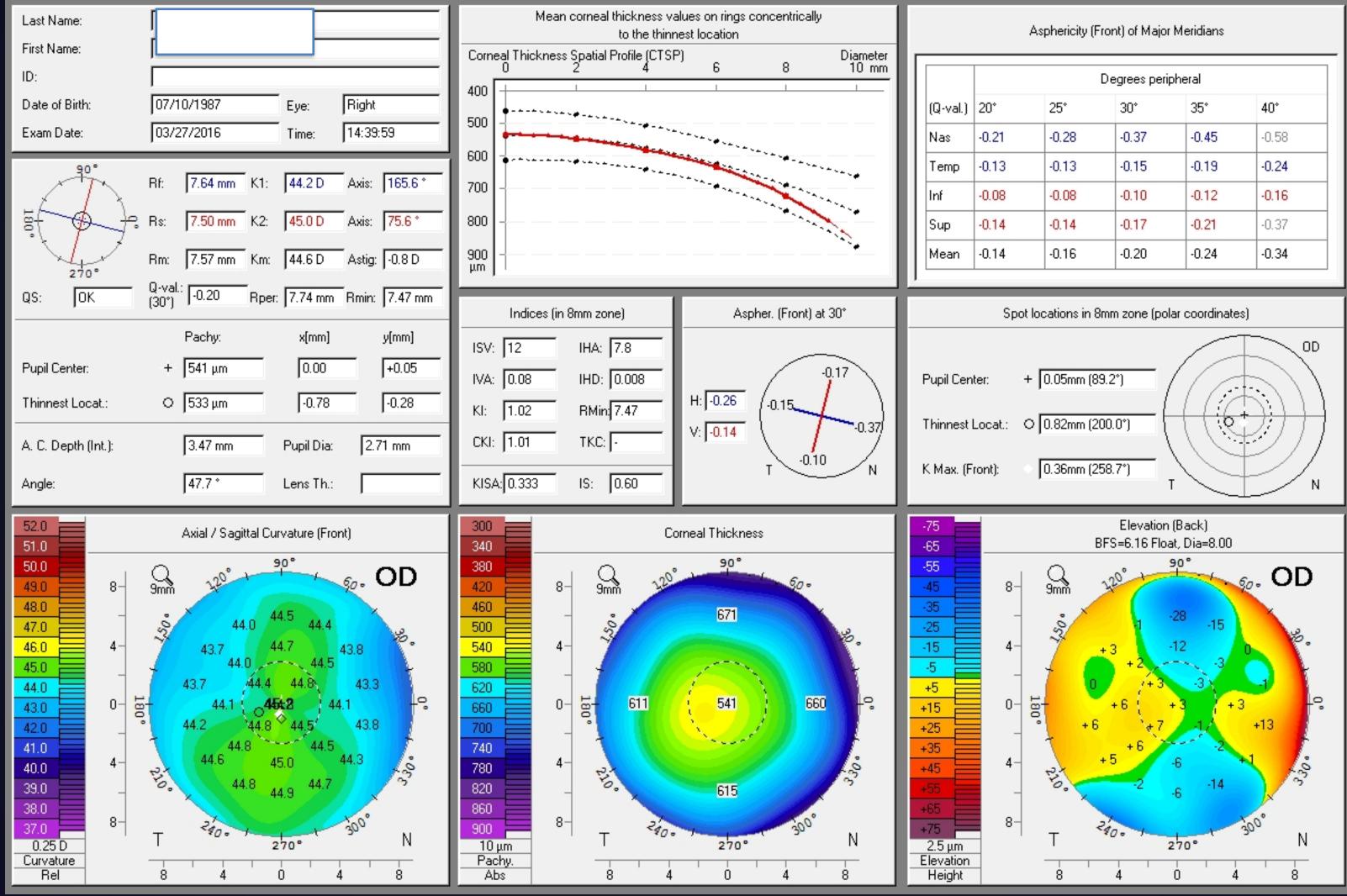
Optical zone for OD and OS: 7 mm

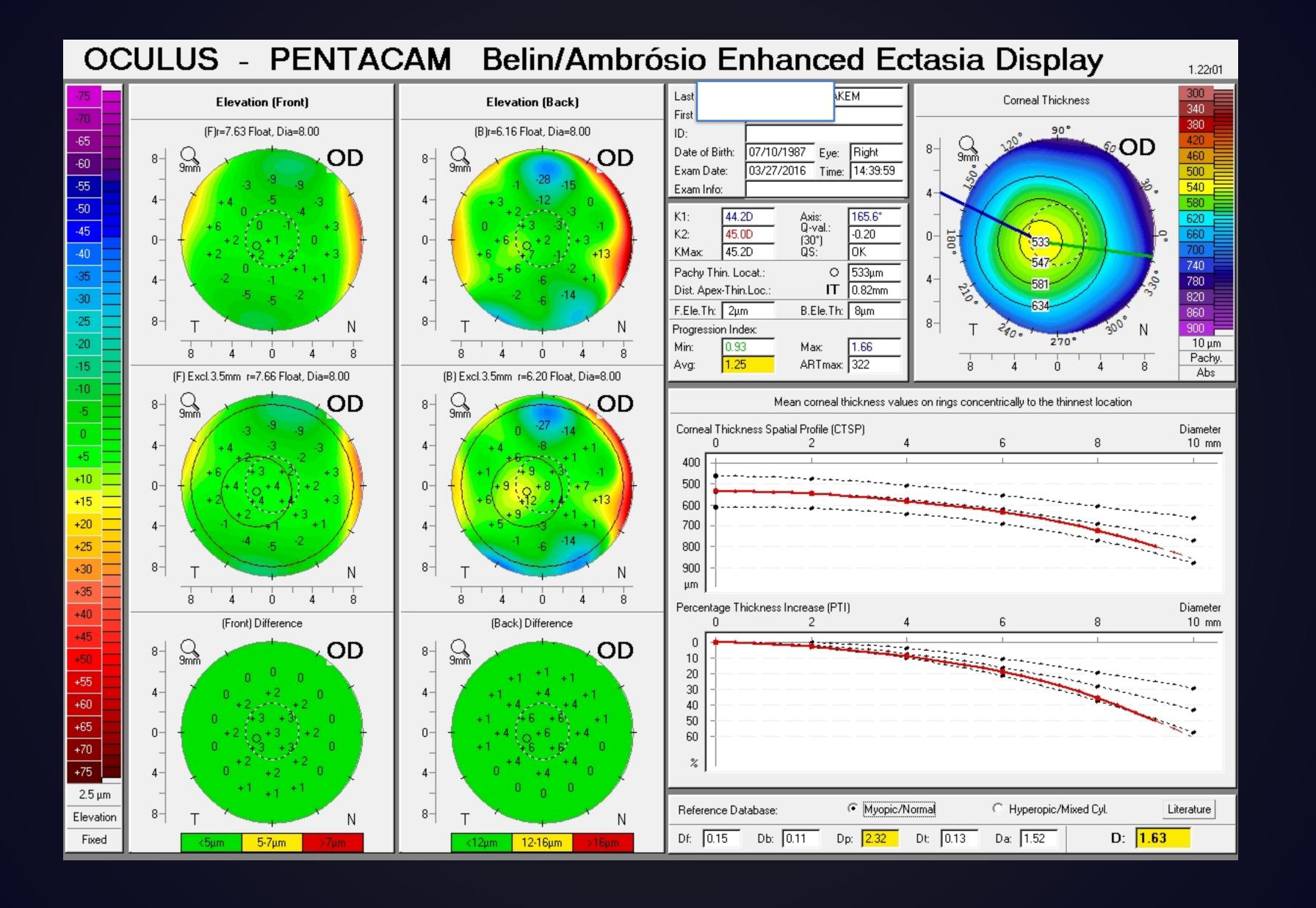
conventional LASIK with Moria M2 microkeratome with 130 head

Pre LASIK

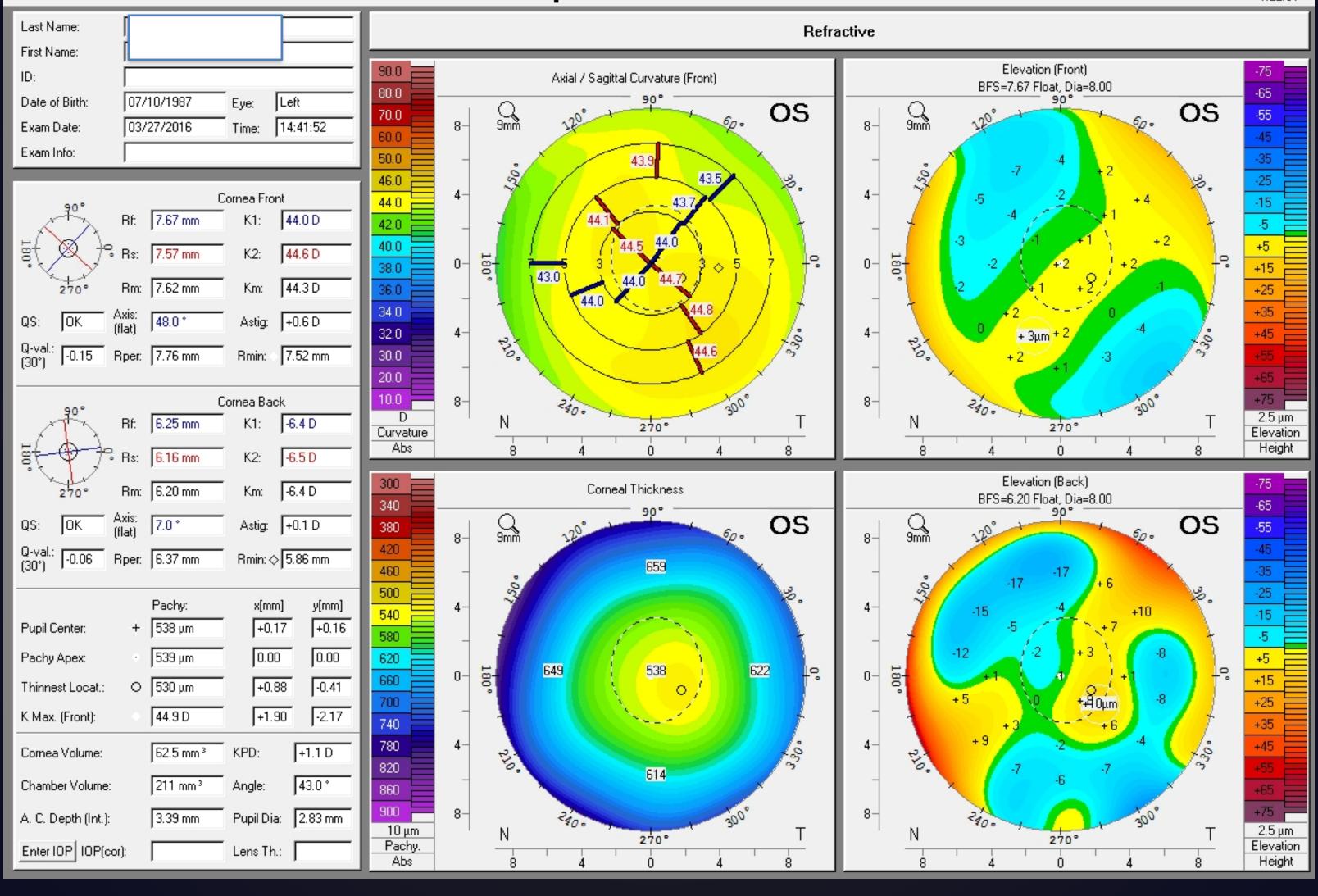


OCULUS - PENTACAM Refractive



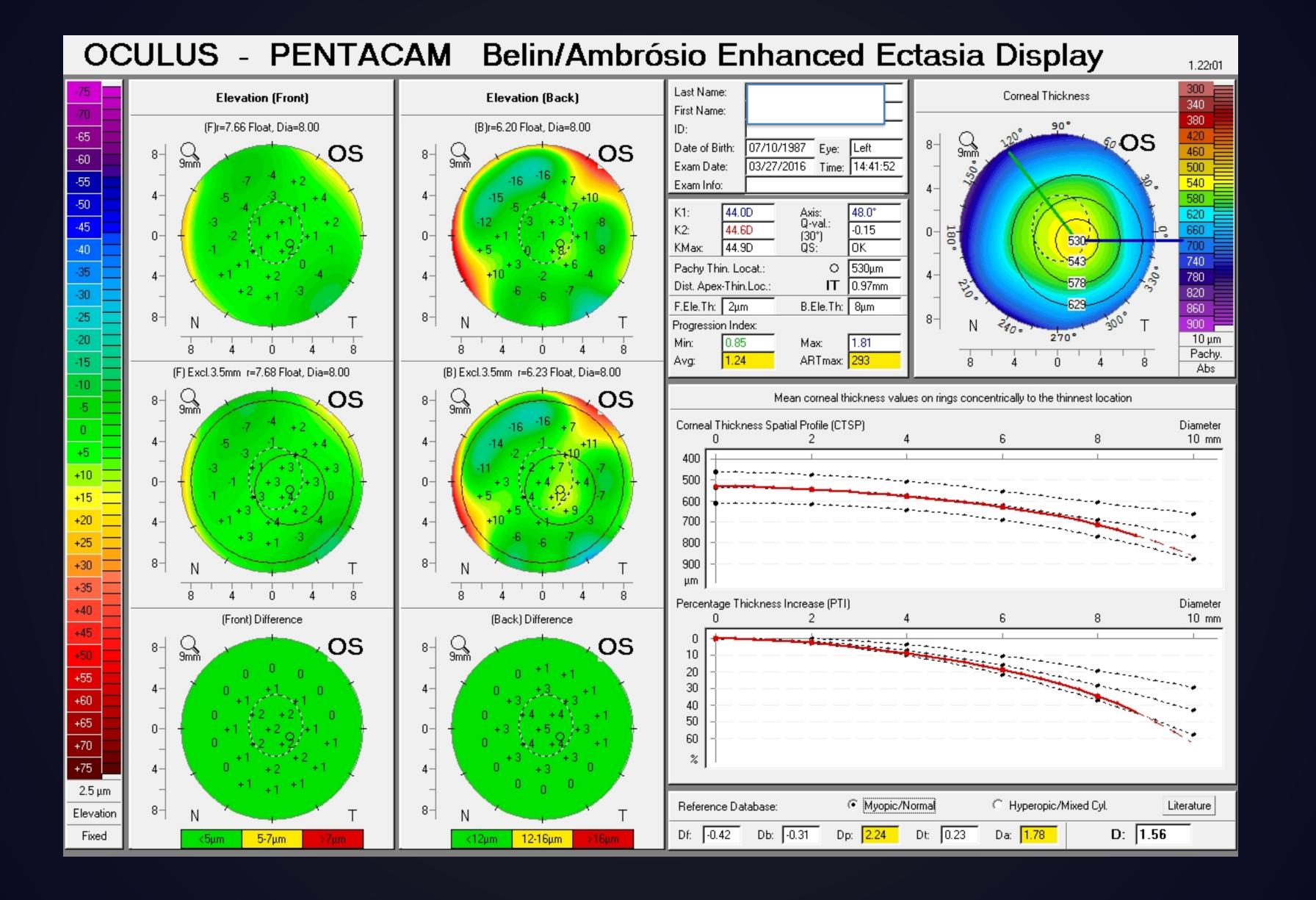


OCULUS - PENTACAM 4 Maps Refractive



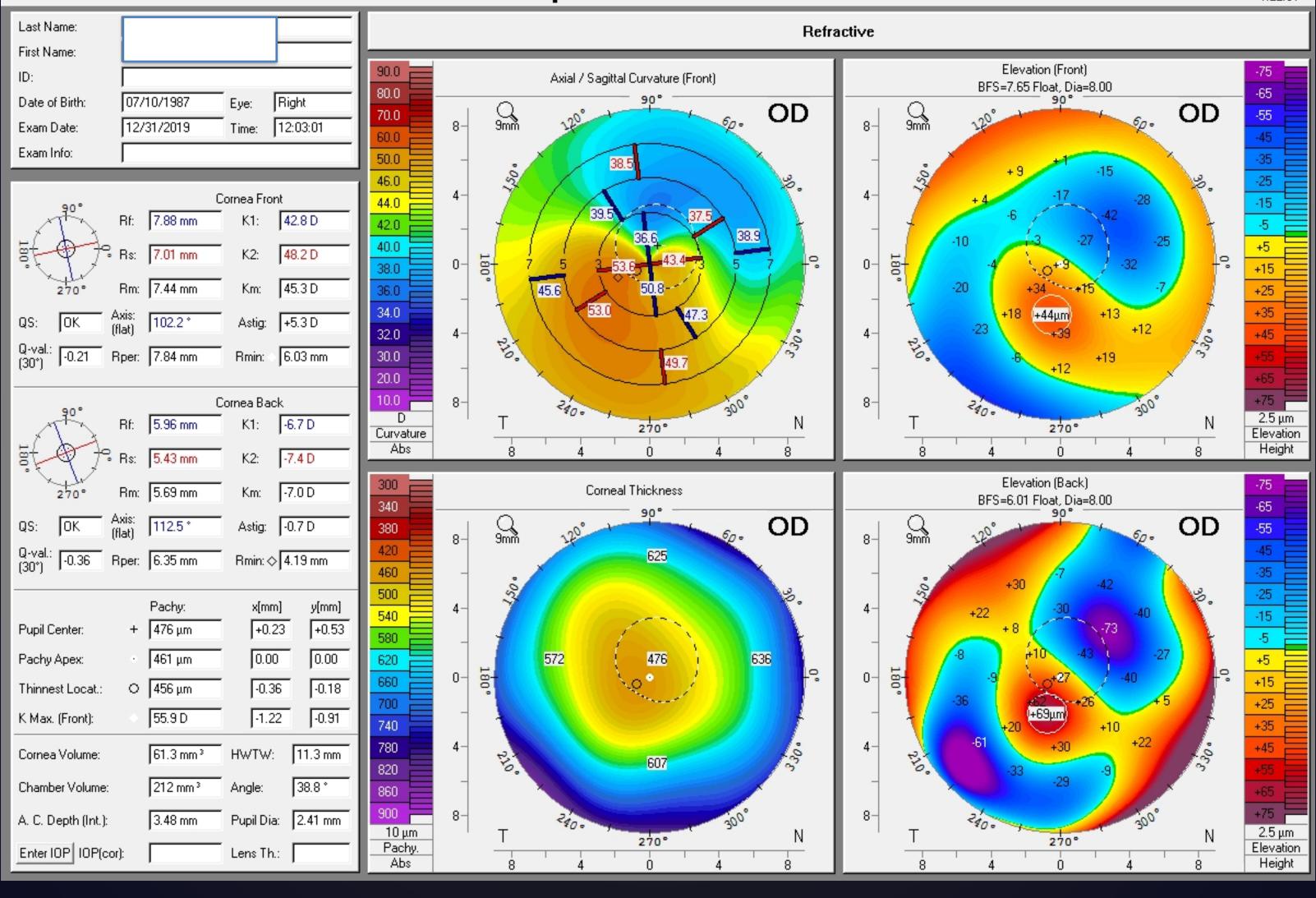
Mean corneal thickness values on rings concentrically Last Name: Asphericity (Front) of Major Meridians to the thinnest location First Name: Corneal Thickness Spatial Profile (CTSP) Diameter 10 mm Degrees peripheral 400 07/10/1987 Date of Birth: |(Q-val.) | 20° 500 Time: 14:41:52 03/27/2016 Exam Date: -0.29-0.27-0.23-0.25 -0.50 -0.020.03 -0.07-0.14-0.19Temp 7.67 mm K1: 44.0 D Axis: 48.0 ° 700 -0.00 -0.07 -0.13 -0.16 -0.30 800 -0.15 -0.14-0.16 -0.17 -0.22Sup 900 μm -0.11 -0.12 -0.15 -0.18 -0.31 Mean Rm: 7.62 mm Km: 44.3 D Astig: +0.6 D Q-val.: -0.15 (30°) Rper: 7.76 mm Rmin: 7.52 mm Indices (in 8mm zone) Aspher. (Front) at 30° Spot locations in 8mm zone (polar coordinates) Pachy: x[mm] y[mm] + 538 μm +0.17 +0.16 Pupil Center: IHD: 0.010 Pupil Center: + 0.23mm (44.1°) H: -0.15 O 530 μm +0.88 -0.41 Thinnest Locat.: Thinnest Locat.: O 0.97mm (335.2°) V: -0.14 CKI: 1.00 2.83 mm Pupil Dia: 3.39 mm A. C. Depth (Int.): 2.88mm (311.2°) K Max. (Front): KISA: 0.800 IS: 0.59 43.0 ° Lens Th.: Elevation (Back) Axial / Sagittal Curvature (Front) Corneal Thickness BFS=6.20 Float, Dia=8.00 OS OS -25 622 40.5 740 39.5 780 820 900 10 µm Pachy. Abs +75 2.5 μm Elevation Height 0.25 D Curvature Rel

OCULUS - PENTACAM Refractive

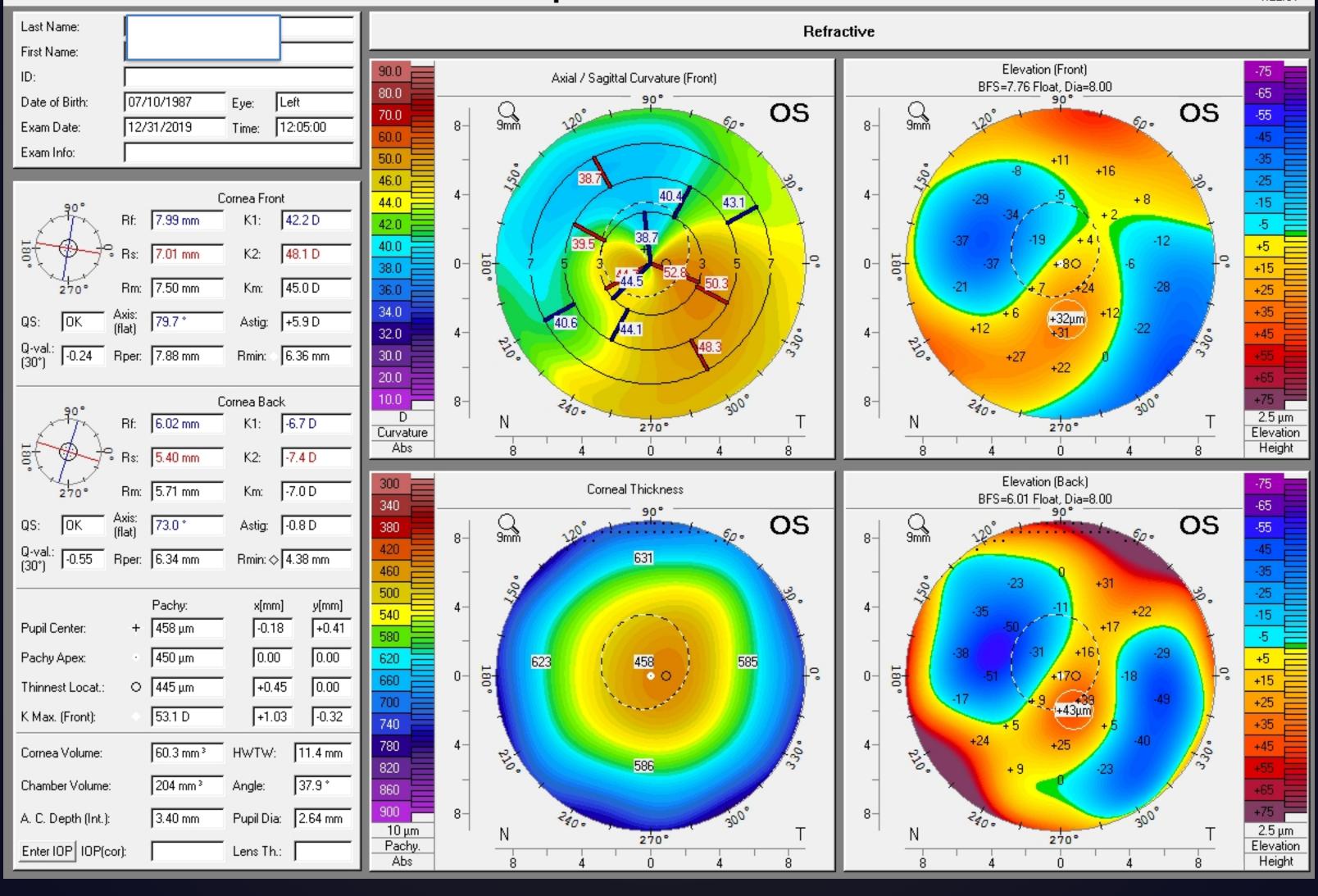


Post LASIK

OCULUS - PENTACAM 4 Maps Refractive



OCULUS - PENTACAM 4 Maps Refractive



LASIK Xtra??

Corneal Ectasia After LASIK Combined With Prophylactic Corneal Cross-linking

Suphi Taneri, MD; Saskia Kiessler, Dipl-Ing; Anika Rost, MSc; H. Burkhard Dick, MD

ABSTRACT

PURPOSE: To report a case of unilateral comeal ectasia following LASIK surgery combined with prophylactic corneal cross-linking (CXL) in a young patient.

METHODS: Case report.

RESULTS: Preoperative topography was unremarkable in both eyes with a minimum corneal thickness of $554~\mu m$ in the right eye and $546~\mu m$ in the left eye. Preoperative corrected distance visual acuity (CDVA) was 1.0~(20/20~Snellen) in both eyes with a refraction of $+1.25~2.75~\times~10$ in the right eye and $+0.50~2.00~\times~163$ in the left eye. LASIK combined with CXL was uneventful. After 12 months, postoperative topography was unremarkable with an uncorrected distance visual acuity (UDVA) of 1.0~in both eyes. Two years after surgery, the patient presented with a loss of vision (UDVA 0.25) and an inferior steepening on topography in the left eye. Standard CXL was performed to arrest further progression.

CONCLUSIONS: This report illustrates that the currently used prophylactic CXL protocol in combination with LASIK may not be effectively preventing comeal ectasia in every case.

[J Refract Surg. 2017;33(1):50-52.]

eratectasia after LASIK is a rare complication but may potentially lead to a permanent loss of visual quality. Prophylactic corneal crosslinking (CXL) may be added after laser ablation to increase corneal rigidity, thus reducing the risk of ectasia after LASIK. We report the first case of unilateral corneal ectasia following LASIK combined with prophylactic CXL (LASIK+CXL) in a patient with unremarkable preoperative findings.

From the Center for Refractive Surgery, Eye Department St. Francis Hospital, Muenster, Gennany (ST, SK, AR); and Ruhr-University, Eye Clinic, Bochum, Germany (ST, HBD).

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The authors have no financial or proprietary interest in the materials presented harein.

Correspondence: Suphi Taneri, MD, Center for Refractive Surgery, St. Francis Hospital, Hohenzollernring 70, 48145 Muenster, Germany. E-mail: taneri@refraktives-zentrum.de

doi:10.3928/1081597X-20161019-03

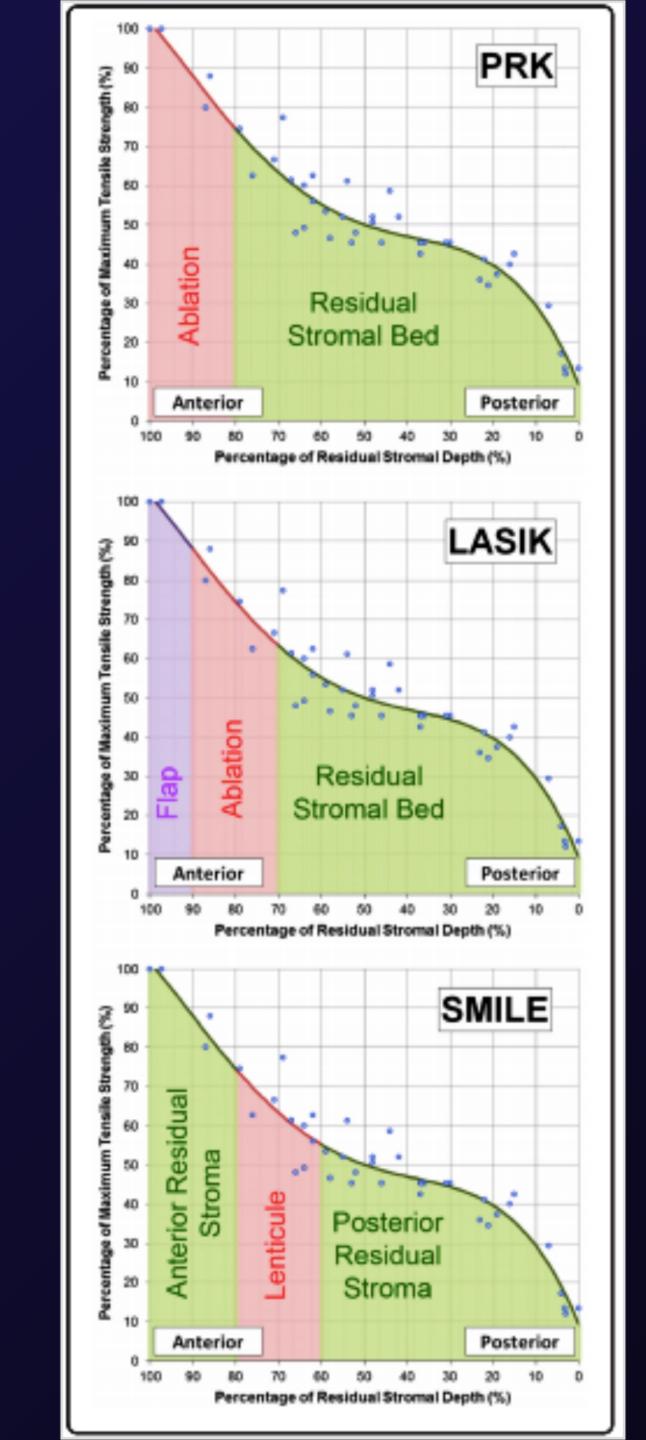
CASE REPORT

A healthy 18-year-old man was seeking laser vision correction. His preoperative refraction was +1.25 -2.75 × 10 in the right eye and +0.50 -2.00 × 163 in the left eye. The corrected distance visual acuity (CDVA) was 1.0 (20/20 Snellen) in both eyes. Orbscan results (Orbscan IIz; Bausch & Lomb, Rochester, NY) demonstrated an asymmetric bow tie pattern in the left eye only but were within normal limits with a maximum keratometry value of 43.20 diopters (D) and corneal astigmatism of 2.60 D in the right eye, and 43.20 D with corneal astigmatism of 1.90 D in the left eye, respectively. Minimum corneal thickness was 554 and 546 µm in the right and left eye, respectively (Figure A, available in the online version of this article). The following preoperative measurements were performed: slit-lamp examination, wavefront analysis, endothelial specular microscopy, tonometry, Orbscan examination, and dilated fundus examination. No risk factors for ectatic disease was found. The patient denied rubbing his eyes and did not use any long-term medication. He did not have floppy eyelids or sleep apnea. The patient's family history was negative; no relative had high astigmatism or was wearing rigid contact lenses.

Microkeratome-assisted LASIK combined with CXL was uneventful (Zyoptix XP microkeratome with Zero Compression head; Bausch & Lomb; suction ring with 9.5-mm inner diameter). A new microkeratome blade was used for each flap cut. Intended flap thickness was 120 µm in both eyes. Achieved flap thickness was 88 μm in the right eye and 115 μm in the left eye as intraoperatively measured using subtraction ultrasound pachymetry: central corneal thickness was recorded three times using the same ultrasound probe (DGH-500) Pachette; DGH Technology, Inc., Exton, PA) immediately before applying the suction ring. After lifting the flap, the pachymeter was again used three times to determine central corneal bed thickness before ablation. The difference between the mean values was considered to be the flap thickness. Flap diameter was 8.9 mm in the right eye and 9.5 mm in the left eye as measured with a measuring tool in the anterior segment optical coherence tomography (OCT) image 3 months postoperatively. Maximum laser ablation was 59 µm in the right eye and 51 µm in the left eye, leaving a residual stromal thickness of 397 µm in the right eye and 390 µm in the left eye (Technolas 217P laser; Bausch & Lomb). Optical zone was 7 mm in both eyes with a blend zone of 12 × 10.1 mm in the right eye and 11.9 × 9.6 mm in the left eye.

Intraoperative CXL was performed as follows. Immediately after laser ablation, riboflavin phosphate 0.22% (Vibex Xtra; Avedro Inc., Waltham, MA) was

Post SMILE Ectasia



courtesy of Dan Reinstein

LASIK vs LASEK/PRK Kirwan 2008 ⁶¹			
Kirwan 2008 ⁶¹		Cornea	
			a
Kamiya 2009 ⁶²		Brillouin Optical Microscop	
Hassan 2014 ⁶³	C	Giuliano Scarcelli, 1,2 Roberto Pineda, 3 and S	8.2 -
Shen 2014 ⁶⁴	(Giunano Scarceni, Roberto Fineda, una s	(Z
SMILE vs LASIK		Purpose. The mechanical properties of corneal tissue are	등 8.0-
Shen 2014 ⁶⁴	C	linked to prevalent ocular diseases and therapeutic procedures Brillouin microscopy is a novel optical technology that enable	<u>></u> -
Pedersen 2014 ⁶⁵	OR/	three-dimensional mechanical imaging. In this study, the feasi bility of this noncontact technique was tested for in situ quan	ÿ 7.8 -
Wang 2014 ⁶⁶		titative assessment of the biomechanical properties of the cornea.	ă -
Wu 2014 ⁶⁷	C	METHODS. Brillouin light-scattering involves a spectral shift proportional to the longitudinal modulus of elasticity of the tissue	Frequency (GHz - 9.8 - 1
Agca 2014 ⁶⁸		A 532-nm single-frequency laser and a custom-developed ultra high-resolution spectrometer were used to measure the Brill	<u> </u>
Sefat 2016 ⁶⁹	C	ouin frequency. Confocal scanning was used to perform Brill ouin elasticity imaging of the corneas of whole bovine eyes	7.4
Osman 2016 ⁷⁰		The longitudinal modulus of the bovine corneas was compared	
Wang 2016 ^{66,71}		before and after riboflavin corneal collagen photo-cross-link ing. The Brillouin measurements were then compared with	
Zhang 2016 ⁷²		conventional stress-strain mechanical test results. Results. High-resolution Brillouin images of the cornea were	h
SMILE vs LASEK/PRK		obtained, revealing a striking depth-dependent variation o the elastic modulus across the cornea. Along the central axis	D
Shen 2014 ⁶⁴	C	the Brillouin frequency shift varied gradually from 8.2 GHz in the epithelium to 7.5 GHz near the endothelium. The coef	
Dou 2015 ⁷³		ficients of the down slope were measured to be approximately 1.09, 0.32, and 2.94 GHz/mm in the anterior, posterior, and	
		innermost stroma, respectively. On riboflavin collagen cross linking, marked changes in the axial Brillouin profiles ($P < P$	
Yıldırım 2016 ⁷⁴		0.001) were noted before and after cross-linking.	
Chen 2016 ⁷⁵		Conclusions. Brillouin imaging can assess the biomechanica properties of cornea in situ with high spatial resolution. This	
Al-Nashar 2017 ⁷⁶		novel technique has the potential for use in clinical diagnostic and treatment monitoring. (<i>Invest Ophthalmol Vis Sci.</i> 2012	
Technique variations		53:185-190) DOI:10.1167/iovs.11-8281	
Kamiya 2014 ⁷⁷		The current standard of corneal diagnosis is structural analysis, by pachymetry ¹ and tomography, ² to measure cornea	
		thickness and curvature. In addition to structure, the biome chanical properties of the cornea are also important indicator	С
Shen 2014 ⁷⁸	C	of corneal health. Keratoconus is a degenerative condition tha involves a loss of corneal rigidity. Corneal ectasia, which can	
		occur as a rare but serious complication of refractive surgery results from a decrease in corneal stiffness. Corneal cross	
Mastropasqua 2014 ⁷⁹	C		
		From the ¹ Wellman Center for Photomedicine, Massachusett General Hospital, Boston, Massachusetts; the ² Department of Derma	
El-Massry 2015 ⁸⁰		tology, Harvard Medical School, Boston, Massachusetts; the ³ Department of Ophthalmology, Massachusetts Eye and Ear Infirmary, Boston	
Leccisotti 2016 ⁸¹	C	Massachusetts; and ⁴ Harvard-MIT Health Sciences and Technology Cambridge, Massachusetts.	
		Supported by a Tosteson Fellowship (GS), Grant R21EB00847. from the National Institutes of Health, and Grant CBET-0853773 from	
Fernández 2016 ⁸²	C	the National Science Foundation. Submitted for publication July 23, 2011; revised September 8	FIGURE 3. Comp
		October 1, and November 3, 2011; accepted November 28, 2011. Disclosure: G. Scarcelli , None; R. Pineda , None; S.H. Yun , None Corresponding author: Seok Hyun Yun, Department of Dermatol	(a) Brillouin depth

CCT = central comeal thickness; FLEx = revin@htts.harvard.edu incure extraction, ro-LASEK = laser-assisted subepithelial keratectomy; LASIK = laser in situ keratomileusis; tectomy; SMILE = smaill-incision lenticule extraction; WG = wavefront guided
*P < 0.05.

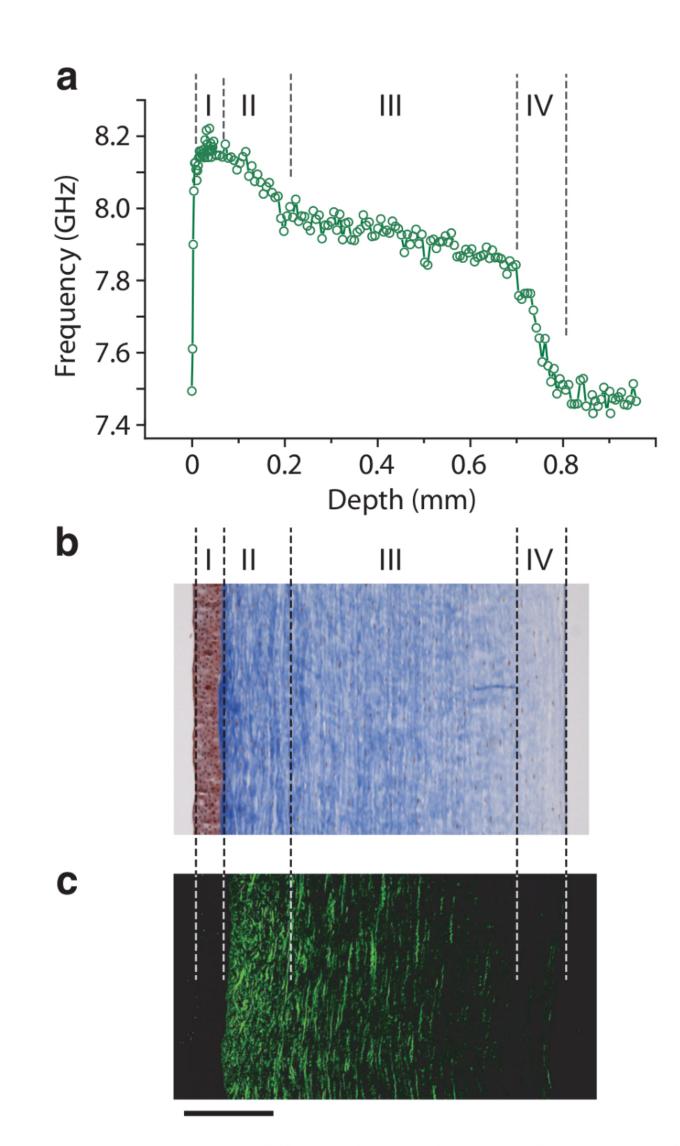


FIGURE 3. Comparison of Brillouin elasticity and structural images.

(a) Brillouin depth profile of the entire cornea including the epithelium

(I), anterior stroma (II), posterior stroma (III), and the innermost region (IV). (b) Masson's trichrome-stained image of 5- μ m-thick cornea section. (c) An SHG image of 5- μ m-thick cornea section. Scale bar, 200 μ m.



Tissue Removal

6mm Optical Zone					
	SMILE	SMILE Excimer			
-2.00	37	27	37%		
-3.00	50	39	28%		
-5.00	75	63	19%		
-8.00	110	97	13%		

6.5mm Optical Zone						
	SMILE	Excimer	%			
-2.00	43	32	34%			
-3.00	59	47	25%			
-5.00	89	75	18%			
-8.00	130	116	12%			

April 2015

CASE REPORT

Bilateral ectasia after femtosecond laser-assisted small-incision lenticule extraction



Mohamed Tarek El-Naggar, MD, FRCS

This case report describes clinical and topographic features of bilateral corneal ectasia after femtosecond laser—assisted small-incision lenticule extraction. The case suggests that patients with preoperative forme fruste keratoconus or early keratoconus might develop significant progression of corneal ectasia after the small-incision lenticule extraction procedure and shows that the procedure can affect the corneal biomechanics.

Financial Disclosure: The author has no financial or proprietary interest in any material or method mentioned.

J Cataract Refract Surg 2015; 41:884–888 © 2015 ASCRS and ESCRS

Corneal ectasia after laser in situ keratomileusis (LASIK) is a well-described, relatively rare complication of corneal refractive surgery. Several reports of ectasia after photorefractive keratectomy (PRK) have been published. To my knowledge, this is the first report of ectasia after femtosecond laser–assisted small-incision lenticule extraction (SMILE, Carl Zeiss

and associated bilateral relative anterior and posterior surface elevation using a best-fit sphere of 8.0 mm diameter. Although the keratometry (K) readings on the anterior corneal surface sagittal map were relatively flat (right eye, 40.4 diopters [D] and 41.6 D; left eye, 40.8 D and 41.6 D), subclinical keratoconus/forme fruste keratoconus was diagnosed and LASIK surgery was not considered an option.

Because the patient had a documented stable refraction for

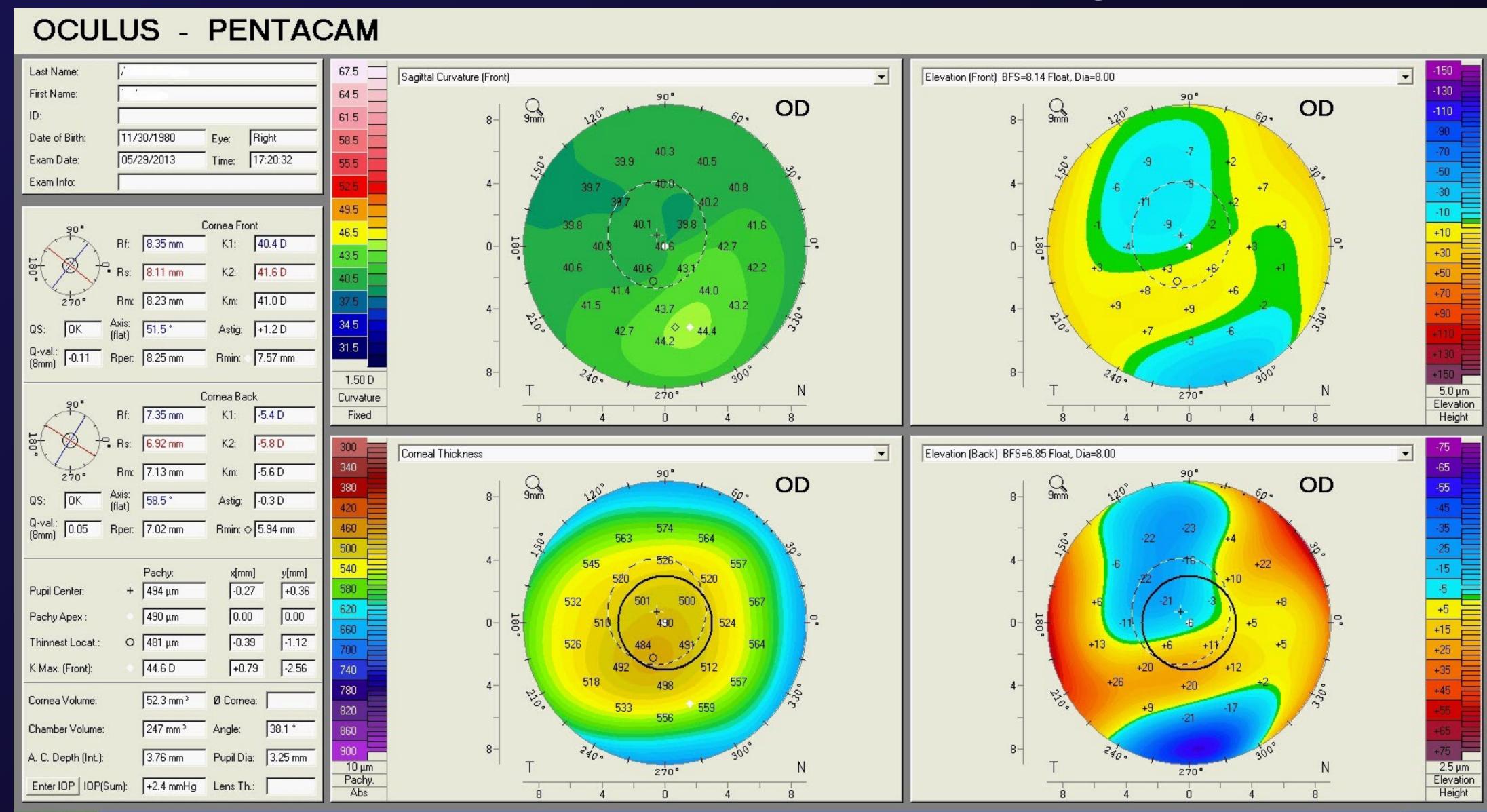
Case Report

- A 33-year-old Caucasian male patient came to our clinic seeking LASIK surgery
- Manifest refraction:

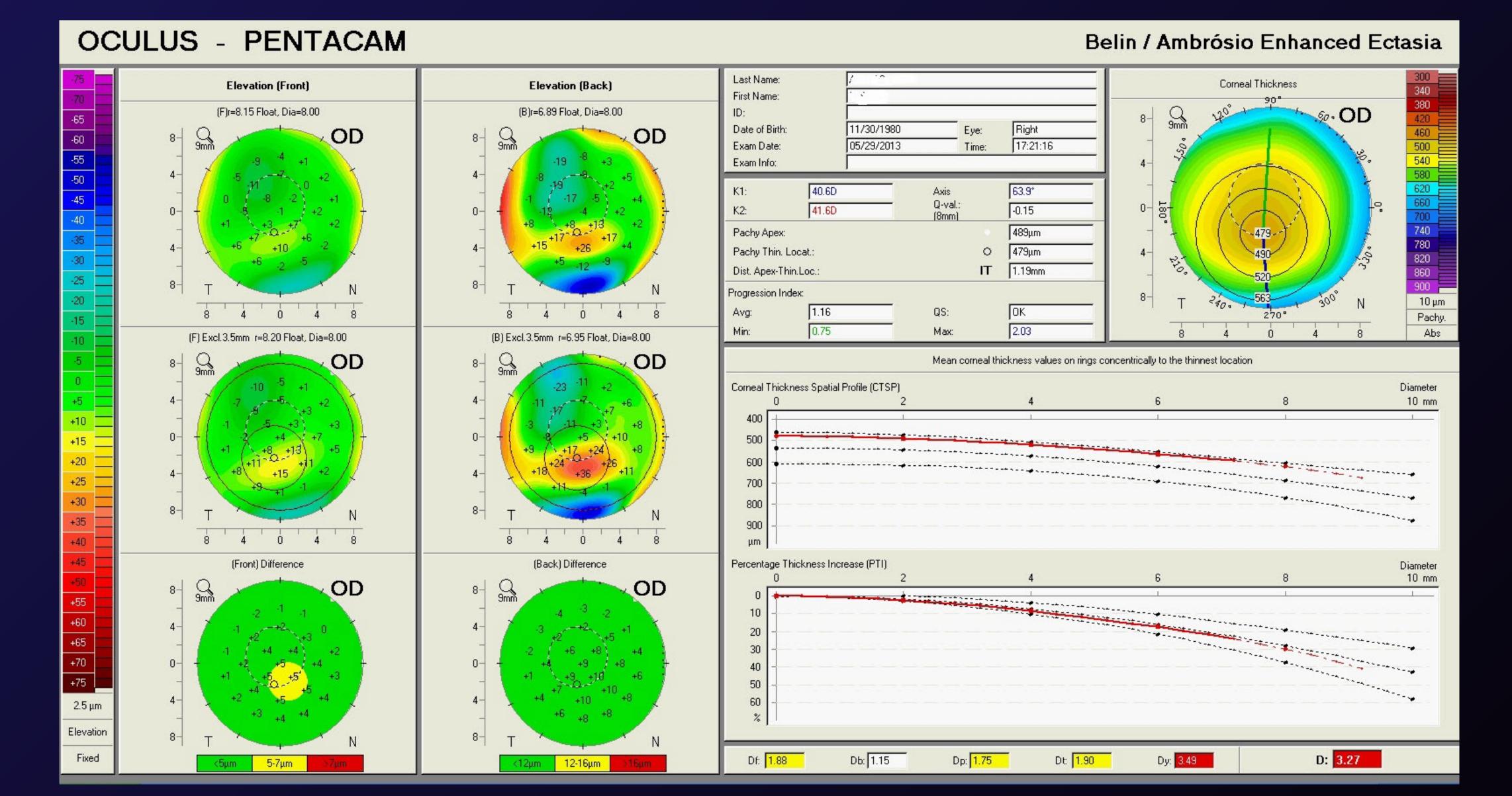
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□-2.00 -1.00 x 65 OD
□-2.25 -1.25 x 105 OS
```

- CDVA: 20/15 in both eyes, separately.
- The patient had no significant ocular history, including trauma, amblyopia, or strabismus; and has no family history of keratoconus.
- After careful full ophthalmological examination, nothing significant was detected.

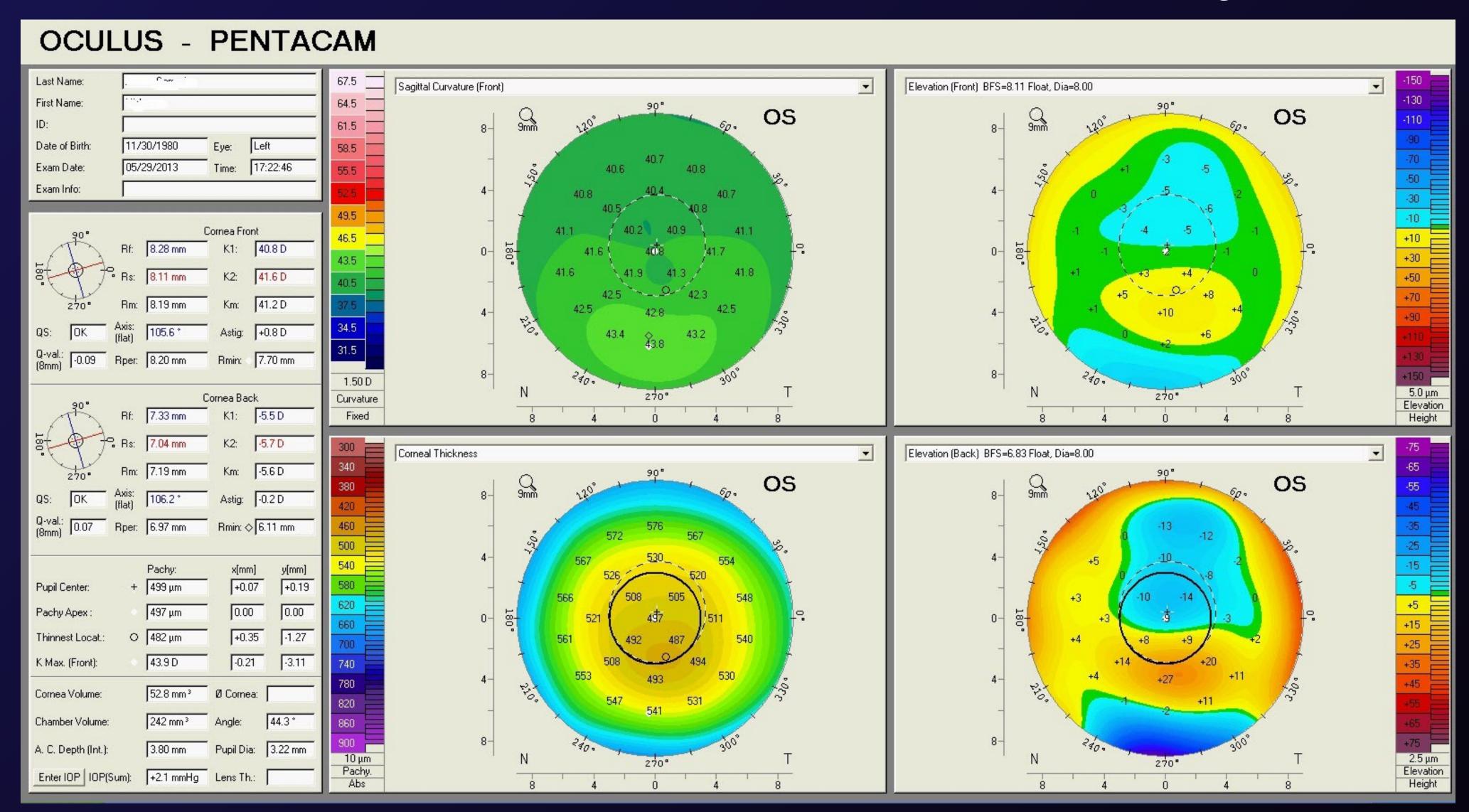
Initial Pentacam exam of the right eye



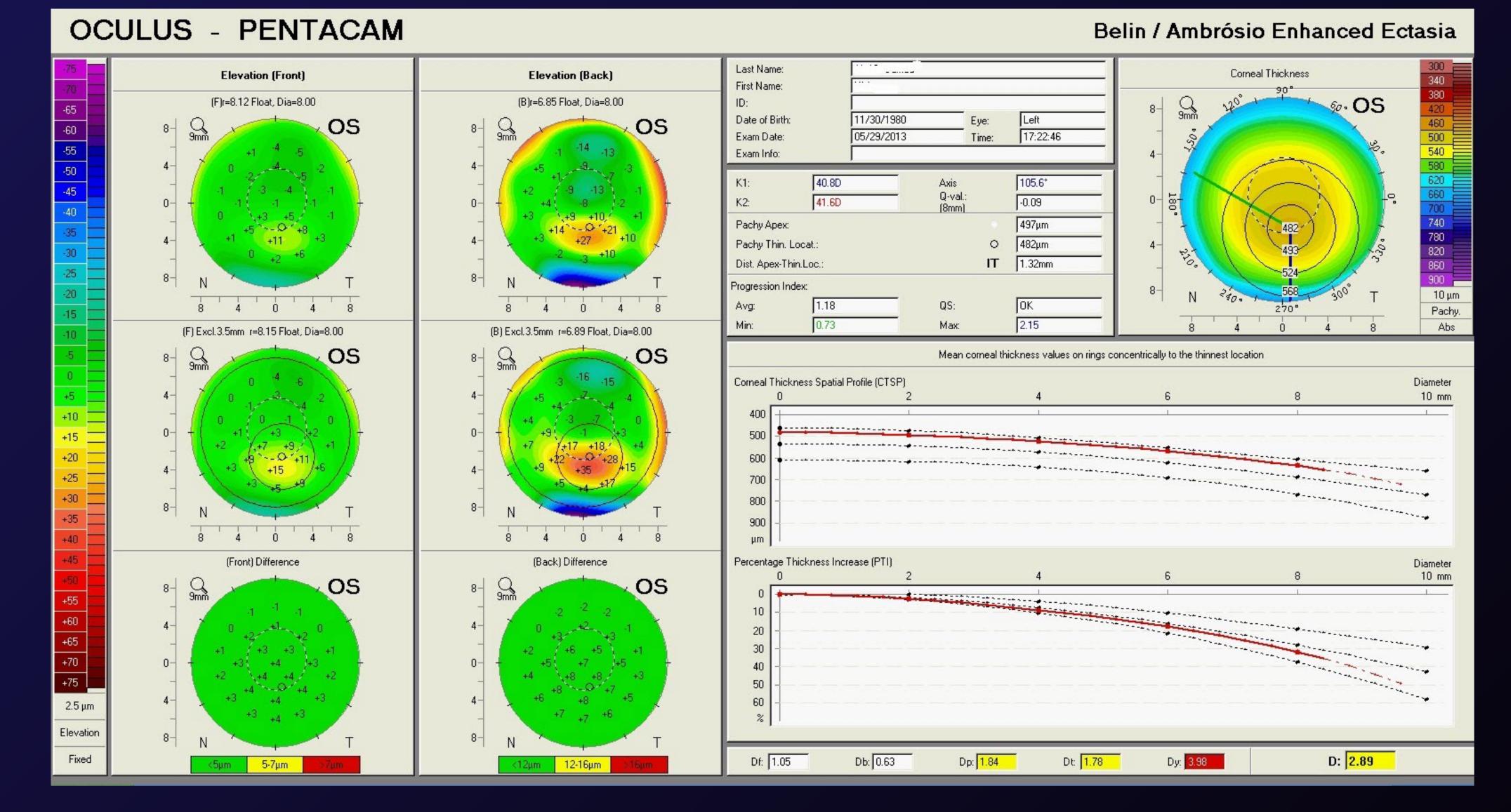
BAD-D



Initial Pentacam exam of the left eye



BAD D



 Although the anterior corneal surface sagittal maps K readings were relatively flat (OD: 40.4D &41.6D, OS: 40.8D& 41.6D), the patient was diagnosed as subclinical keratoconus/Forme fruste keratoconus, and LASIK surgery was refrained.

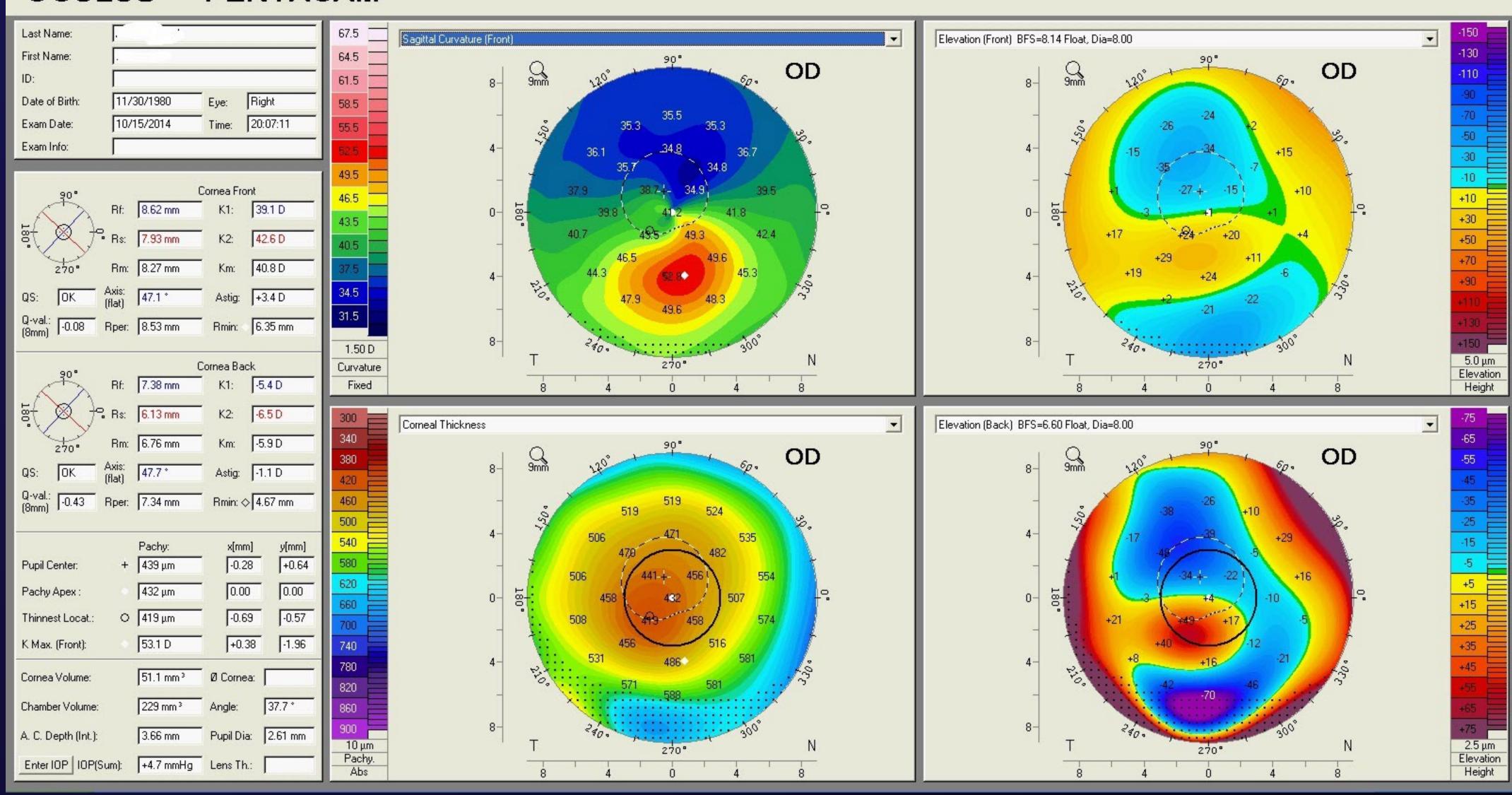
- Since the patient had a documented stable refraction for the past few years, and considering the patient age and gender, corneal collagen cross linking was deferred until documented progression can be detected.
- He was advised not to do any corneal refractive surgery and be followed up after 6 months to detect any further progression of the condition.

One and a half year later

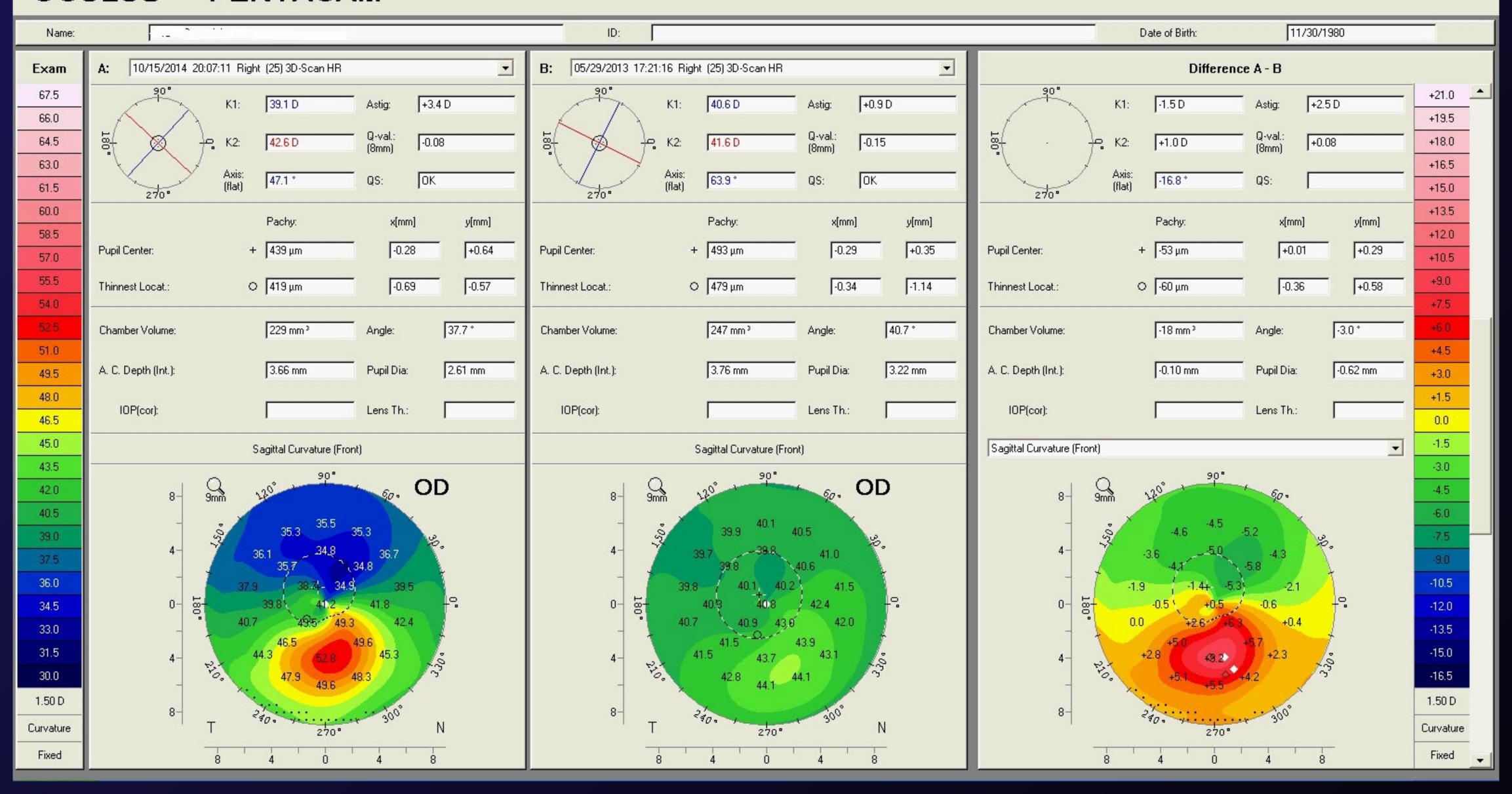
- The patient came complaining of diminution of vision
- He reported that he underwent a Femtosmile procedure in a different center 6 months ago
- Manifest refraction:
 - OD: -0.50 -2.75 x 35 correcting to 20/30
 - OS: -2.00 -3,00 x 120 correcting to 20/30
- The cornea was centrally clear apart from superior faint scar related to the operation and circumferential faint opacity related to the operation in both eyes

OD Post-SMILE

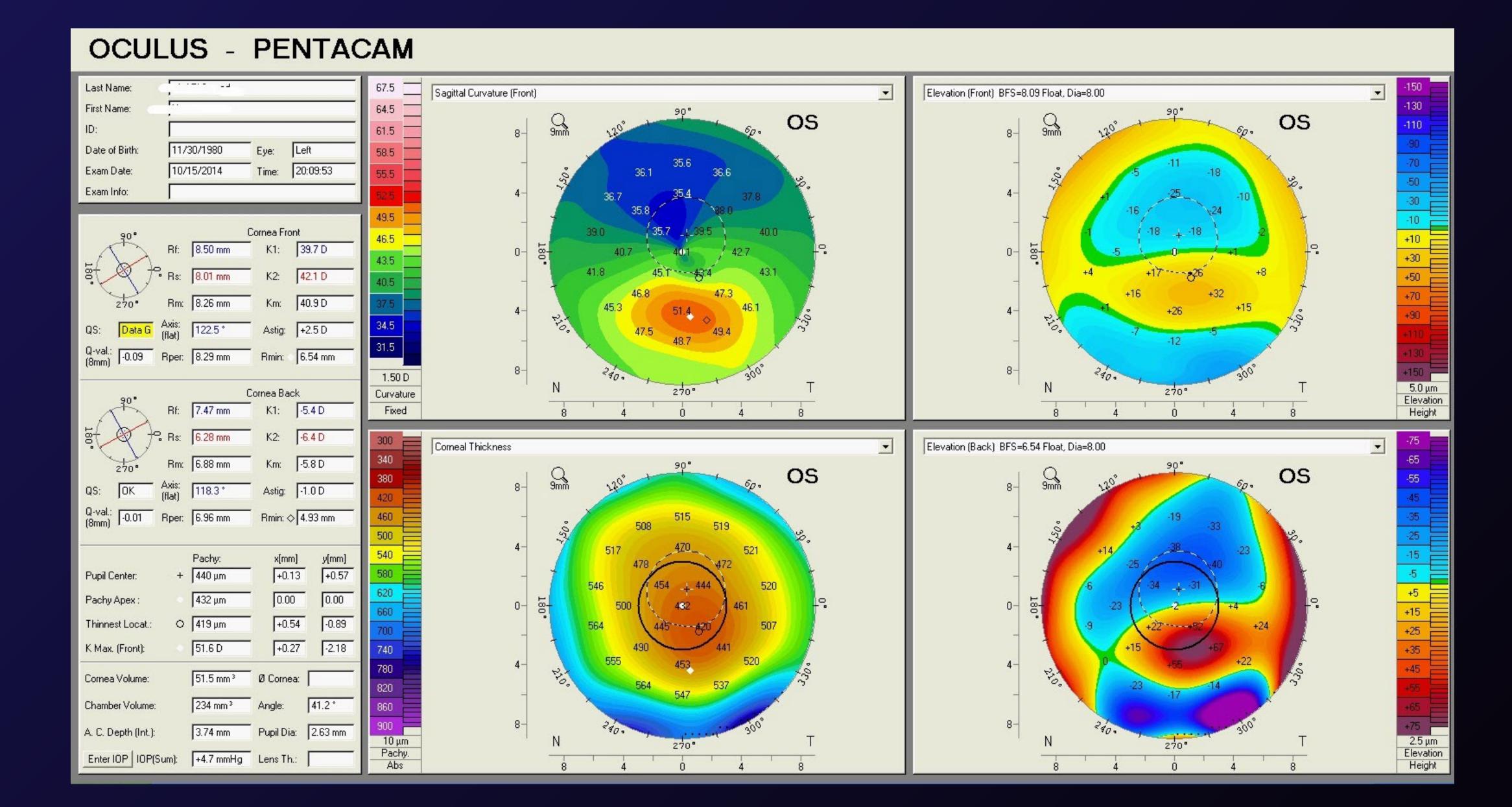
OCULUS - PENTACAM



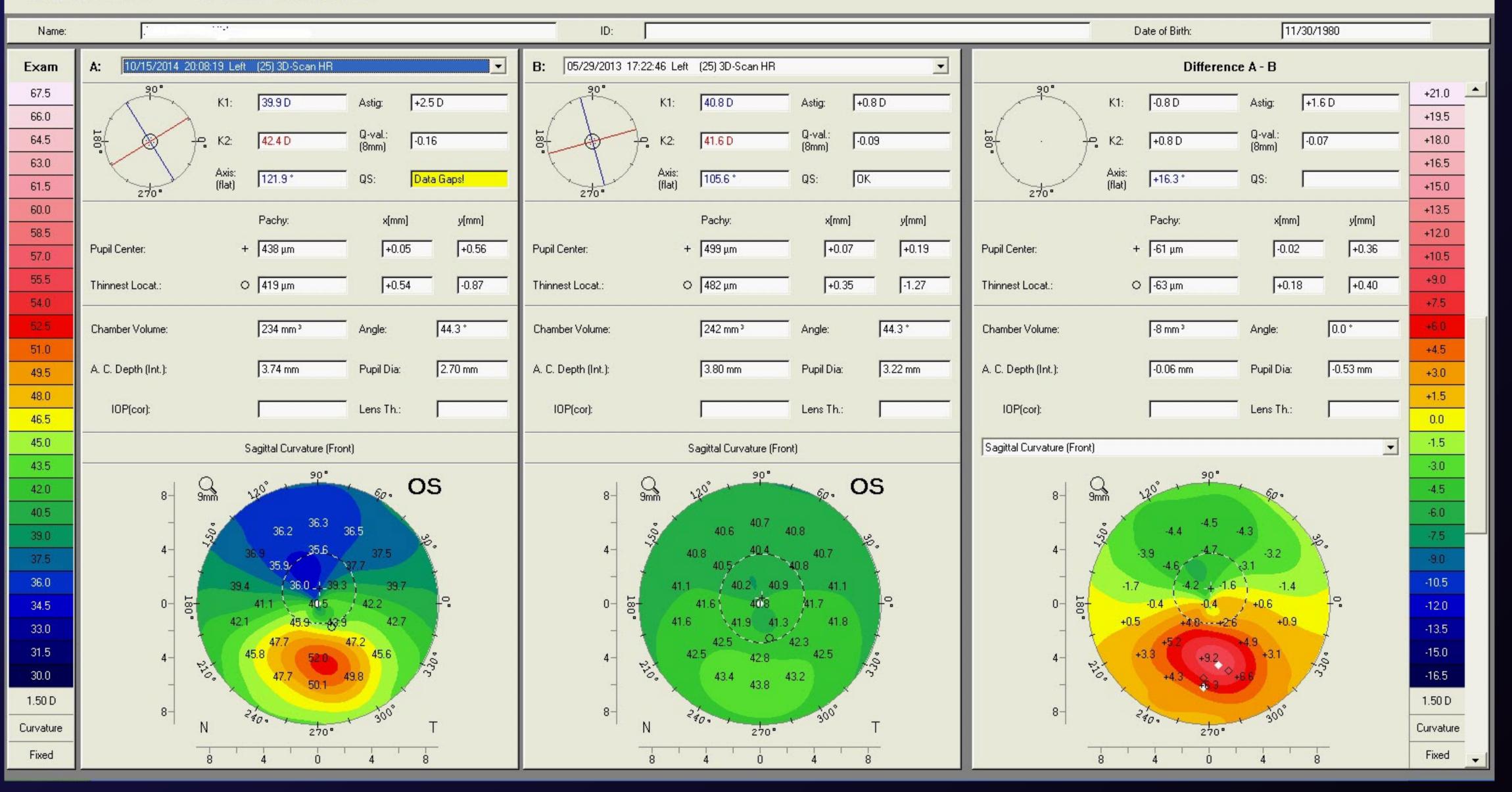
OCULUS - PENTACAM



OS Post-SMILE



OCULUS - PENTACAM



Ectasia risk: A multifactorial conundrum



Ectasia after corneal refractive surgery remains one of the most insidious and perplexing problems in the day-to-day practice of the refractive surgeon. Although the incidence of ectasia is low, it is the raison d'être for most of the measurements and history obtained in the course of screening patients for refractive surgery.

In this issue of the journal, Ziaei and a group of coauthors representing the Cornea Committee of the American Society of Cataract and Refractive Surgery (ASCRS) present a major review of surgical approaches to managing ectasia (pages 842–872). They summarize key advances in treatment, including combinations of treatments aimed at improving corneal optics and stabilizing progressive disease. Although great progress continues to be made on the therapeutic side of this problem, reliable characterization of ectasia risk remains a challenge. And from every vantage point, avoidance or prevention of ectasia at the preoperative planning stage is much preferred to treating it later.

Clinicians can easily assess predisposition for a disorder when a single highly predictive marker is available, such as a specific genetic mutation in a hereditary disease with high expressivity and high penetrance. Unfortunately, refractive surgeons do not have access to a single high-probability marker for ectasia. Ectasia in the setting of refractive surgery is a multifactorial problem, as Randleman et al.¹ illustrated through their landmark retrospective analysis of patient- and procedure-specific risk factors. This reality complicates efforts to quantify risk in the setting of the screening examination, where our ability to both measure and synthesize the major components of risk for a given patient is still incomplete.

Acknowledging the multivariate nature of the problem and appealing to structural principles are critically important for properly conceptualizing risk. From the vantage point of the cornea as a structure, material failure is the final common pathway of ectasia.^{2–5} The corThe key challenge, then, is to determine—with a limited amount of information and proxy variables just where on the spectrum of structural behavior a given eye currently resides and how surgical intervention will change that.

The Case Reports section of this issue features a cautionary example of this process and the clinical stakes of different interpretations of apparent risk. El-Naggar (pages 884-888) presents what might be the first reported cases of corneal ectasia in a patient who had femtosecond small-incision refractive lenticule extraction, an intrastromal procedure that largely preserves the integrity of the anterior stromal collagen structure. Previous publications8,9 have presented a biomechanical rationale for the potential structural advantages of this approach, and at first glance, the case report could be taken as an indictment of this claim. However, the preoperative tomography showed bilateral evidence of ectatic predisposition suggested by asymmetric inferior topographic steepness, posterior corneal elevation, decentered thinnest corneal points, and low overall corneal thickness. The patient was advised by the author that he was not a laser in situ keratomileusis (LASIK) candidate but then had small-incision refractive lenticule extraction performed elsewhere and returned to the author's clinic 6 months later with evidence of marked progression of inferior steepening and manifest ectasia.

This case offers several learning points. First, ectasia risk assessment is currently sufficiently imprecise that the presence of even 1 perceived risk factor (particularly a topographic risk factor such as inferior steepness) should bias the surgical decision toward observation or tissue-sparing procedures. In the reported case, the patient's older age, low absolute corneal curvatures, refractive stability, and low level of myopic refractive error might have been factored into the decision to proceed with surgery despite the concerns apparent on tomography. This point is

The

WITH A NEW
AFTERWORD BY
THE AUTHOR

TIPPING POINT

How Little Things Can Make a Big Difference

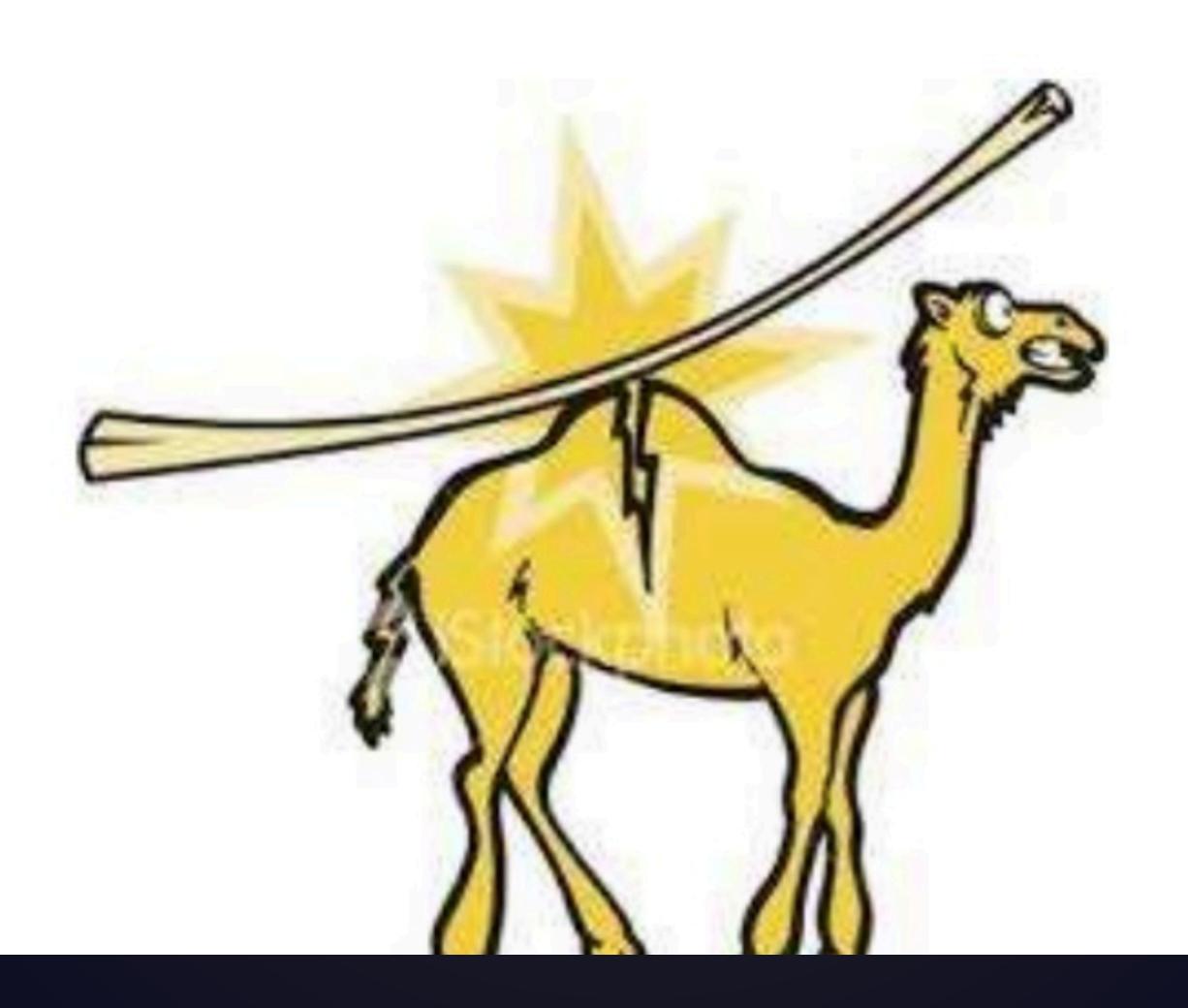
MALCOLM GLADWELL

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The straw that broke the camel's back



CASE REPORT



Corneal ectasia 6.5 months after small-incision lenticule extraction

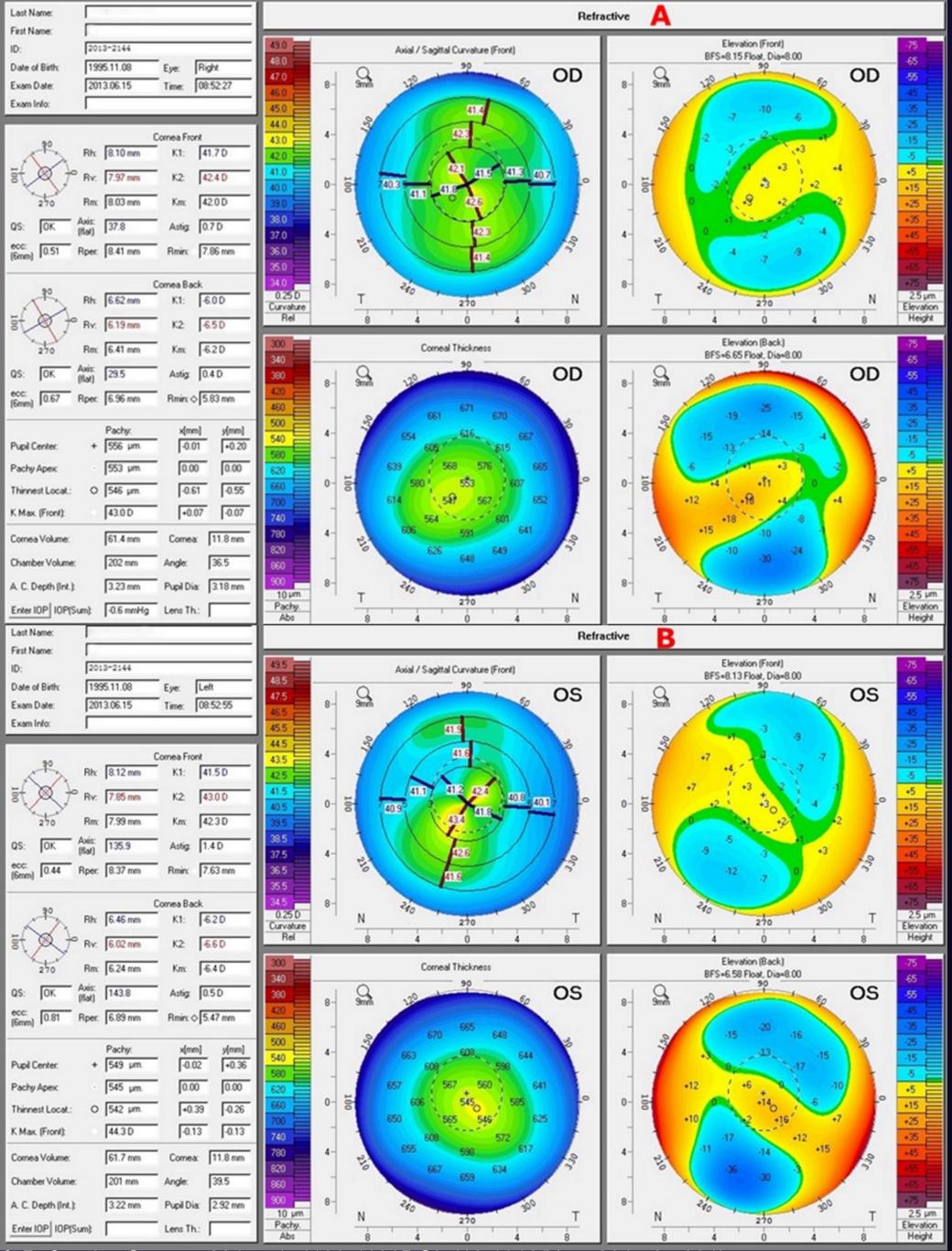
Yumeng Wang, MM, Chuanbo Cui, MD, Zhiwei Li, PhD, Xiangchen Tao, MD, Chunxiao Zhang, MM, Xiao Zhang, MM, Guoying Mu, MD

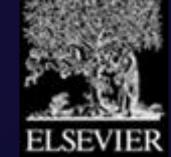
Our case involves a 19-year-old patient with forme fruste keratoconus. Small-incision lenticule extraction was performed, and 6.5 months after surgery, corneal ectasia was diagnosed. Preoperatively, the minimum central corneal thickness was 546 μm in the right eye and 542 μm in the left eye; the refractive correction was -6.75 -1.00×45 and -6.75 -0.75×140 , respectively; the lenticular thickness was 137 μm and 135 μm , respectively. At 6.5 months, ectasia was diagnosed based on anterior and posterior surface keratometry of 38.4/39.5 diopters (D) and -6.3/-6.8 D, respectively, in the right eye and 38.6/40.8 D and -7.1/-6.6 D, respectively, in the left eye. The keratometry increased gradually and the corneal thickness decreased after surgery, and these trends continued during the 13-month follow-up. This report documents corneal ectasia as a complication of small-incision lenticule extraction and highlights the importance of preoperative evaluation and the need for long-term follow-up.

Financial Disclosure: No author has a financial or proprietary interest in any material or method mentioned.

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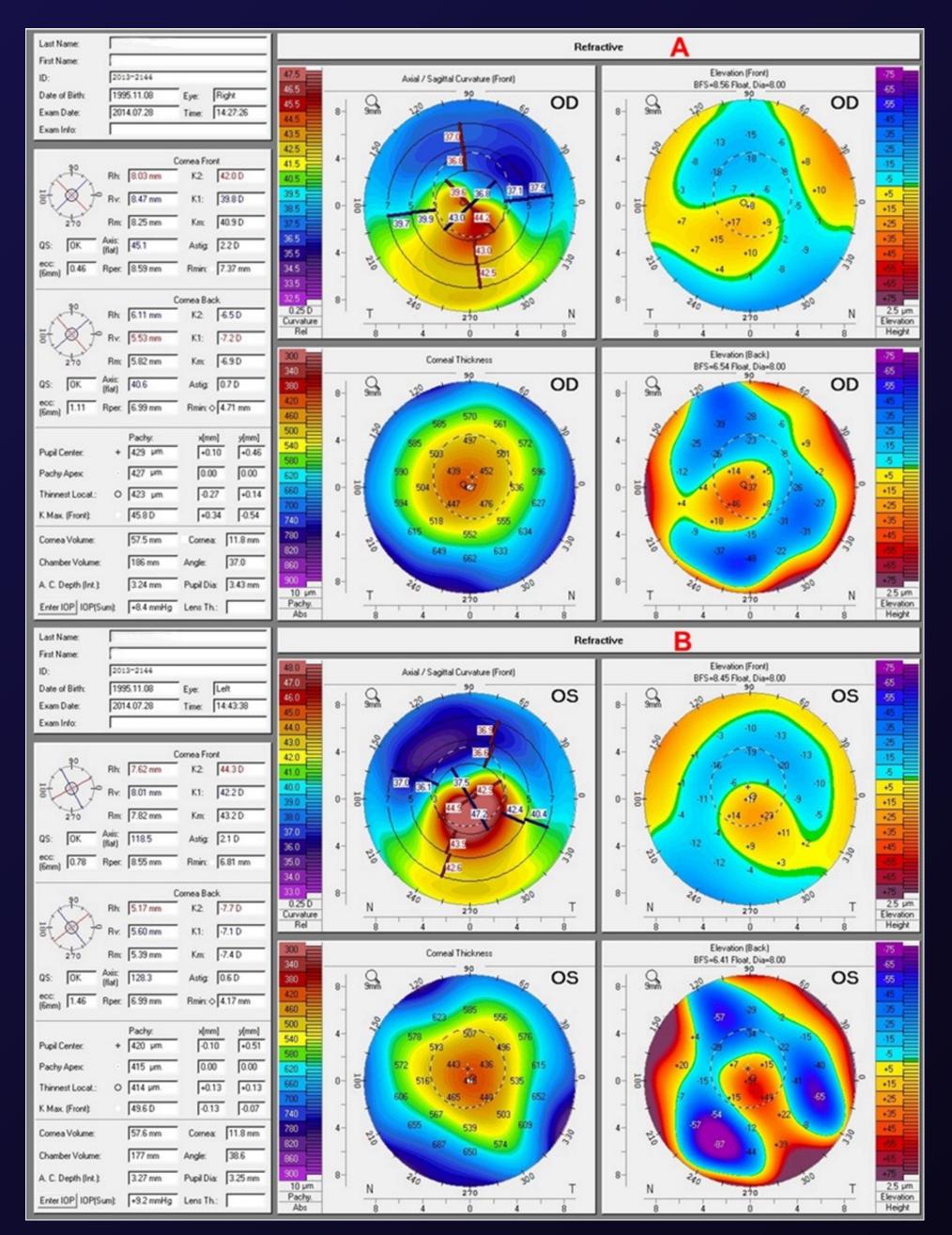






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Treatment data Treatment pack size: Suction time [hh:mm:ss]:	S 00:00:29	Nomogram info Refraction, Version 3.0			os	
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September 2015



Unilateral corneal ectasia following small-incision lenticule extraction

Gitansha Sachdev, MS, FICO, Mahipal S. Sachdev, MD, Ritika Sachdev, MS, Hemlata Gupta, MS, DNB, FAICO

We describe a case of unilateral corneal ectasia in a 26-year-old man following small-incision lenticule extraction. The preoperative corneal topography was normal, with a minimum corneal thickness of 511 μm and 513 μm in the right eye and left eye, respectively. Lenticules of 85 μm and 82 μm were fashioned to offer a refractive correction of $-3.75-1.50\times180$ and $-3.50-1.50\times165$ in the right eye and left eye, respectively. Twelve months after small-incision lenticule extraction, the patient presented with early signs of ectasia in the left eye on corneal topography, which had worsened at the 18-month examination. Intrastromal corneal ring segment implantation with corneal collagen crosslinking was performed to arrest further progression and to improve uncorrected distance visual acuity. On the last examination, the corrected distance visual acuity was $20/20^{-2}$.

Financial Disclosure: Dr. Mahipal S. Sachdev receives travel grants from Carl Zeiss Meditec AG. No author has a financial or proprietary interest in any material or method mentioned.

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Iatrogenic corneal ectasia, although rare, is possibly the most dreaded complication following refractive surgery. It has been reported after laser in situ keratomileusis (LASIK) and photorefractive keratectomy.

Two cases of bilateral ectasia following small-incision lenticule extraction (SMILE, Carl Zeiss Meditec AG) were reported in patients with forme fruste keratoconus.

We report a case of unilateral ectasia following small-incision lenticule extraction in a patient with normal corneal topography.

CASE REPORT

A 26-year-old man presented to our cornea clinic requesting

(D) in the right eye and 45.1 D in the left eye, with minimal thickness of 511 μm and 513 μm, respectively. The anterior and posterior elevation maps were also unremarkable (Figure 1). No significant inferior-superior asymmetry was noted on the curvature maps (Figure 2).
Uneventful femtosecond laser small-incision lenticule extraction was performed. The cap thickness was 110 μm with an optical zone of 6.0 mm and a corneal side cut of 3.0 mm. The lenticule thickness in the right eye and left

eye was 85 μ m and 82 μ m, respectively, with a residual stromal bed (RSB) of 304 μ m and 305 μ m, respectively

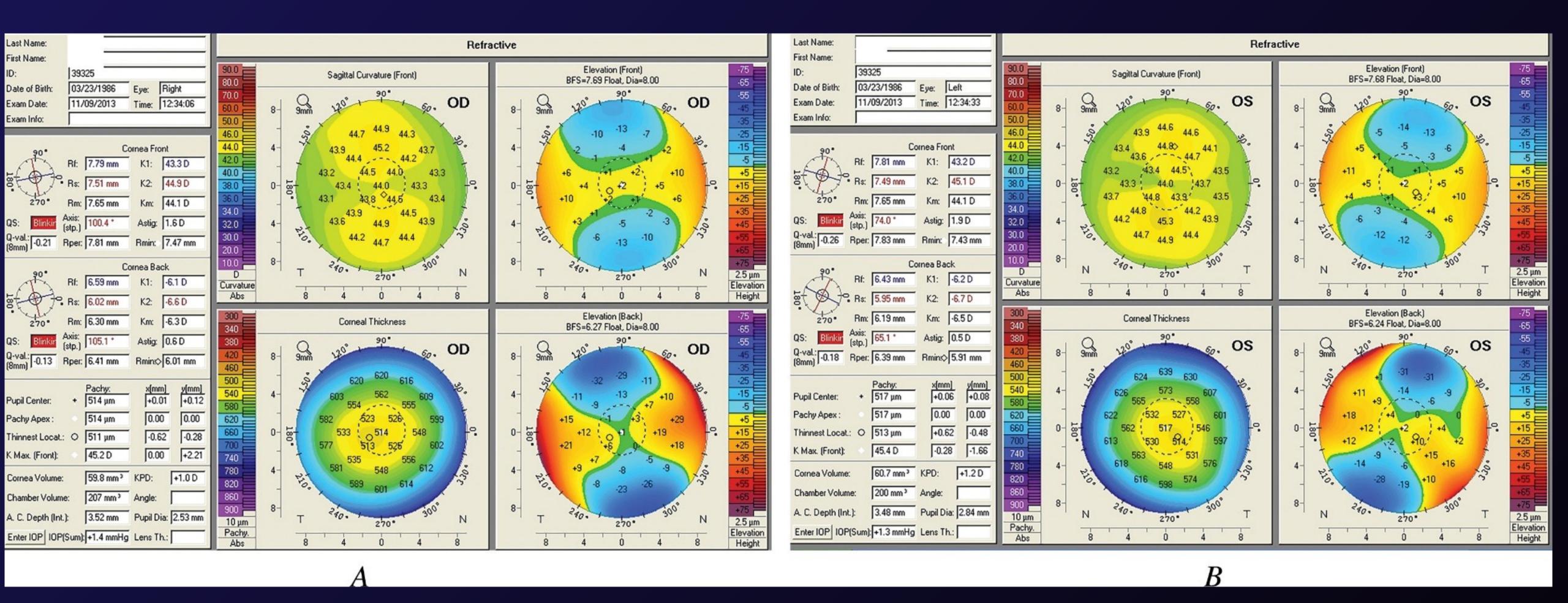
(CDVA) was 20/20 in both eyes. The patient had no family history of keratoconus. The complete preoperative workup

was within normal limits. Scheimpflug imaging (Pentacam,

Oculus Optikgeräte GmbH) revealed a normal topography

with a maximum keratometry (K) value of 44.9 diopters





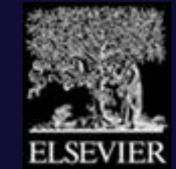
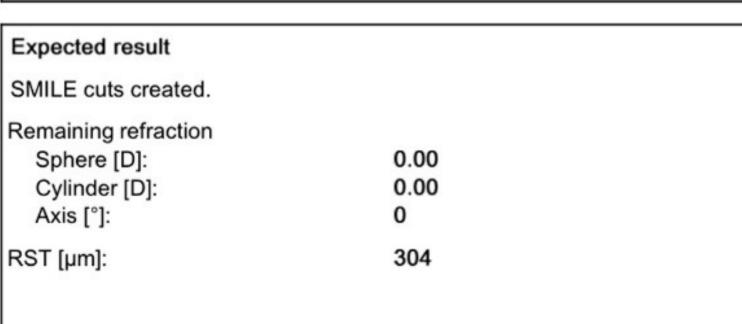
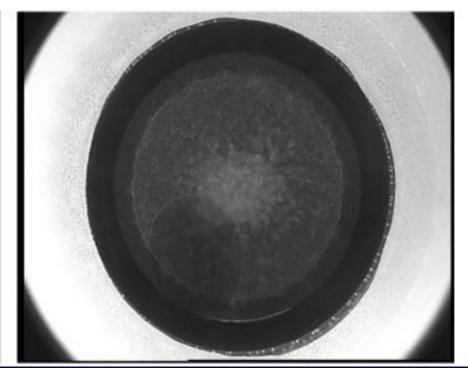


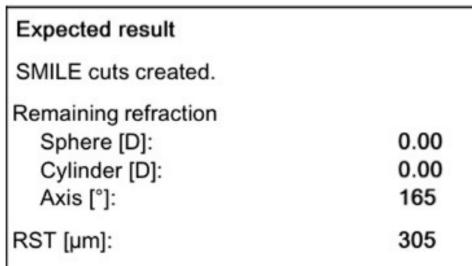
Figure 3

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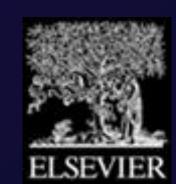
Treatment data						
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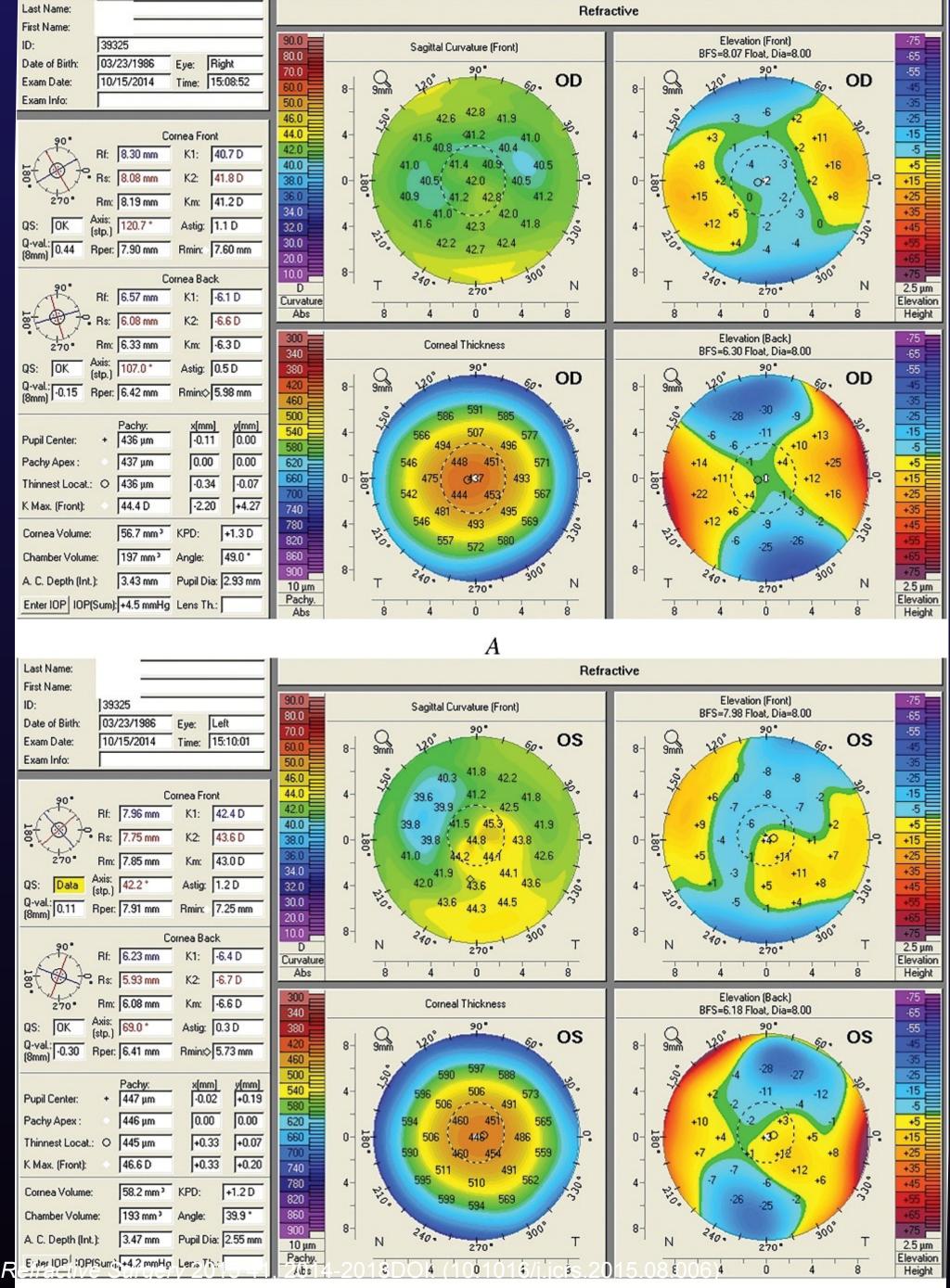




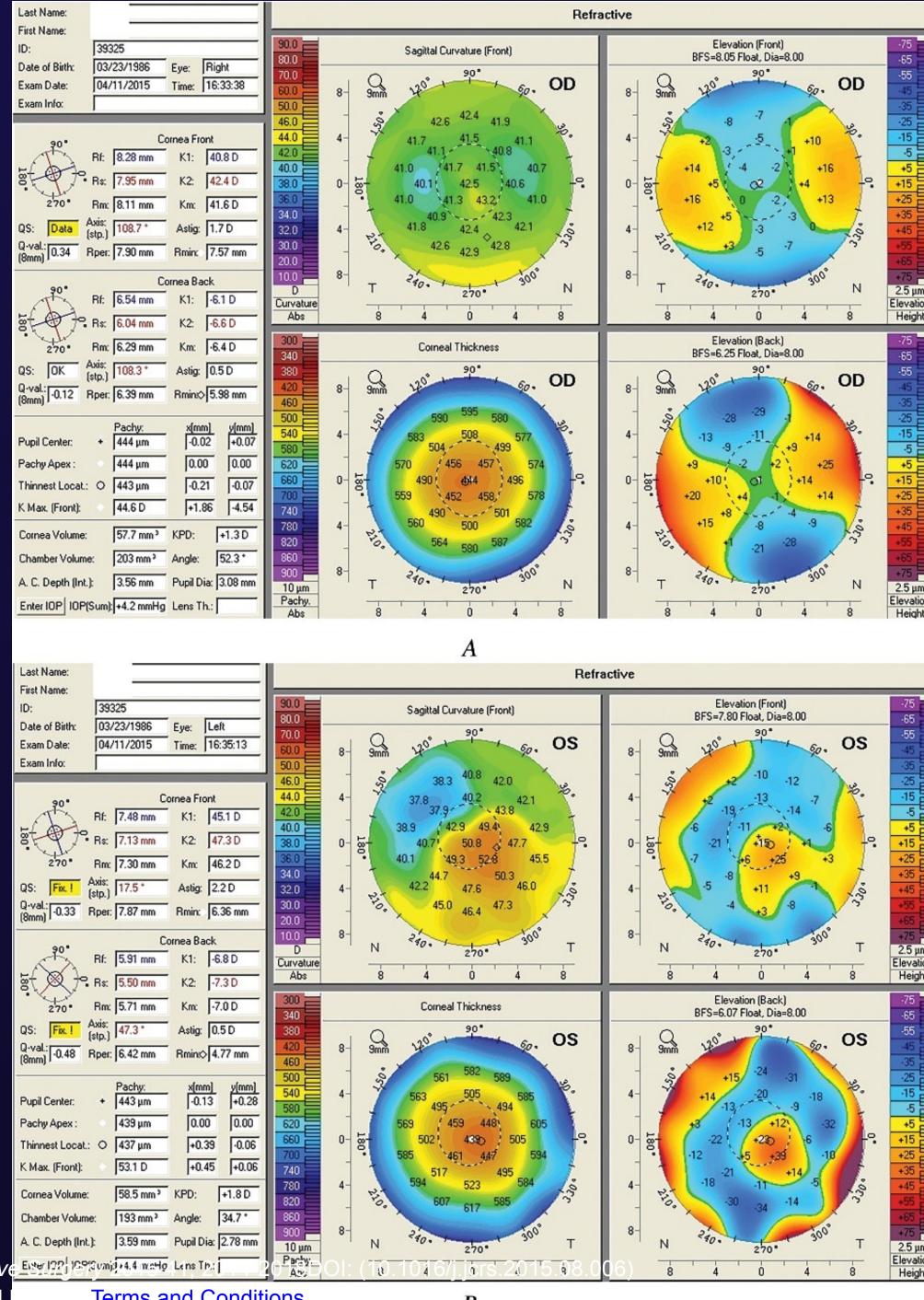














Bilateral Ectasia After Femtosecond Laser-Assisted Small Incision Lenticule Extraction (SMILE)

Jaakko S. Mattila, MD; Juha M. Holopainen, MD, PhD

Journal of Refractive Surgery. 2016;32(7):497-500 https://doi.org/10.3928/1081597X-20160502-03

Posted July 13, 2016

ABSTRACT FULL TEXT FIGURES/TABLES REFERENCES VIEW PDF

Abstract

PURPOSE:

To describe a case of bilateral ectasia after small incision lenticule extraction (SMILE) in a patient with early keratoconus.

METHODS:

Case report.

RESULTS:

Bilateral SMILE was performed on a patient even though preoperative topographies showed changes indicating early keratoconus. The right eye underwent further photorefractive keratectomy enhancement 18 months later. The patient developed a bilateral corneal ectasia.

CONCLUSIONS:

This case underlines the importance of thorough preoperative assessment for possible keratoconus suspect changes with corneal topography to avoid postoperative ectasia.

[J Refract Surg. 2016;32(7):497-500.]

Ectasia After Corneal Refractive Surgery: Nothing to SMILE About

J. Bradley Randleman, MD



ince the first reports in 2011,1,2 small incision lenticule extraction (SMILE) has dramatically entered the landscape of corneal refractive surgical procedures. With offerings of a single laser system, less disruption of the corneal surface, and relative preservation of the anterior lamellar fibers, SMILE has promised excellent refractive outcomes and possible advantages over previous iterations of laser refractive surgery.

One of the postulated advantages is biomechanical. Through maintenance of the anterior lamellae, SMILE in theory maintains a stronger cornea postoperatively. Mathematical modeling³ and finite element analysis⁴ lend some support to this view. Clinically, the extent of this biomechanical benefit remains to be determined.

Postoperative ectasia remains a feared complication of corneal refractive surgery and has driven the development of technology and patient screening protocols for more than a decade. Although there remains controversy in some aspects of screening,⁵⁻⁸ there are many identified topographic and tomographic patterns that have been shown to place patients at higher risk for postoperative ectasia and that are recognized as at least relative contraindications for excimer laser procedures, including LASIK and surface ablation.^{9,10}

Although a relatively new procedure, there are already a handful of reports of ectasia developing after SMILE.¹¹⁻¹⁴ In this issue, the Journal is contributing an additional case to the literature.¹⁵ To date, all of these cases have exhibited abnormal preoperative topographic patterns, and most if not all would have been excluded from LASIK during screening by most surgeons. And that is the point of this editorial.

From Emory Eye Center and Emory Vision, Atlanta, Georgia.

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doi:10.3928/1081597X-20160613-01

LESSONS FROM THE PAST

Corneal refractive surgery has provided immense benefit to our patients worldwide for more than 50 years, with greatest adoption of a few procedures: radial keratotomy, followed by photorefractive keratectomy (PRK), followed by LASIK. Each of those procedures offered unique benefits to patients, and each came with unique risks. With each technique, initial treatment parameters proved too broad and each saw a narrowing of their scope. There were several patients with 16 or more radial keratotomy incisions until surgeons realized that eight cuts or less proved significantly more stable over time. There are many early reports of outcomes for PRK or LASIK up to -20.00 diopters or more, whereas today's excimer lasers are not approved for that range and most surgeons stop well short of treating that degree of myopia. And topographic patterns that placed patients at risk for ectasia were clarified in part through evaluating cases with these patterns that developed the complication. 16,17

We now have amassed extensive knowledge about how the cornea responds to laser surgical alteration, how preoperative corneal biomechanics, determined through screening topography and tomography, affect candidacy and long-term stability, and how the amount of tissue altered through surgery affects risk. 18 So, let us use this information to our advantage as we perform and study the novel surgical approach that is SMILE.

STARTING CONSERVATIVELY

With SMILE we have an opportunity to do things a better way from the outset, during the phase of possible widespread use of the procedure. This better way includes using a cautious, conservative, and scientific approach relying on evidence-based medicine to drive surgical decision-making. We can use the information from screening patients for 20 years for PRK and LASIK, especially what we've learned in the past 10 years, and apply those standards to SMILE.

We have identified many abnormal topographic patterns as contraindications for LASIK. We know from

Clinical Ophthalmology

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REVIEW

Ectasia following small-incision lenticule extraction (SMILE): a review of the literature

This article was published in the following Dove Press journal: Clinical Ophthalmology 15 September 2017 Number of times this article has been viewed

Majid Moshirfar^{1,2} Julio C Albarracin³ Jordan D Desautels 1,4 Orry C Birdsong¹ Steven H Linn¹ Phillip C Hoopes Sr

'HDR Research Center, Hoopes Vision, Draper, 2John A Moran Eye Center, Department of Ophthalmology and Visual Sciences, University of Utah School of Medicine, Salt Lake City, UT, 3Department of Ophthalmology, McGovern Medical School, University of Texas Health Science Center at Houston, Houston, TX, Department of Ophthalmology, Warren Alpert Medical School of Brown University, Providence, RI, USA

Purpose: Four cases of corneal ectasia after small-incision lenticule extraction (SMILE) have been reported. In this review, we provide an overview of the published literature on corneal ectasia after SMILE and risk factors associated with this complication.

Methods: Case reports were identified by a search of seven electronic databases for pertinent heading terms between 2011 and July 2017. We identified patient characteristics and surgical details including preoperative topography, central corneal thickness, and anterior keratometry (Km). Residual stromal bed (RSB) values not reported were computed using VisuMax ReLEx SMILE software Version 2.10.10. Preoperative ectasia risk was measured using the Randleman Ectasia Risk Score System (ERSS). Percent tissue alteration was calculated for each patient as described by Santhiago et al.

Results: Seven eyes of four patients developed corneal ectasia post SMILE. Two patients had abnormal topography in both eyes. One patient had abnormal topography in one eye. Only one patient was noted to have normal topography in both eyes and later developed ectasia in one eye in the absence of any known risk factors. The mean Randleman ectasia risk score was 4±3 (range: 1-8). The mean calculated percent tissue altered (PTA) was 38%±6% (range: 30%-47%). Conclusion: A majority of reported ectasia cases occurred in patients with subclinical

keratoconus. These conditions may be exacerbated by SMILE and should be considered abso-

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Received 1 January 2017 Accepted 27 April 2017

Delta Journal of Ophthalmology 2017, 18:182–184 The purpose of this paper is to describe an infrequent complication of small-incision lenticule extraction. Bilateral corneal ectasia that was discovered 6 months postoperatively is described here. The case has shown that the procedure can aggravate early keratoconus cases without any advantage over laser in-situ keratomileusis or surface ablation procedures. Placido disk imaging with correct scaling and color coding of Scheimpflug images is essential in the preoperative assessment of small-incision lenticule extraction patients.

Keywords:

ectasia, keratoconus, placido, Scheimpflug, SMILE

DJO 18:182-184 © 2017 Delta Journal of Ophthalmology 1110-9173

Introduction

Femtosecond lenticule extraction and small-incision lenticule extraction (SMILE) have not been thoroughly investigated. However, they have shown encouraging results in the treatment of myopia and myopia with mild to moderate astigmatic error [1,2]. SMILE represents a less invasive alternative to laser insitu keratomileusis (LASIK) for the correction of myopic error, without disruption of the Bowman's layer. However, microdistortions have been observed in the Bowman's layer in patients who had SMILE, which resulted from unavoidable tissue compression from shortening of the cap's arc length, without adversely affecting vision [3].

Case history

A 26-year old Egyptian male patient presented with a history of previous SMILE (Carl Zeiss Meditec AG, Jena, Germany) procedure in Egypt 5 months earlier. He complained of progressively decreasing vision in his left eye with glare and halos in both eyes (OU). His visual acuity was 20/30 in the right eye that corrects to 20/25 with -0.75/-0.75×10. Left eye visual acuity was 20/400

Corneal thickness spatial profile showed normal pattern both eyes. Keratometry readings on the anterior corneal surface sagittal map were relatively flat (right eye: 41.9 and 42.5 D and left eye: 43.0 and 43.6 D), which tempted the surgeon to proceed with SMILE, especially with cold color code and wrong scaling on the posterior elevation map (5 μm). However, the surgeon overlooked suspicious indices, especially in the absence of placido disk imaging on preoperative assessment. Suspicious findings included posterior elevation of +20 μm in both eyes at the border of the central 5 mm circle, high index of height decentration and index of height asymmetry, especially in the left eye, and high I–S ratio on sagittal map left eye, with an early vortex pattern.

Discussion

Although Wu and Wang [4] have found a statistically significant elevation in corneal hysteresis and corneal resistance factor in SMILE, compared with femtosecond laser-assisted LASIK, the superiority of biomechanical stability with SMILE has not been convincingly demonstrated and future analysis should clarify this aspect [4].

Unilateral corneal ectasia after small-incision lenticule extraction in a 43-year-old patient

Jean Christophe Gavrilov, MD, Raphael Atia, MD, Vincent Borderie, MD, PhD, Laurent Laroche, MD, Nacim Bouheraoua, MD, PhD

Unilateral corneal ectasia developed after small-incision lenticule extraction for mild myopia in a 43-year-old man with preoperative asymmetric astigmatism. The ectasia was diagnosed 4 years postoperatively. Preoperative data showed asymmetric astigmatism with no signs of forme fruste keratoconus. Inferior anterior curvature steepening exceeded 2.00 diopters without bulging of

the posterior curvature, and pachymetric thickness exceeded 515 μm. Corneal ectasia can occur after small-incision lenticule extraction in patients older than 40 years with preoperative asymmetric astigmatism.

J Cataract Refract Surg 2018; 44:403-406 @ 2018 ASCRS and ESCRS

since the first description of small-incision lenticule extraction (SMILE, Carl Zeiss Meditec AG) in 2011 by Sekundo et al., the number of procedures performed to correct myopia and astigmatism with this new technique has steadily increased. The incidence of corneal ectasia after laser in situ keratomileusis (LASIK) has been estimated at 1 in 2500. Because small-incision lenticule extraction is a flapless procedure, it has been suggested that the risk for corneal ectasia after small-incision lenticule extraction is lower than after LASIK. To date, 4 reports of corneal ectasia have been published. We report a case of unilateral corneal ectasia 4 years after small-incision lenticule extraction for mild myopia in a patient older than 40 years with preoperative asymmetric

eyes, representing a steepening of more than 2.00 diopters (D) in the right eye and 1.80 D in the left eye. Moreover, Scheimpflug camera images showed an absence of posterior curvature bulging and no correspondence between the steeper anterior curvature and the thinner points of the cornea.

Small-incision lenticule extraction was performed uneventfully with the Visumax femtosecond laser system (Carl Zeiss Meditec AG). The caps were 7.30 mm in diameter and 120 μ m thick in both eyes. The diameter of the optical zone was 6.50 mm in both eyes. The maximum and minimum lenticule thicknesses were 94 μ m and 15 μ m, respectively, in the right eye and 109 μ m and 15 μ m, respectively, in the left eye, with a residual stromal bed (RSB) of 308 μ m in the right eye and 286 μ m in the left eye. The immediate postoperative course was uneventful, with an uncorrected distance visual acuity of 20/20 in both eyes at the 1-month examination.

Four years after the initial small-incision lenticule extraction,

March 2018

DOI: 10.1002/jbio.201800253



FULL ARTICLE

Corneal tomographic features of postrefractive surgery ectasia

Pooja Khamar¹ | Ritika Dalal¹ | Rachana Chandapura² | Mathew Francis² | Rohit Shetty¹ | Everette J. R. Nelson³ | Rudy M. M. A. Nuijts⁴ | Abhijit Sinha Roy²* ©

¹Department of Cornea and Refractive Surgery, Narayana Nethralaya Eye Hospital, Bangalore, India

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³School of Biosciences and Technology, VIT University, Vellore, India

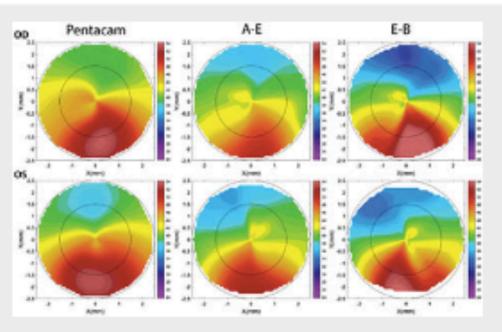
⁴University Eye Clinic Maastricht, Maastricht University Medical Center, Maastricht, the Netherlands

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Abhijit Sinha Roy, Narayana Nethralaya Foundation, #258A Hosur Road, Bommasandra, Bangalore 560099, India. Email: asroy27@yahoo.com

Funding information

Indo-German Science and Technology Center, Grant/Award Number: SIBAC The purpose of this study was to evaluate the tomographic features of post-refractive surgery eyes. This was a retrospective evaluation of clinical data. Three patients with post-LASIK (laser-assisted in situ keratomileusis) and two patients with post-SMILE (small incision lenticule extraction) ectasia were imaged with Scheimpflug



imaging (SI, Pentacam) and optical coherence tomography (OCT, RTVue). Curvature and wavefront aberrations of the air-epithelium interface (A-E) and epithelium-Bowman's layer interface (E-B) were derived. OCT of normal and keratoconic eyes from an earlier study were compared with the data of the ectasia eyes. Curvature and aberrometry of the A-E interfaces were statistically similar between SI and OCT. However, OCT revealed a steeper and more aberrated E-B interface than A-E though correlation between them was inferior to the correlation for keratoconic eyes. Furthermore, the magnitude of differences between the A-E and E-B interfaces was greater in the ectasia eyes than the keratoconic eyes. OCT could possibly assist better in selecting appropriate treatment plan for postrefractive surgery ectasia eyes than conventional tomographers.

KEYWORDS

ectasia, cornea, SMILE, LASIK, tomography, OCT, Bowman's layer

September 2018

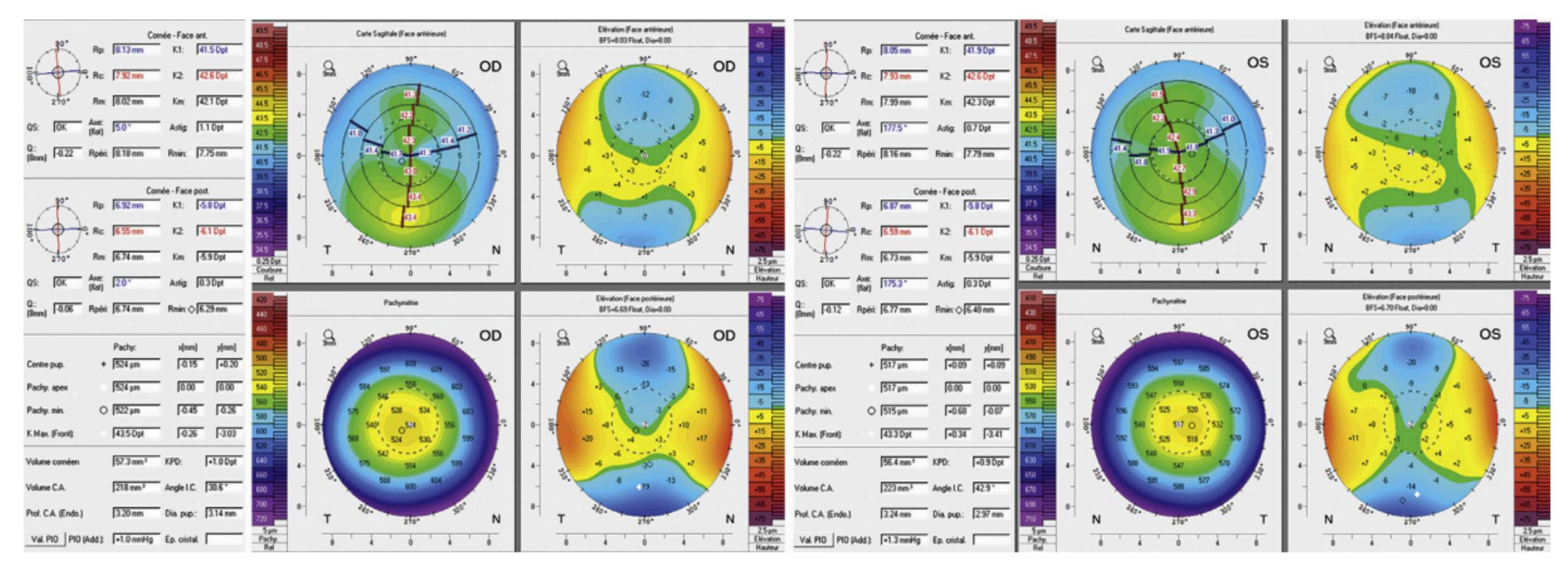


Figure 1. Scheimpflug-based corneal topography showing sagittal map, pachymetry map, anterior elevation map, and posterior elevation map before small-incision lenticule extraction (N = nasal; T = temporal).

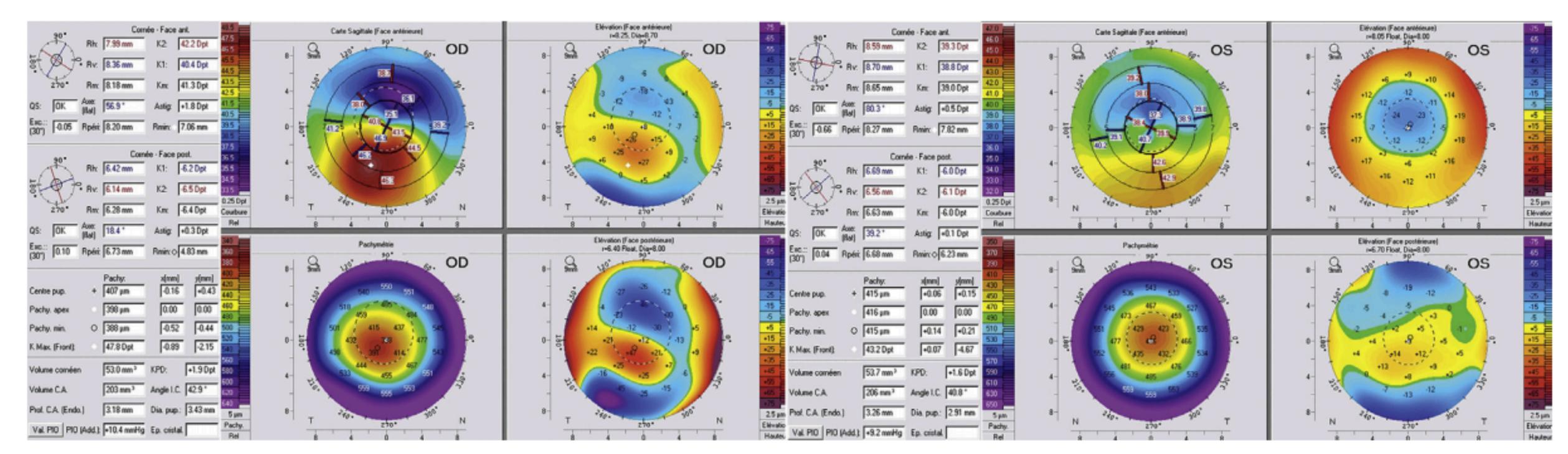


Figure 3. Scheimpflug-based corneal topography showing sagittal map, pachymetry map, anterior elevation map, and posterior elevation map 4.5 years after small-incision lenticule extraction (N = nasal; T = temporal).

Unilateral ectasia after small-incision lenticule extraction

Eric E. Pazo, MSc, MD, PhD, Richard N. McNeely, BSc, PhD, Samuel Arba-Mosquera, MSc, PhD, Christoph Palme, MD, Jonathan E. Moore, PhD, FRCOphth

A 23-year-old man developed unilateral comeal ectasia after bilateral small-incision lenticule extraction (SMILE). The preoperative corneal topography was normal, with a minimum corneal thickness of $582~\mu m$ and $586~\mu m$ in the right eye and left eye, respectively. The refractive correction was -3.00~d opters (D) sphere in the right eye and -3.50~D sphere in the left eye. At the 12-month postoperative visit, corneal topography showed early signs of ectasia in the right

eye; the ectasia had deteriorated by the 15-month examination. Corneal crosslinking was performed to arrest further progression. At the last examination, the uncorrected distance visual acuity in the right eye was 0.1 logarithm of the minimum angle of resolution (logMAR) and the corrected distance visual acuity, -0.1 logMAR.

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t present, the prevalence of ectasia after laser in situ keratomileusis (LASIK) has been estimated to be between 0.04% and 0.6%. A review article by Moshirfar et al. found that at the time of publication, only 4 cases of corneal ectasia after small-incision lenticule extraction (SMILE, Carl Zeiss Meditec AG) had been documented and reported. A proposed advantage of small-incision lenticule extraction is a stronger postoperative biomechanical effect as a result of the anterior stromal lamellae being maintained. This theory is supported by mathematical modeling and finite element analysis; however, the practicality of this benefit remains to be proven clinically.

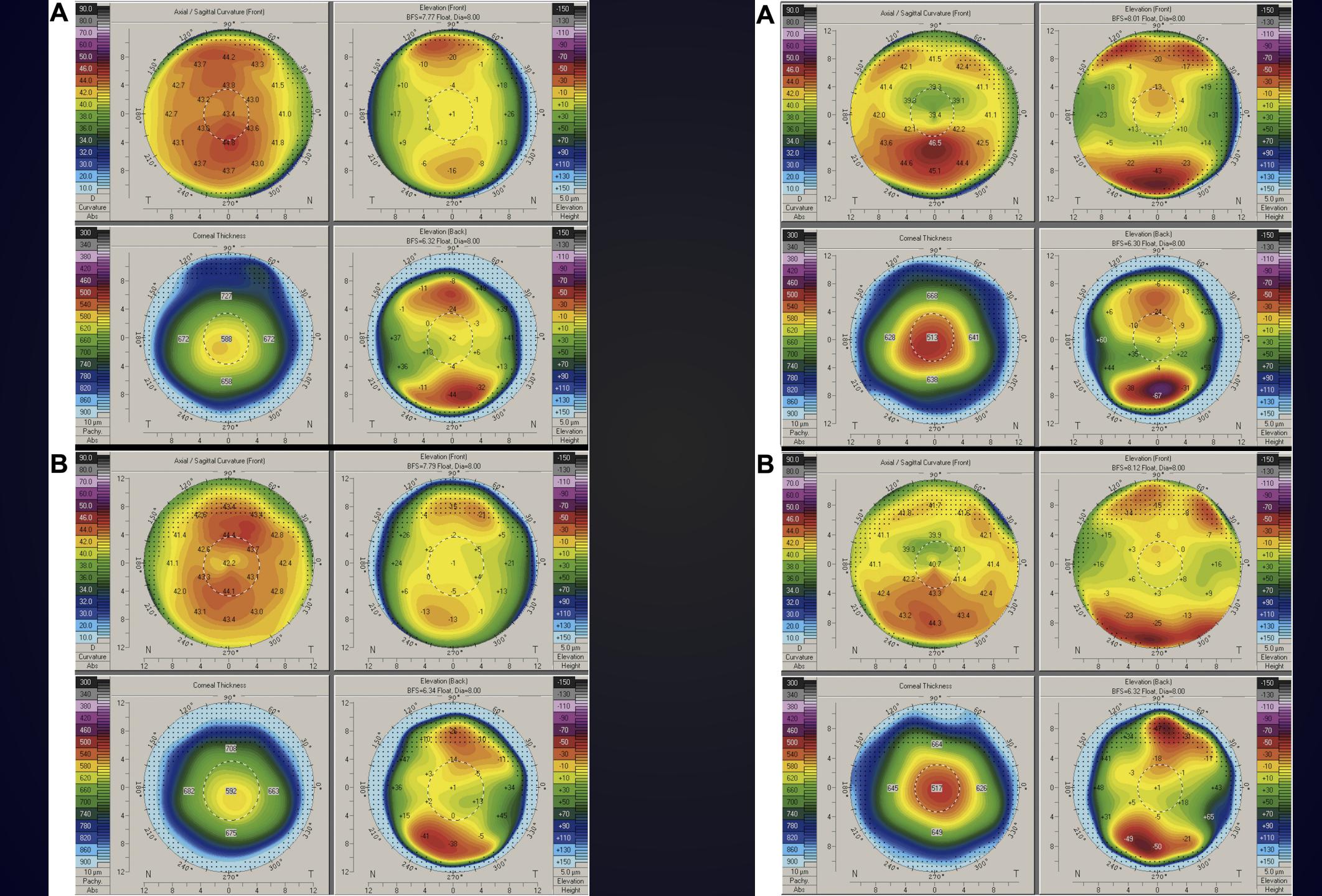
CASE REPORT

A 23-year-old man presented to the clinic requesting corneal refractive surgery for myopic correction. He had no history or symptoms of dry eye, atopy, or allergies of which he was aware. The preoperative refractive error was family history of keratoconus and had a stable refraction for more than 2 years. A complete preoperative ophthalmologic examination was performed and all parameters were within normal limits. Scheimpflug imaging (Pentacam, Oculus Optikgeräte GmbH) showed normal topography with a maximum keratometry (K) value of 44.9 D in the right eye and 45.0 D in the left eye and a minimum thickness of 582 μm and 586 μm, respectively. The anterior and posterior elevation maps were also unremarkable (Figure 1). No significant inferior–superior asymmetry was noted on the curvature maps. The fluorescein tear breakup time (TBUT) was 15 seconds in the right eye and 14 seconds in the left eye.

Uneventful bilateral small-incision lenticule extraction was performed. The cap thickness was 135 mm with an optical zone of 6.50 μ m and a corneal side cut of 2.41 mm. The lenticule thickness was 63 μ m in the right eye and 71 μ m in the left eye with a residual stromal bed (RSB) of 384 μ m and 380 μ m, respectively (Figure 2).

The immediate postoperative course was uneventful

December 17, 2018



Bilaterally Asymmetric Corneal Ectasia Following SMILE With Asymmetrically Reduced Stromal Molecular Markers

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ABSTRACT

PURPOSE: To evaluate extracellular matrix regulators and inflammatory factors in a patient who developed ectasia after small incision lenticule extraction (SMILE) despite normal preoperative tomographic and biomechanical evaluation.

METHODS: The SMILE lenticules from both eyes of the patient with ectasia and three control patients (5 eyes) matched for age, sex, and duration of follow-up were used for gene expression analysis of lysyl oxidase (LOX), matrix metalloproteinase 9 (MMP9), collagen types I alpha 1 (COLIA1) and IV alpha 1 chain (COLIVA1), transforming growth factor-beta (TGF-beta), bone morphogenetic protein 7 (BMP7), interleukin-6 (IL-6), cathepsin K, cluster of differentiation 68, integrin beta-1, and tissue inhibitor of metalloproteinase-1 (TIMP1). Furthermore, the functional role of LOX was assessed in vitro by studying the collagen gel contraction efficiency of LOX overexpressing in primary human corneal fibroblast cells.

RESULTS: Preoperatively, manifest refraction was -9.25 dio ters (D) in the right eye and -10.00 D in the left eye. Corneal thickness, Pentacam (OCULUS Optikgeräte GmbH, Wetzlar, Germany) tomography, and Corvis biomechanical indices (OCULUS Optikgeräte GmbH) were normal. The ectatic eye lenticule (left) had reduced expression of LOX and COLIA1 compared to controls without ectasia. Increased mRNA fold change expression of TGF-beta, BMP7, IL-6, cathepsin K, and integrin beta-1 was noted in the ectatic left eye compared to controls; however, MMP9 and TIMP1 levels were not altered. Ectopic LOX expression in human corneal fibroblast induced significantly more collagen gel contraction, confirming the role of LOX in strengthening the corneal stroma.

CONCLUSIONS: Reduced preexisting LOX and collagen levels may predispose clinically healthy eyes undergoing refractive surgery to ectasia, presumably by corneal stromal weakening via inadequately cross-linked collagen. Preoperative molecular testing may reveal ectasia susceptibility in the absence of tomographic or biomechanical risk factors.

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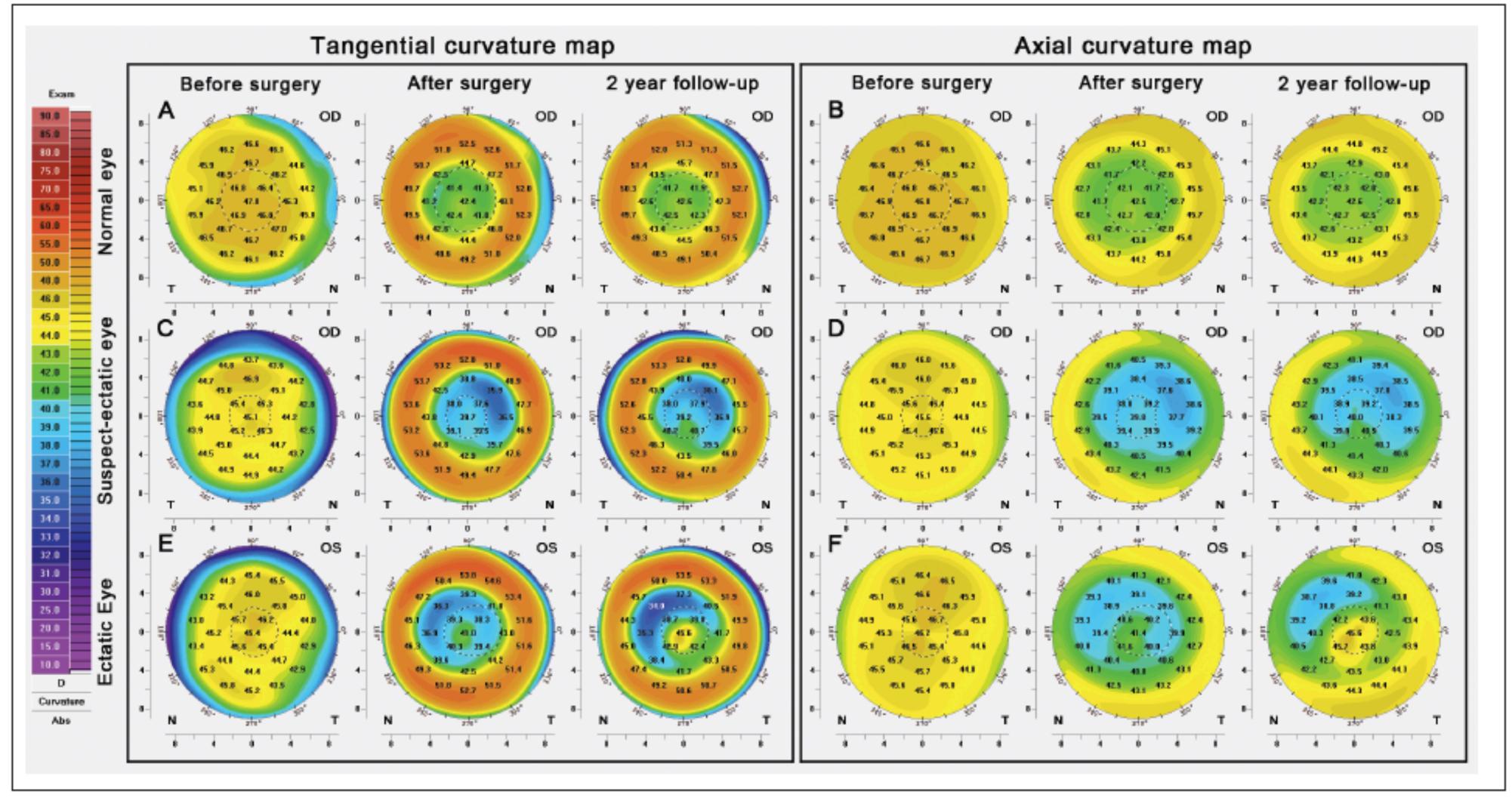
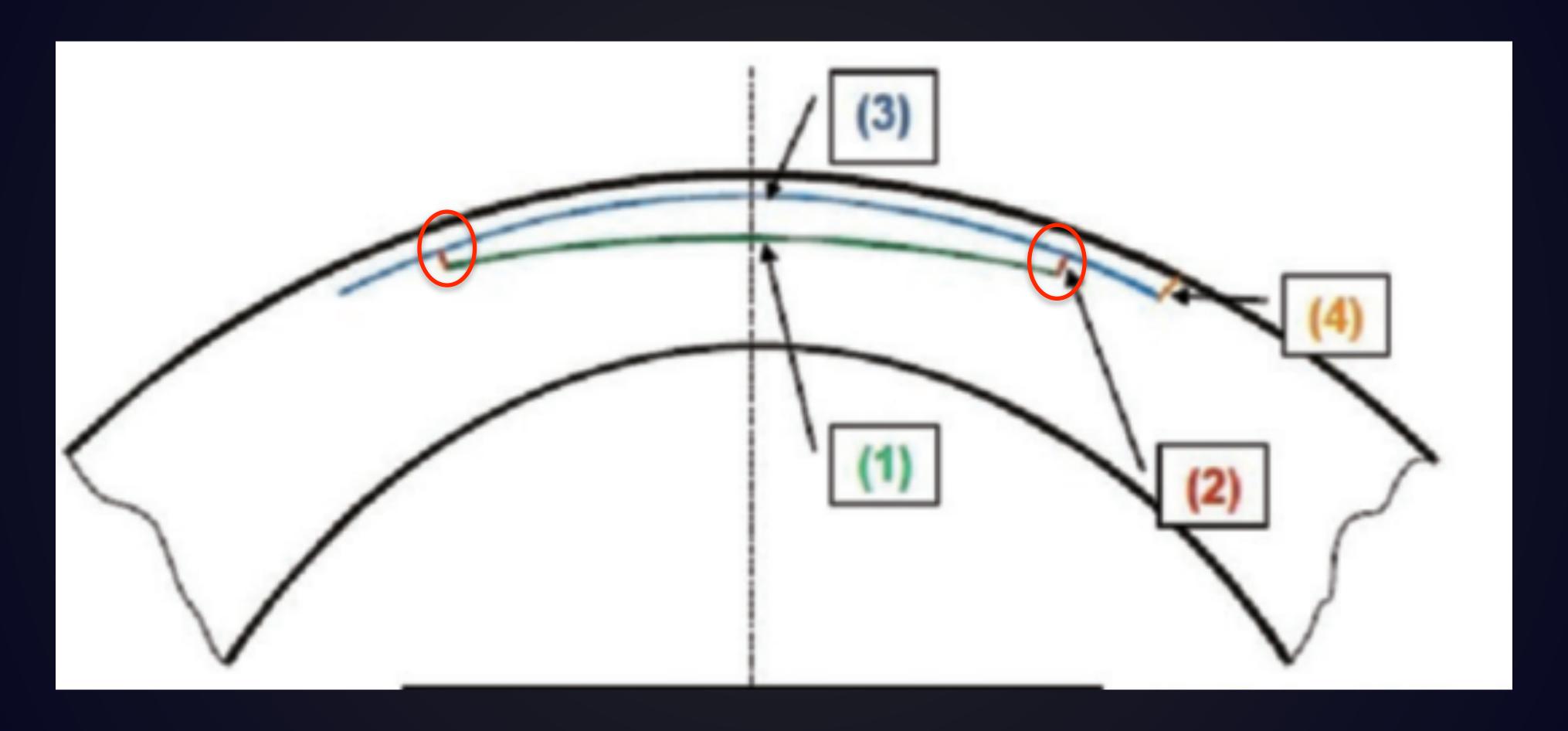


Figure A. Tangential (A, C, and E) and axial (B, D, and F) anterior curvature maps from Pentacam HR (OCULUS Optikgeräte, Wetzlar, Germany) (absolute American style color bar in diopters) for before surgery, after surgery, and 2-year follow-up time points, respectively. (A and B) Normal eye curvature maps are shown in the first row, (C and D) suspect-ectatic eye curvature maps are shown in the third row.

Why?



Vertical sidecuts/Empty space/Eye rubbing

Conclusion

- No procedure is absolutely safe
- Avoid abusing of new techniques
- Be cautious!!

Take Home Message

Not fit for LASIK=Not fit for SMILE

If you are facing a suspicious cornea





Thank you