

ophthalmica

ESCRS

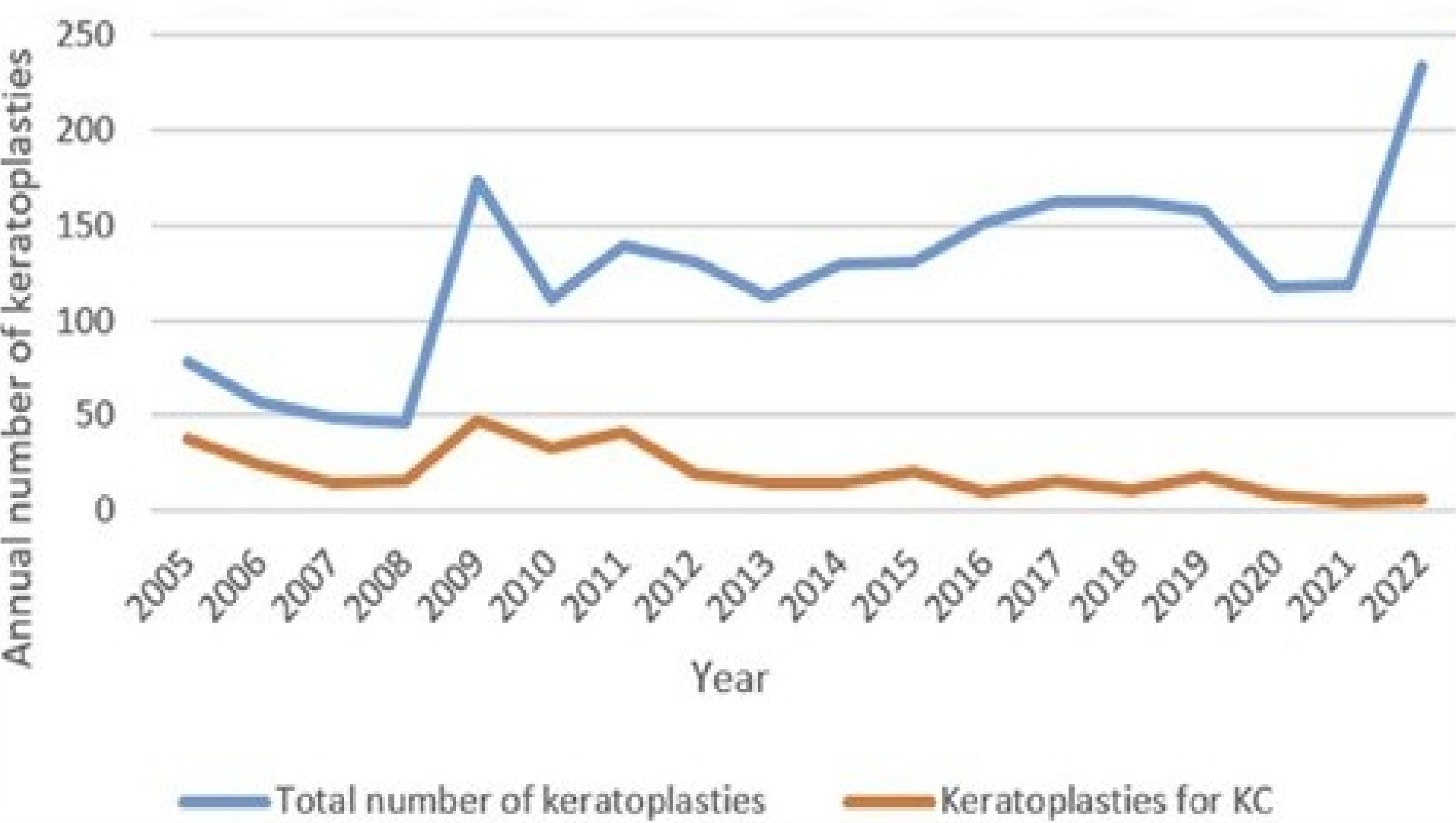


Miltos Balidis PhD, FEBOphth, ICOphth

Lessons learned in PRK CXL

RIO CAIRO 2025

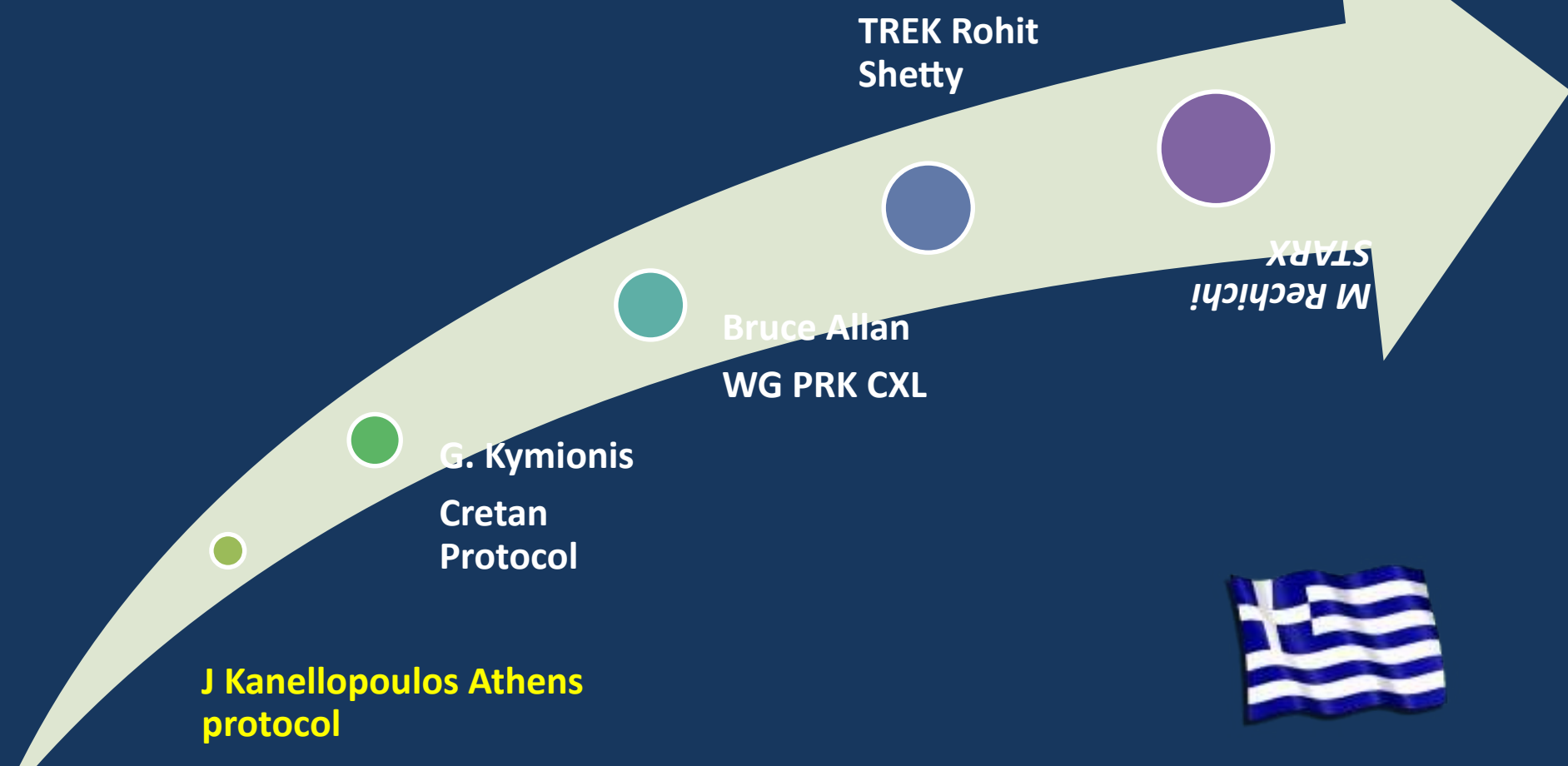




Comparison of different protocols	Parameter	Number of studies	Sample size		Model (fixed versus random effect)	MD/SMD (95% CI)	P	Heterogeneity		
			A	B				χ^2/df	P	P (%)
CXL (A) versus control/ placebo (B)	Kmax at 6 months ^[1,2]	2	141	142	Fixed	-1.87 (-3.89-0.16)	0.07	0.31/1	0.58	0
	Δ Thinnest corneal thickness at 1 year	2	71	63	Random	-4.23 (-32.33-23.87)	0.77	11.51/1	0.0007	91
TE-CXL (using chemical enhancer, A) versus C-CXL (B)	Kmax at 6 months ^[3,4]	2	55	46	Fixed	-0.83 (-3.04-1.38)	0.46	0.06/1	0.80	0
	BCVA at 6 months ^[3,4]	4	115	106	Fixed	0.02 (-0.01-0.04)	0.13	2.81/3	0.42	0
	OCT at 6 months ^[3,4]	4	115	106	Fixed	3.47 (-1.76-8.70)	0.19	3.53/3	0.32	15
	SE at 6 months ^[3,4]	4	75	66	Fixed	-2.87 (-10.50-4.77)	0.46	213.69/2	<0.00001	99
	SE at 1-year ^[3,5,7]	4	105	96	Random	0.34 (-1.05-1.74)	0.63	11/3	0.01	73
	OCT at 1-year ^[3,5,7]	4	105	96	Fixed	0.98 (-4.39-6.35)	0.72	0.55/3	0.91	0
T-Iontophoresis (enhanced using T-Iontophoresis, A) versus C-CXL (B)	BCVA at 6 months ^[8,9]	2	98	95	Random	-0.03 (-0.12-0.05)	0.43	2.44/1	0.12	59
	OCT at 6 months ^[8,9]	2	98	95	Fixed	-5.51 (-16.46-5.45)	0.32	0.36/1	0.55	0
	BCVA at 1-year ^[8,9]	2	98	85	Fixed	-0.02 (-0.07-0.03)	0.90	0.6/1	0.51	0
	OCT at 1-year ^[8,9]	2	98	85	Fixed	0.75 (-11.09-12.59)	0.94	0.01/1	0.94	0
	BCVA at 2 year ^[8,10]	2	98	85	Fixed	0.00 (-0.07-0.06)	0.98	0.38/1	0.54	0
	OCT at 2 year ^[8,10]	2	98	85	Fixed	-1.36 (-10.09-7.38)	0.76	0.88/1	0.35	0
A-CXL (A) versus C-CXL	BCVA at 6 months ^[11-13]	5	153	151	Fixed	0.01 (-0.04-0.06)	0.76	7.18/4	0.13	44
	SE at 6 months ^[11,12,13]	3	62	64	Fixed	0.05 (-0.98-1.08)	0.93	1.11/2	0.58	0
	Kmax at 6 months ^[11,12,13]	5	153	151	Random	0.09 (-1.35-1.53)	0.90	12.82/4	0.01	69
	OCT at 6 months ^[14,10]	2	43	40	Fixed	16.20 (4.20-28.20)	0.008	0.53/1	0.047	0
	Δ thinnest corneal thickness ^[11,17]	2	46	51	Random	0.09 (-1.35-1.53)	0.90	12.82/1	0.01	69
	BCVA at 1 year ^[15,14,18]	3	106	102	Fixed	-0.03 (-0.08-0.03)	0.33	0.37/2	0.83	0
	OCT at 1 year ^[14,18]	2	29	26	Fixed	14.22 (-0.99-29.43)	0.07	0.61/1	0.44	0

Kmax=Maximum keratometry, ECD=Endothelial cell density, BCVA=Best-corrected visual acuity, SE=Spherical equivalence, OCT=Central corneal thickness, MD=Mean difference, CI=Confidence interval, CXL=Corneal collagen cross-linking, TE-CXL=Transepithelial CXL, C-CXL=Conventional CXL, A-CXL=Accelerated CXL, T-Iontophoresis, SMD=Standard mean difference P<0.005 indicate statistically significant difference. Δ Indicate change from baseline

Reshaping the conic cornea





Newborn method?

Refractive outcome

Pain

Healing time

Haze

- **TG-PRK** (max 50μm) then high-fluence CXL (Athens protocol)
- **tPTK** then **PRK+CXL** (Cretan **Plus** protocol)
- Selective transepithelial TG-PRK with simultaneous accelerated CXL (STARE-X)
- Cornea **Ray tracing** PRK with CXL



Collagen Cross-Linking (CCL) With Sequential Topography-Guided PRK

A Temporizing Alternative for Keratoconus to Penetrating Keratoplasty

A. Asha Kambhampati, MD^{1,2} and Perry S. Blaufer, MS, MD³

Purpose: To assess the effectiveness of ultraviolet A (UVA) irradiation-induced collagen cross-linking (CCL) on keratoconus (KC) progression.

Methods: A patient with 14-year, progressive KC underwent UVA irradiation (Q-switched) for 10 minutes after topical 1% riboflavin exposure and deprotection. Post-treatment, the patient had a topography-guided sequential topography-guided PRK (ST-PRK). The ST-PRK was performed in a single session with a refractive error of -2.50 $\times$ -0.50 $\times$ 180° by using an unmasked treatment of -2.50 $\times$ -0.50 $\times$ 180° . All postoperative follow-up visits in 18 months, unmasked visual acuity (VA), and topography-guided ST-PRK (ST-PRK) postoperative, and topography were performed.

Results: In this masked left eye, the PCWS after the UVA CCL increased from 2010 to 2019, and the ST-PRK improved from 2019 to 2020. Topography-guided ST-PRK for 10 minutes was 2019, and the ST-PRK was 2020, with a refractive error of -2.50 $\times$ -0.50 $\times$ 180° . The cornea was clear, and the unmasked VA improved to 20/20 during the same period.

Conclusions: The significant clinical improvement and the apparent stability of more than a year after UVA CCL and subsequent ST-PRK compared with the unmasked VA, with a refractive error of -2.50 $\times$ -0.50 $\times$ 180° , for KC. An ideal and temporary option to be considered in the absence of available corneal tissue to avoid keratoplasty.

Keratoconus is a bilateral, non-infectious, and non-inflammatory progressive corneal degeneration. It is known to have been thought to be 1 in 3000 in the general population,¹ but the increasing number of eyes undergoing screening for laser refractive surgery suggests the prevalence may be higher. It can be diagnosed at primary, affecting 50% of the eyes progressing to the extent that penetrating keratoplasty is indicated.² Although operative and non-operative management of KC is many cases, there are several surgical options for those cases that can no longer benefit from their. Topical use of riboflavin with ultraviolet A (UVA) irradiation, or "cross-linking," is a treatment option for KC. It is a non-surgical, non-invasive, and non-inflammatory treatment option. Other corneal disorders such as pellucid marginal degeneration³ and post-ASTC keratoconus⁴ require similar treatment approaches. Although penetrating keratoplasty for advanced corneal disorders is highly successful, many eyes require corneal cross-linking to correct the significant topographic changes that are associated with mature and post-late-stage keratoconus.⁵

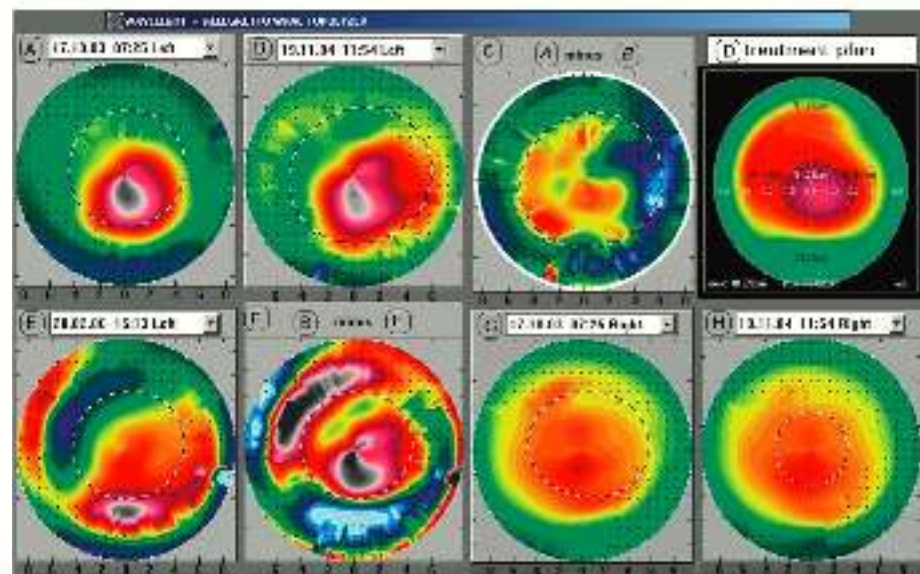
In recent years, both laboratory studies and subsequent clinical studies have suggested that by increasing the collagen cross-linking (CCL) of the corneal stromal collagen, one is able to increase the stiffness (crosslinking) of the cornea with increased stabilization of the corneal progressive corneal disorder.⁶⁻¹⁰ We present a case of bilateral progressive keratoconus that underwent unilateral CCL followed by PRK with excellent outcomes.

'Effective optical zone diameter to 5.5 mm from our standard routine of 6.5 mm and partially treated the sphere to not exceed 50mm in planned stromal removal'

Cornea Volume 26, Number 7, August 2007

Cornea • Volume 26, Number 7, August 2007

CCL After Sequential Topography-Guided PRK



Stability of Simultaneous Topography-guided Photorefractive Keratectomy and Riboflavin/UVA Cross-linking for Progressive Keratoconus: Case Reports

Basak B, Kruger MJ, Mili AJ, John Ban-Espinos M

- Effective optical zone diameter to 5.5 mm
- ~70% treatment of cylinder and sphere (up to 70%), so as not to exceed 50 μm of Maximum ablation depth
- MMC 0.01% application for 30 sec

Athen's protocol

Sequential Topography-guided PRK and CXL for Keratoconus/Krueger & Kanellopoulos

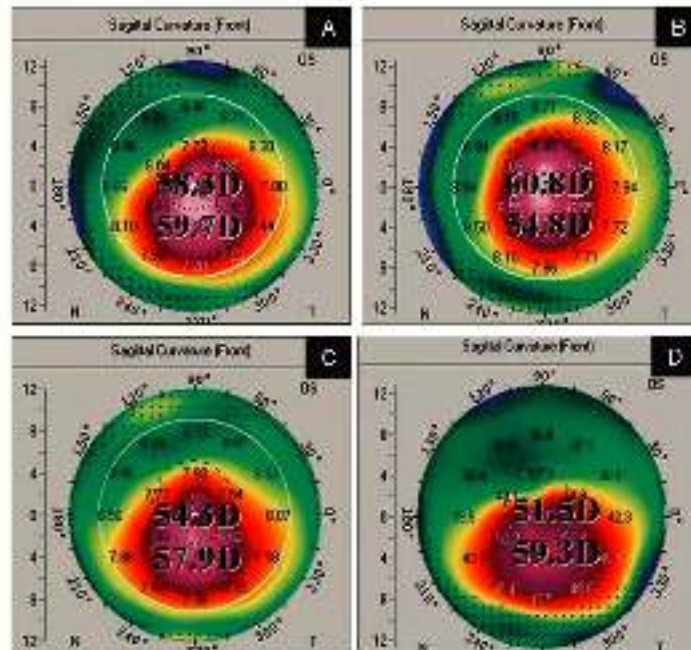


Figure 1. Case 1. A) Preoperative Pentacam topography reveals inferotemporal steep cone (maximum keratometry [K] 88.80 D; [inferior] -14.00 -8.50 $\times$ 80; centered distance visual acuity [CVA] 20/50). B) Three months following simultaneous topography-guided photorefractive keratectomy and riboflavin/UVA cross-linking, the topography reveals greater symmetry and circularity of steep shape (central K of 60.80 D and inferotemporal K of 64.80 D) [inferior] -10.50 -1.50 $\times$ 60; CVA: 20/20). C) At 18 months postoperative, the central steepness is reduced (54.30 D), while the inferotemporal power increased (57.90 D) [inferior] -8.25 $+0.75$ $\times$ 60; CVA: 20/20). D) This read correlates at 20

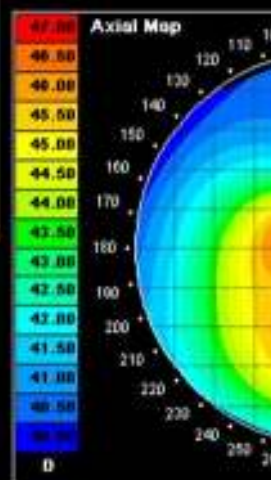
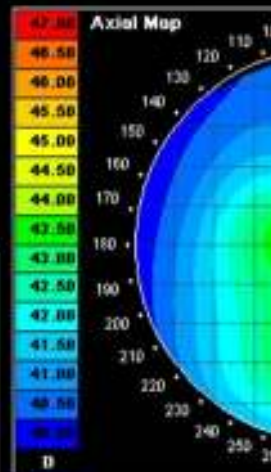
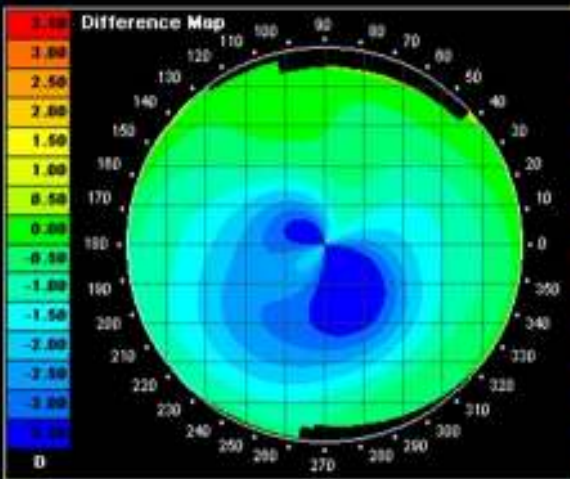
seconds and then irrigated. Following the conclusion of the MMC application, topical riboflavin sodium phosphate 0.1% drops were placed on the cornea every 2 minutes, and with the second application of riboflavin, the cornea was exposed to 370-nm UVA light with a 10-nm bandwidth at 3.0 mW/cm² for 30 minutes. A soft contact lens was placed on the eye with topical antibiotic (0.05% ofloxacin) and steroid (1.0% prednisolone acetate) drops administered four times daily until re-epithelialization, after which the topical steroid was tapered over several weeks.

Following uneventful epithelial healing, uncorrected distance visual acuity (UDVA) returned to 20/100 at 3 months postoperative with a manifest refraction of -10.50 $+1.50$ $\times$ 60, yielding 20/20 (CVA). Pentacam corneal tomography showed a maximum steep K reading of 60.80 D centrally with a reduced inferotemporal reading of 54.80 D, revealing a more central and symmetric shape compared to preoperatively

Table 1 Outcomes of combined PRK and CXL in treatment of corneal ectatic disorders

Author & year	Study design & number of eyes	Techniques	Follow-up	Outcomes	Complications
Kymionis <i>et al</i> (2009) ^[20]	Prospective study; 14 eyes	Simultaneous topography-guided PRK followed by CXL	10.69±5.95mo (range 3 to 16mo)	Improvement in visual parameters (UDVA, CDVA) and keratometry readings substantially.	No complications
Kanellopoulos (2009) ^[21]	Retrospective comparative study; 127 eyes (sequential) and 198 (simultaneous)	Sequential (6mo following CXL) and simultaneous topography-guided PRK followed by CXL on the same day	36±18mo (range 24 to 68mo)	Improvement in visual parameters (UDVA, CDVA) and keratometric readings much higher in the simultaneous group compared to a sequential group.	19 eyes showed the development of corneal haze. No eyes lost lines of UCVA or BCVA
Kymionis <i>et al</i> (2011) ^[22]	Case report; 1 eye	Simultaneous topography-guided PRK followed by CXL	12mo	UDVA and CDVA showed significant improvement. Topographic findings showed improvement of astigmatic patterns.	No complication was reported
Spadeo & Paroli (2012) ^[23]	Prospective, non-comparative case series; 14 eyes	Customized PRK combined with CXL	15±6.5mo (range 6-24mo)	Improvement in CDVA, topographic parameters.	None of the eyes developed corneal haze
Sequeira <i>et al</i> (2013) ^[24]	Case report; 2 eyes	Custom topography-guided surface ablation followed by riboflavin-UVACXL in the same day	5y	Regularization of the corneal surface and improvement in the BCVA	No complication was reported
Padmanabhan <i>et al</i> (2014) ^[25]	Prospective, non-randomized single-center study; 66 eyes (40 eyes with CXL alone and 26 eyes with the combination technique)	Topography-guided customized ablation treatment followed by CXL in one group CXL alone in another group	7.7±1.3mo (3-16.5mo)	Combined CXL and PRK is an effective and safe method to provide stability to the cornea and corneal contour, as well as refractive, topographic, and aberrometric outcomes than CXL alone	No complication was reported
Shah <i>et al</i> (2016) ^[26]	Prospective nonrandomized study; 39 eyes	Simultaneous topography-guided PRK followed by CXL	6mo	Mean UCVA and BCVA improved. Keratometry readings decreased significantly, better vision quality	No complication was reported
Pawararama <i>et al</i> (2017) ^[27]	Case report; 4 eyes	Sequential CXL followed by PRK after 1mo	3mo	Following CXL, the corneal rigidity is increased, which amplify PRK results	No side effects and complications reported
Alhomali (2018) ^[28]	Retrospective study; 140 eyes	Combined PRK with accelerated corneal CXL simultaneously	1y	Statistically significant improvement of refractive and keratometric outcomes	Development of corneal haze in 10 eyes and corneal ectasia in 1 eye
Al-Amri (2018) ^[29]	Prospective non-randomized and non-controlled case-series; 60 eyes	Simultaneous non-topography guided PRK and CXL	5y (68±4.71mo with a range of 60-106mo)	Significant improvement in UDVA, CDVA, significant reduction in mean spherical equivalent and keratometry. Visual acuity and refraction improved considerably.	No serious complications were reported

CXL: Collagen cross-linking; PRK: Photorefractive keratectomy; UDVA: Uncorrected distance visual acuity; CDVA: Corrected distance visual acuity; BCVA: Best corrected visual acuity; BSCVA: Best spectacle corrected visual acuity.



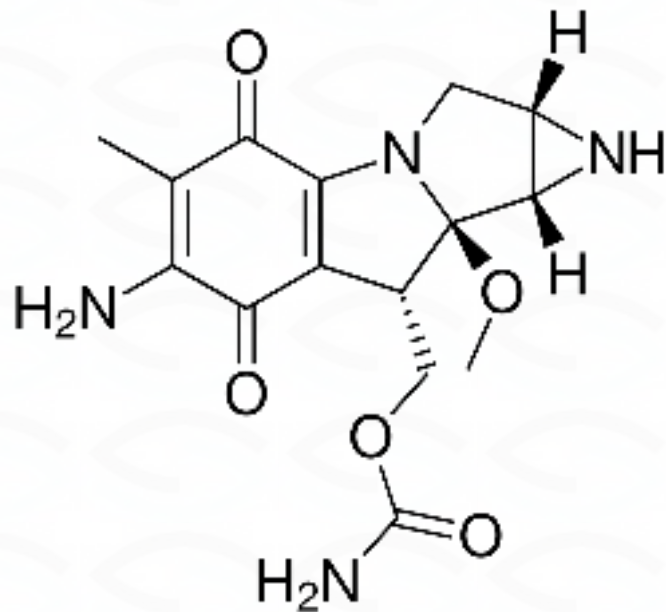


Lessons Learned

PRK CXL



- Laser platform
- Diagnostic equipment
- Ablation properties
 - Depth
 - Pattern
 - Refractive correction percentage



MMC

LESSONS
LEARNED

TABLE 4
**Percentage of Haze Reflectivity in Each Corneal Region
 After Conventional CXL and CXL+MMC^a**

Time	Anterior Stroma		Middle Stroma		Posterior Stroma	
	CXL	CXL+MMC	CXL	CXL+MMC	CXL	CXL+MMC
Baseline	16.66 ± 5.59 (7.78 to 27.68)	16.30 ± 5.12 (7.78 to 27.65)	18.82 ± 6.68 (7.01 to 35.89)	18.61 ± 6.85 (7.01 to 35.89)	19.18 ± 7.60 (9.30 to 42.40)	18.06 ± 6.00 (9.30 to 27.65)
<i>P</i>	.852		.916		.595	
1 month	23.15 ± 5.91 (13.97 to 42.27)	33.14 ± 16.58 (6.54 to 69.73)	21.51 ± 6.09 (11.42 to 39.88)	28.45 ± 14.09 (5.54 to 59.45)	20.60 ± 7.54 (8.14 to 41.06)	27.07 ± 16.92 (0.00 to 58.51)
<i>P</i>	.005 ^b		.021 ^b		.105	
3 months	24.18 ± 6.66 (14.97 to 37.31)	34.09 ± 19.30 (13.02 to 64.18)	20.67 ± 7.85 (9.53 to 39.69)	30.05 ± 17.47 (9.58 to 68.62)	20.37 ± 7.77 (4.47 to 34.50)	24.55 ± 16.69 (10.60 to 58.51)
<i>P</i>	.014 ^b		.020 ^b		.316	
6 months	22.56 ± 6.16 (10.79 to 35.56)	28.13 ± 12.52 (6.63 to 48.14)	20.92 ± 6.48 (9.57 to 38.10)	25.55 ± 12.96 (5.69 to 48.18)	21.03 ± 7.11 (7.82 to 38.12)	22.93 ± 11.55 (6.18 to 43.39)
<i>P</i>	.074		.141		.592	
12 months	20.58 ± 7.88 (2.90 to 38.22)	27.14 ± 12.80 (7.09 to 49.28)	22.93 ± 12.16 (2.87 to 50.30)	24.95 ± 12.72 (7.00 to 51.04)	22.31 ± 12.88 (3.14 to 47.99)	25.17 ± 12.61 (6.70 to 45.15)
<i>P</i>	.049 ^b		.562		.492	

CXL = corneal cross-linking; MMC = mitomycin C

^aValues are presented as mean ± standard deviation (range).

^bStatistically significant.

Mitomycin C Application After Corneal Cross-linking for Keratoconus Increases Stromal Haze

*Shady T. Awwad, MD; Lily M. Chacra, MD; Ghadi Helwe, MSc; Ahmad R. Dbaini, PhD;
Talar Telyizian, MD; Julien Torbey, MD; Maamoun Abdul Fattah, MD;
Emilio A. Torres-Netto, MD; Farhad Hafezi, MD, PhD; Rohit Shetty, MD, PhD*

Instead of reducing postoperative haze as in its use after PRK, the application of MMC following CXL induced more postoperative haze, and therefore should be avoided. Based on the results of this study, we also recommend caution in using MMC in combined PRK and CXL procedures.

Tomography or topography

LESSONS
LEARNED

doi:10.1017/S0022292412001911

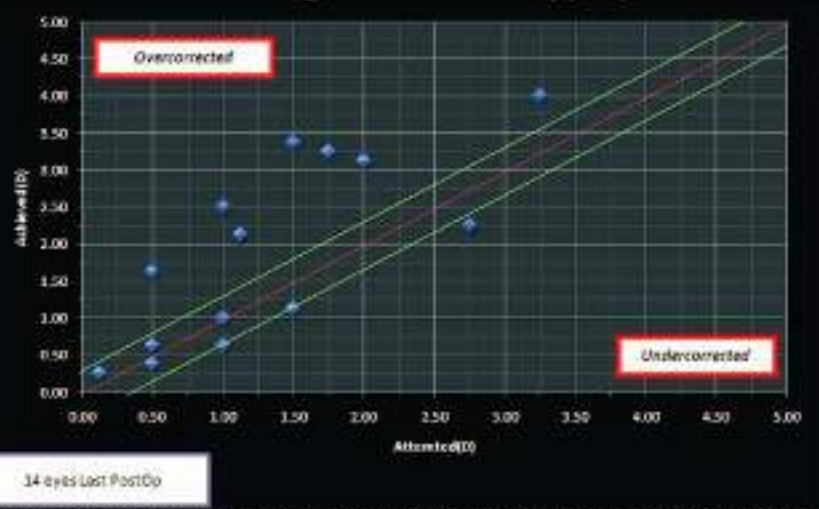


Figure 3. Scattergram of attempted versus achieved refraction following topography-guided photorefractive keratectomy and corneal cross-linking.

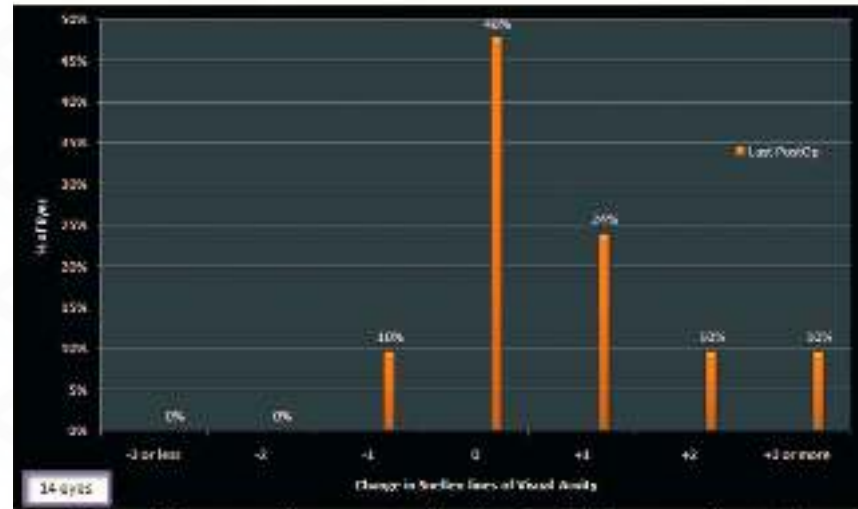


Figure 2. Change in heat-activated crosslinker (violet) following topographic-guided photoreactive crosslinking and thermal cross-linking.

- Corneal topography iTrace, PRK Solid-state 1064 Pulzar Z1; CustomVis).
- Customization was based on the corneal higher order aberrations. Use of a percentage of customization from 0% to 100%.
 - *0% would be a conventional laser treatment and 100% a full customized treatment. Maximum ablation depth was 50 μm .*
- Topography-guided PRK immediately followed by CXL

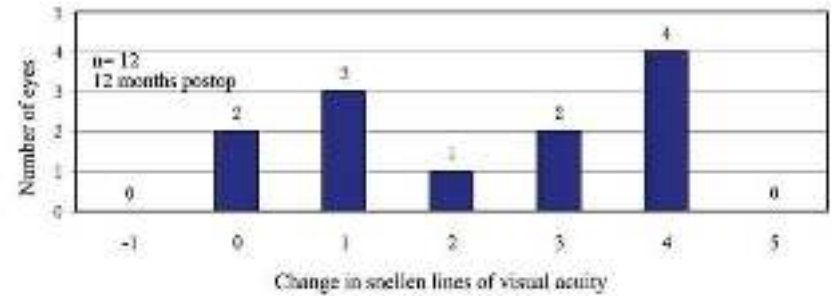
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- 0% would be a conventional laser treatment and 100% a full customized treatment. Maximum ablation depth was 50 μm .

- Topography-guided PRK immediately followed by CXL

Topography-guided Transepithelial Surface Ablation Followed by Corneal Collagen Cross-linking Performed in a Single Combined Procedure for the Treatment of Keratoconus and Pellucid Marginal Degeneration

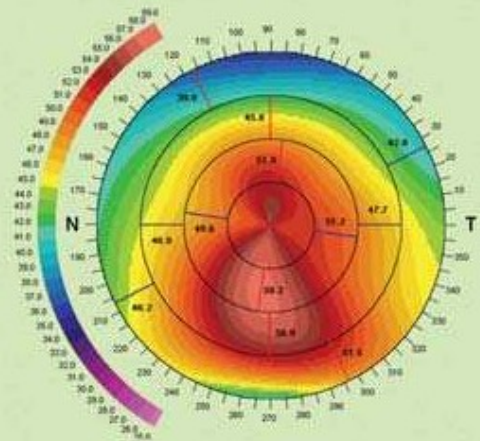
Aleksandar Stojanovic, MD; Jia Zhang, MD; Xiangun Chen, MD; Tom A. Nitter, MD, PhD;
Shihao Chen, MD; Qimei Wang, MD



- **IVIS topography-guided**
- CIPTA software custom ablation system, refraction, corneal elevation data, and pupillometry data
- Ablation that transforms the actual corneal shape into a regularized aspheric shape
- Minimal ablation strategy, maximal reduction of the irregularities with the least possible amount of tissue consumption

Anterior Axial Power Map

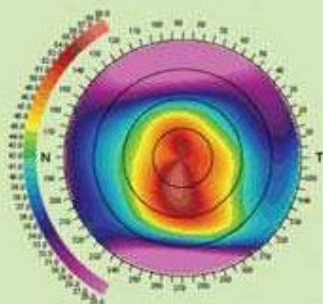
2mm: XMax = 55.00D@82 XMin = 50.10D@172 Cyl = 4.90D@172
5mm: XMax = 51.31D@80 XMin = 47.28D@1 Cyl = 4.03D@80
7mm: XMax = 48.51D@117 XMin = 43.88D@27 Cyl = 4.63D@27



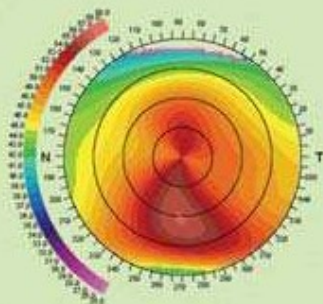
OS :: Diagnostic



Anterior Tangential Power Map

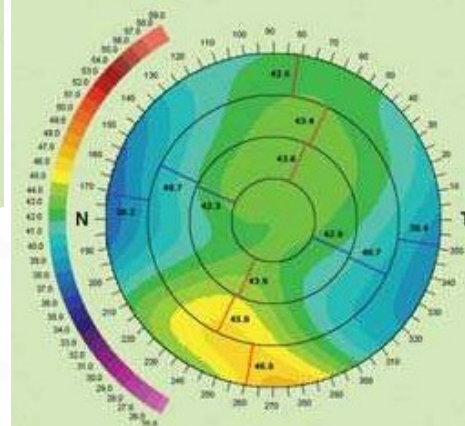


Total Power Map



Anterior Axial Power Map

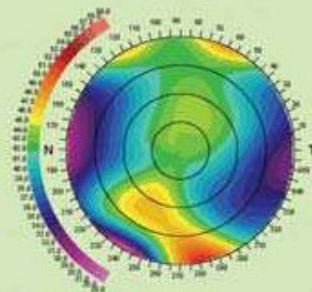
2mm: XMax = 43.84D@88 XMin = 42.50D@156 Cyl = 1.34D@156
5mm: XMax = 44.81D@84 XMin = 43.64D@154 Cyl = 1.16D@154
7mm: XMax = 44.80D@81 XMin = 43.88D@171 Cyl = 0.91D@171



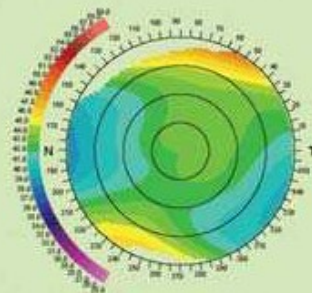
OS :: Refractive Surgery



Anterior Tangential Power Map



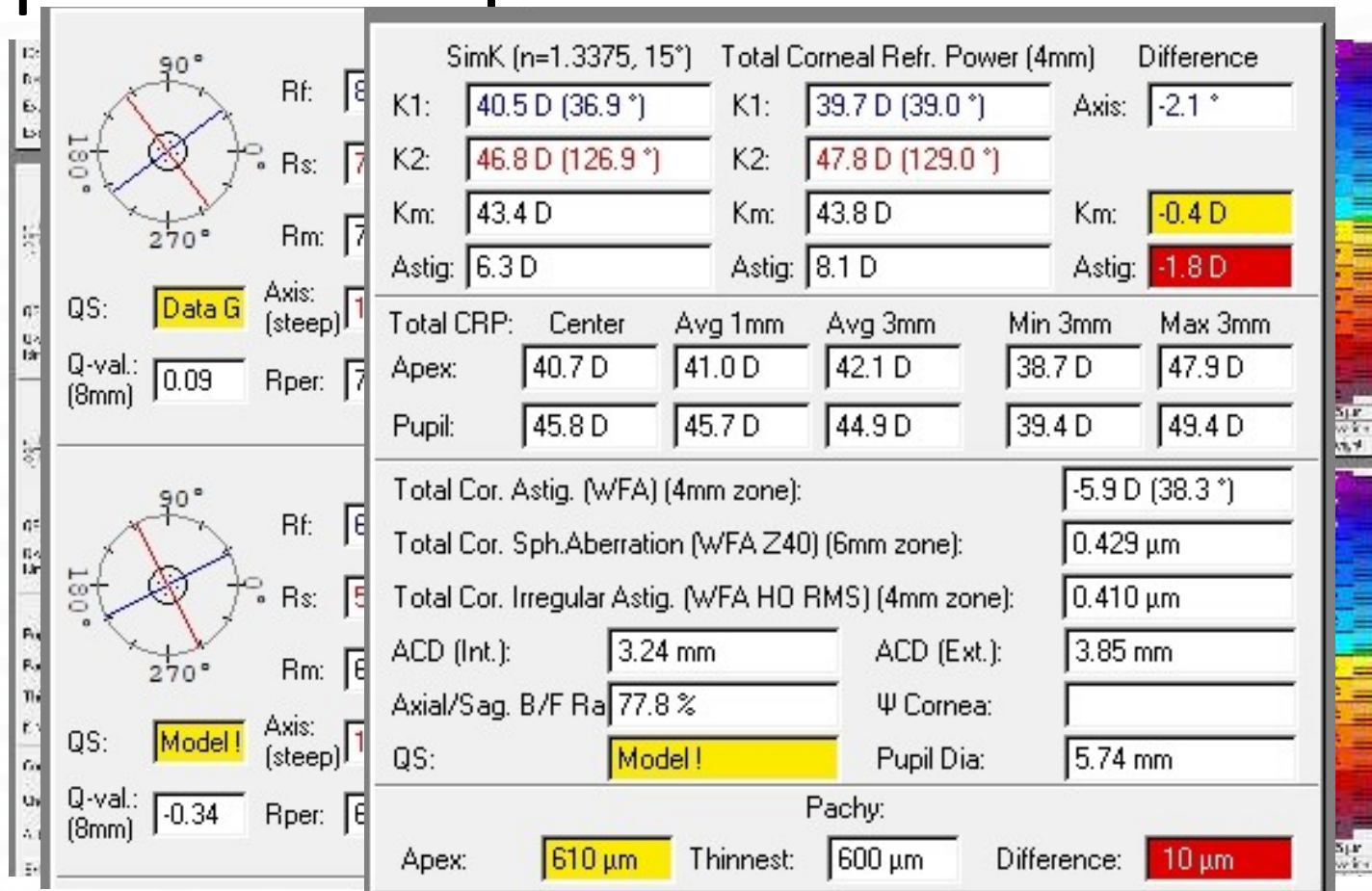
Total Power Map



STAR X

- Simultaneous tomography-guided trans-epithelial PRK
- OZ of 7 mm for central cone
- 6.5 mm OZ for peripheral cone.
- Epithelium removal of 55 to 65 μm , stromal ablation 50 μm ,
- maximum correction of coma aberration, limiting spherical and cylinder correction
- Second Step: customized energy pulsed accelerated collagen crosslinking.

The importance of posterior curvature



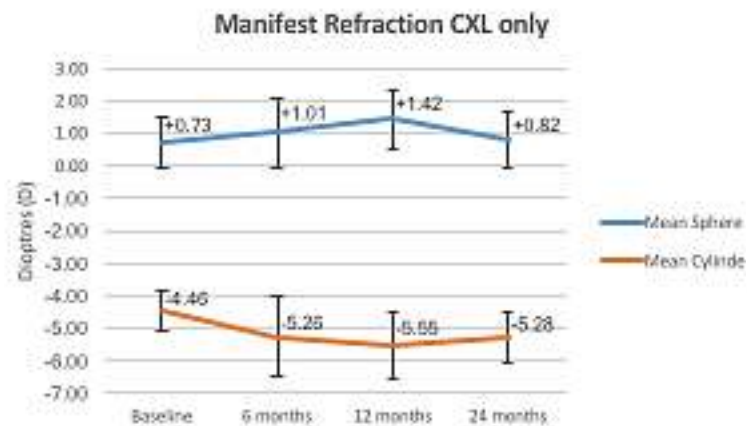
Tomography or Ocular Wavefront

LESSONS
LEARNED

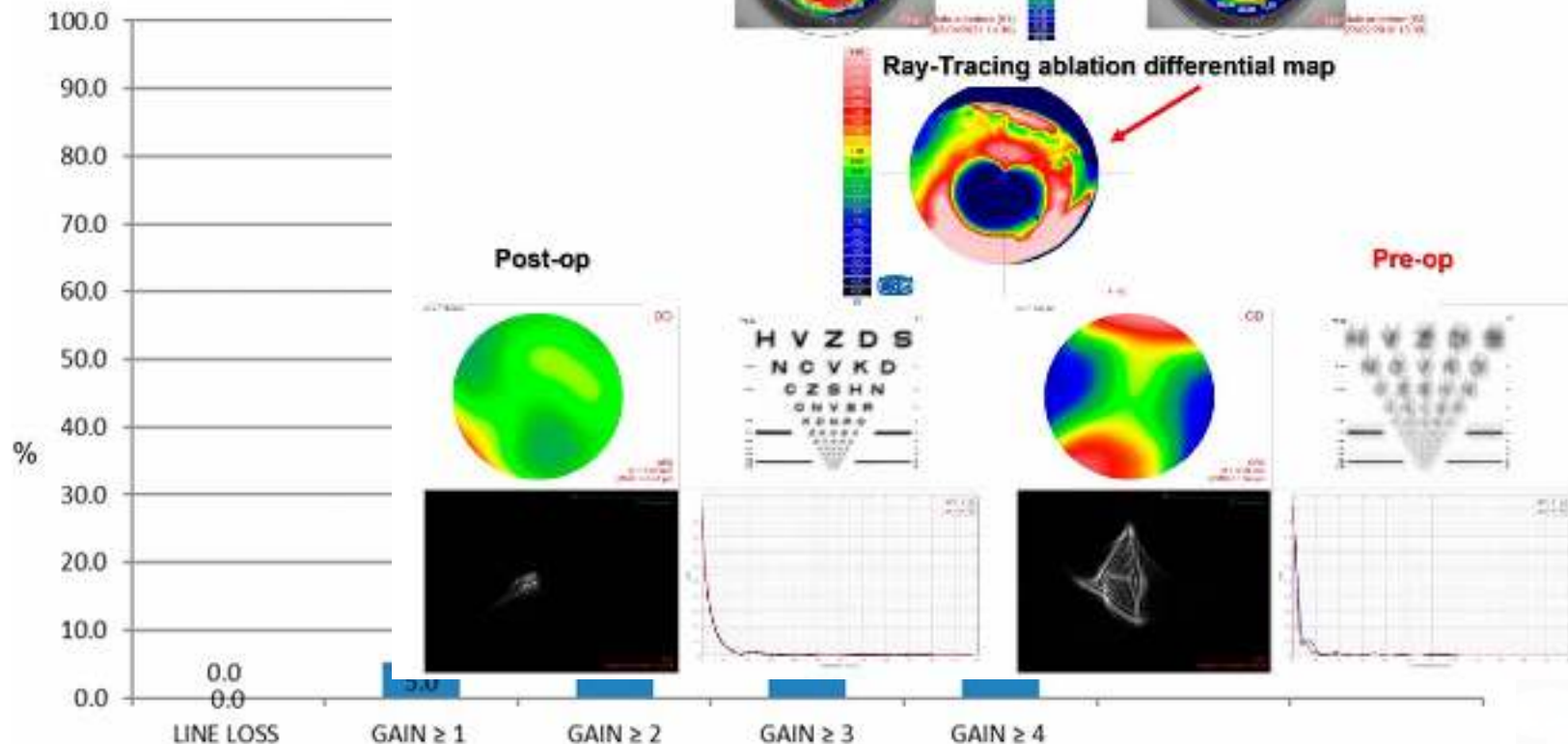
Fig 4f



Fig 4g



Corrado Bazzani, MD, PhD^{1,2,3}; Alexander Saperstein, MD⁴; Tito Raman, MD⁵;
George Adabbo, MD^{6,7}; Nisha Raman, MD^{8,9}; Arvind Arora, MD^{10,11}
1. Johns Hopkins University, Baltimore, MD; 2. Johns Hopkins University, Baltimore, MD; 3. Johns Hopkins University, Baltimore, MD; 4. Johns Hopkins University, Baltimore, MD; 5. Johns Hopkins University, Baltimore, MD; 6. Johns Hopkins University, Baltimore, MD; 7. Johns Hopkins University, Baltimore, MD; 8. Johns Hopkins University, Baltimore, MD; 9. Johns Hopkins University, Baltimore, MD; 10. Johns Hopkins University, Baltimore, MD; 11. Johns Hopkins University, Baltimore, MD



Simultaneous or Sequential

LESSONS
LEARNED

PRK CXL

Simultaneous vs Sequential

Simultaneous PRK CXL

- More treated area
- One procedure , less risk of complications

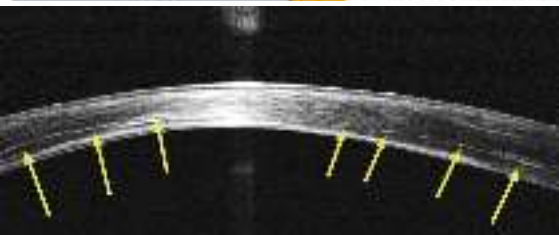
Sequential treatment

- Removal of crosslinked tissue
- Avoids undercorrection and scarring
- Better HOA correction?

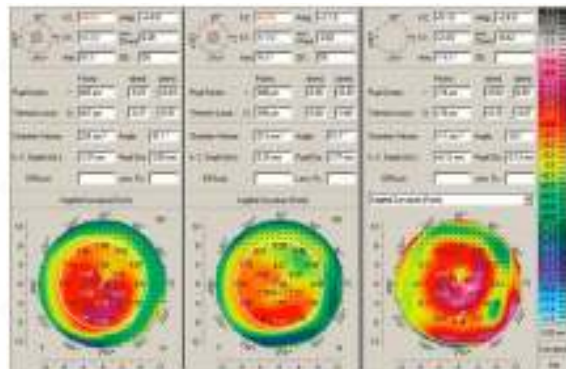
AIM = minimum depth required for regularization

Comparison of Sequential vs Same-day Simultaneous Collagen Cross-linking and Topography-guided PRK for Treatment of Keratoconus

Amr Alkhatib, MD

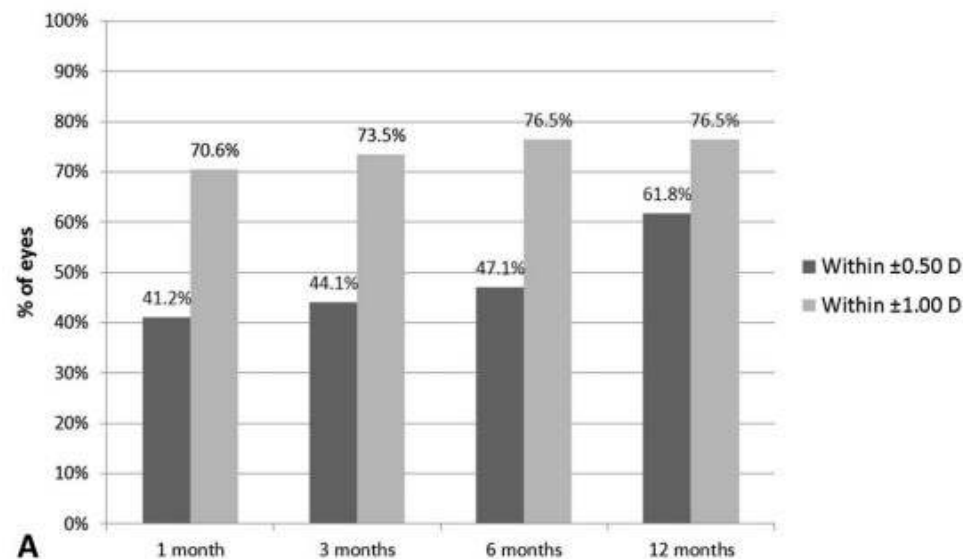


- **WaveLight** customized platform (Topolyzer).
- Athens protocol
- **Mean haze score was 1.2+/- 0.5. Mean CCT decreased from 465 μ m preoperatively to 395 μ m postoperatively.**
- UCVA improved 0.96 logMAR to 0.3. postoperatively
- BSCVA from 0.39 logMAR to 0.11 logMAR.
- **The simultaneous group performed superiorly** with a better BSCVA, spherical equivalent reduction, mean K reduction and corneal haze score

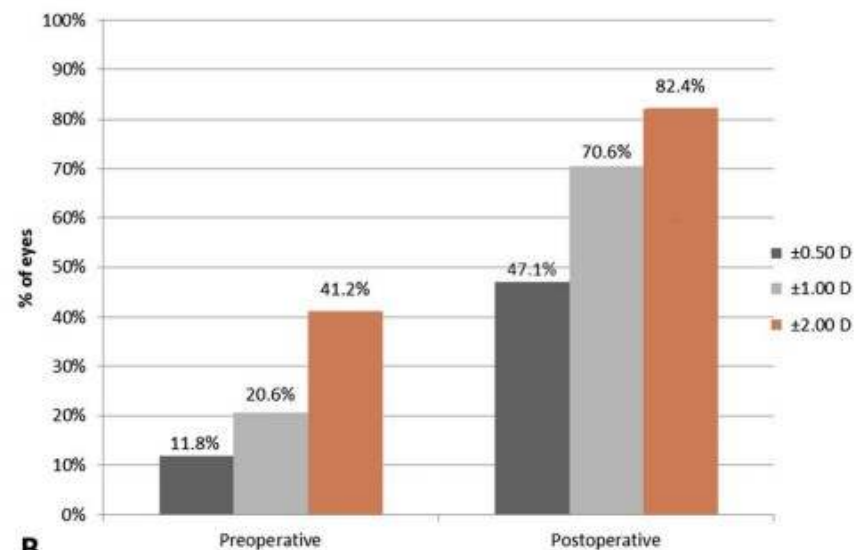


Wave Front-Guided Photorefractive Keratectomy Using a High-Resolution Aberrometer After Corneal Collagen Cross-Linking in Keratoconus

Muhammad Sattah Mohamed, MD, PhD,* Ahmed Sattah-Bardan, ME, MRCSEd,† David P. Pihono, PhD,††
 Gani Ozekici, MD,‡ Mohamed El-Kateb, MD, PhD,†† Gany Gohaly, MD,* and
 Mounir A. Khalifa, MD, PhD*



A



B

- The sequential group showed greater improvement in CDVA, SE, and refractive astigmatism.
- Corneal haze was frequently reported in all protocols.
- Safety and efficacy indices were highest when CXL was performed before excimer laser



Continued Long-term Flattening After Corneal Cross-linking for Keratoconus

Inger Heleen Noor, MD; Theo G. Seiler, MD; Kai Noor, MD;
Theo Seiler, MD, PhD

ABSTRACT

PURPOSE: To report 3 cases with continued long-term flattening after corneal cross-linking (CXL) for keratoconus and to determine its prevalence.

METHODS: Case series.

RESULTS: Three eyes of three patients presented with an ongoing corneal flattening over 10 years after CXL in the absence of corneal opacities. Of the initial 433 eyes treated with CXL between 2005 to 2007, only 45 eyes completed the 10-year follow-up period, indicating a prevalence of 6.7%.

CONCLUSIONS: Besides continuous flattening due to scars and intense early flattening, a third entity of continuous flattening can be observed after CXL. Continuous long-term flattening after CXL

Corneal cross-linking (CXL) tries to reverse this softening effect by inducing new chemical bonds within the extracellular matrix.⁹ The clinically accepted procedure includes ultraviolet light and riboflavin as a photomediator and results in halting keratoconus progression in more than 90% of the cases¹⁰ with a low rate of complications.¹¹ In a minority of treated eyes, corneal flattening occurs as a side effect^{12,13} within the first years after CXL, stabilizing after 1 to 3 years.^{14,15}

In this series, we present 3 cases with continuous flattening of the cornea during follow-up of up to 12 years after CXL.

CASE REPORTS

Between 2005 and 2007, 433 eyes with documented progressive keratoconus were treated with CXL at the Institut für Refraktive und Ophtho-Chirurgie (IROC, Zürich, Switzerland) and the Silmalaser Eye Clinic (Tallinn, Estonia). Inclusion criteria for the current study were a follow-up period of 10 years or more, no additional corneal operations such as additional CXL or refractive surgeries, and no complications of CXL such as scarring or infection. At that time, the CXL procedure

Customised PTK

LESSONS
LEARNED

TREK



Topoguided Removal of corneal Epithelium for Keratoconus (TREK): a novel and customized technique

2024-11-14

1

1

1

1

1

1

Ablation

Depth:

61 μm

☒ TransPTK

Sector: ☐

Outer (mm)

Long axis:

3.50 @ 0°

☐ Inner (mm)

Short axis: ☒

2.78 @ 90°

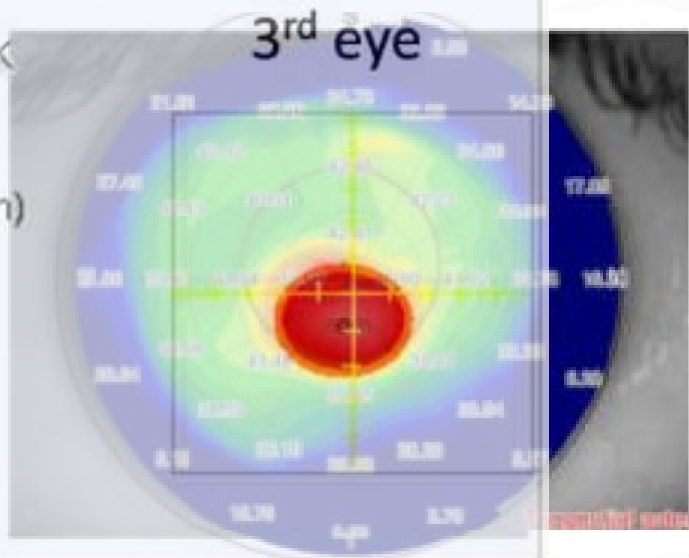
Offset: Radius:

0.83 mm

Angle:

250°

Step



MYTHBUSTERS

- PACE stands for 'PTK-assisted customized epi-on corneal cross-linking'
 - Treatment procedure, in which the epithelium is removed from the top of the cornea
EPI OFF PROCEDURE
SIMILAR TO TREK
 - Precisely remove just the epithelium (and not the stroma) over the cone region by performing an epithelial map-driven PTK with the excimer laser (not a normal PTK).

Personal Approach

- Treat according to
 - Coma
 - Spectacle Correct VA
 - 50 μ m stromal ablation
- Aim to improve Spectacle Correct VA

Pyramidal wavefront sensing



Peramis diagnostic workstation – Schwind Eye Tech Solutions GmbH

A CXL
44

PRK +ACXL
67

Mean follow up
4.2 years

• Male 45

PTK +ACXL
11

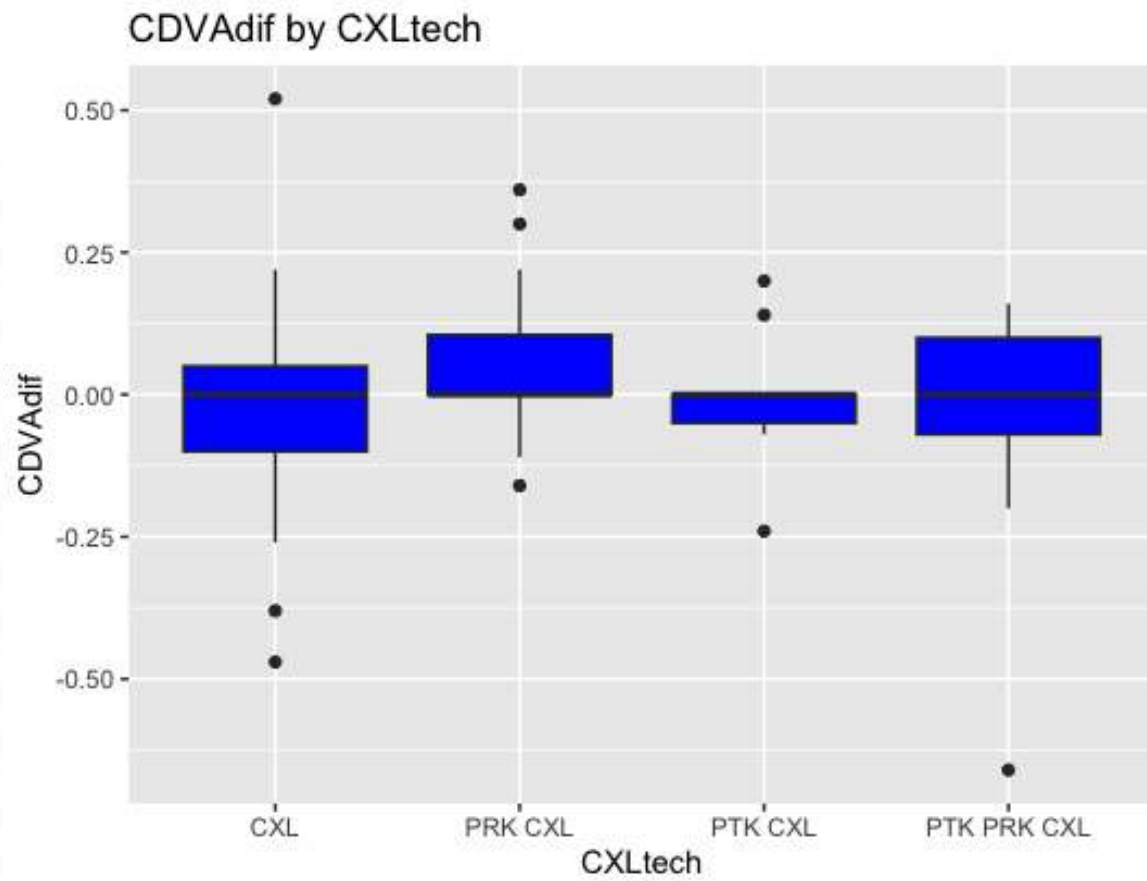
PTK+PRK+ACXL
13

Female 90

Click to add Title

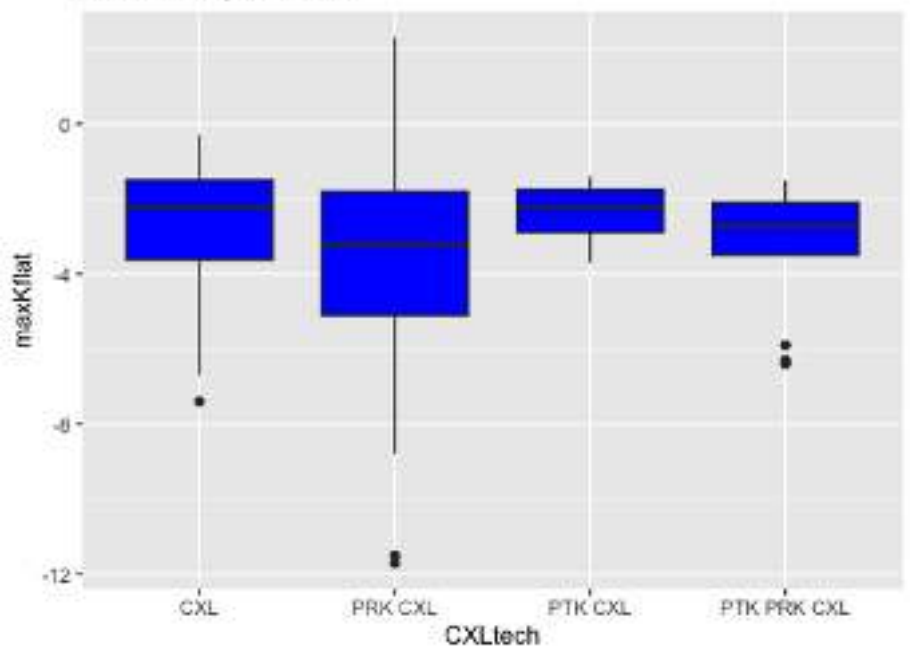


	1-year post-op	Final follow-up	Change	p-value
Kmax				
Mean±SD	49.3±4.8	48.7±4.7	-0.6±1.7	
Median, IQR	48.9, 5.8	48.3, 5.8	-0.4, 1.4	<0.001
Kmin				
Mean±SD	37.3±4.4	36.8±4.6	-0.46±1.9	
Median, IQR	38, 4.8	37.5, 4.95	-0.4, 1.5	<0.001
Thinnest				
Mean±SD	436.4±50.2	430.9±58.4	-5.5±20.0	
Median, IQR	440, 67.5	440, 78.5	-4, 17.5	<0.001

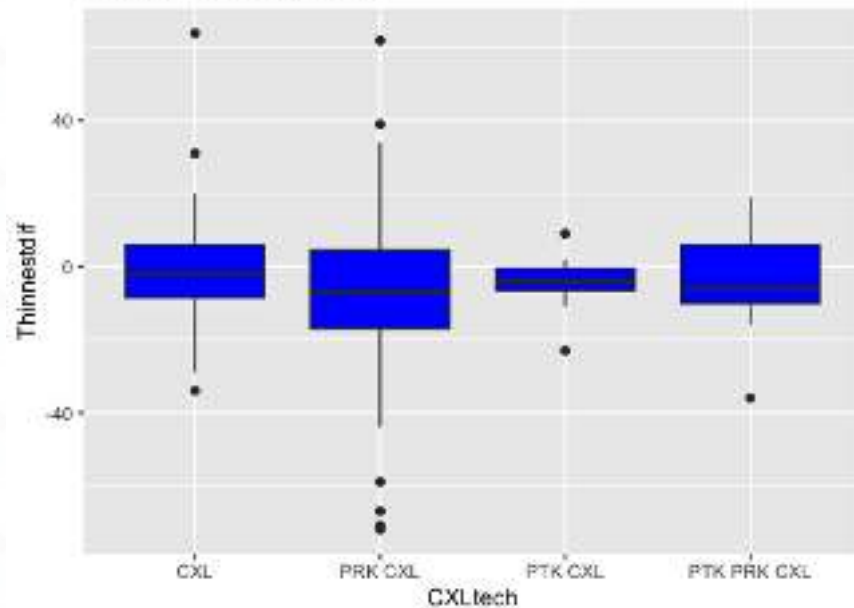


Click to add Title

maxKflat by CXLtech



Thinnestdif by CXLtech



CDVAdif

Kruskal Wallis

P=0.0098

CXL vs PRK CXL p=0.011

Other p>0.05

	CXL	PRK+CXL	PTK+CXL	PTK+PRK+CXL
CDVA1				
Mean±SD	0.14±0.19	0.05±0.1	0.04±0.07	0.1±0.21
Median, IQR	0.1, 0.1	0, 0.075	0, 0.04	0, 0.1
CDVA2				
Mean±SD	0.12±0.16	0.1±0.13	0.03±0.09	0.06±0.08
Median, IQR	0.09, 0.15	0.08, 0.14	0, 0.02	0.04, 0.14
CDVA change				
Mean±SD	-0.02±0.16	0.05±0.09	-0.01±0.11	-0.04±0.21
Median, IQR	0, 0.15	0, 0.11	-0.05, 0.05	-0.17, 0.17

Kmaxdif

Kruskal Wallis

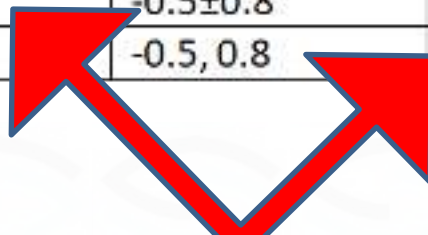
P=0.06

Dunn Test Bonferroni method

PRK CXL vs PTK PRK CXL p=0.044

Others p>0.05

	CXL	PRK+CXL	PTK+CXL	PTK+PRK+CXL
Kmax1				
Mean±SD	51.5±5.3	48.6±4.1	48.4±3.5	46.7±5.2
Median, IQR	50.6, 5.5	47.9, 5.8	48.2, 3.8	46.3, 7.3
Kmax2				
Mean±SD	50.7±5.2	47.8±4.1	47.9±3.7	47.4±4.5
Median, IQR	49.9, 4.9	47.4, 4.7	47.8, 3.9	46.2, 6.7
Kmax Change				
Mean±SD	-0.7±1.6	-0.8±1.7	-0.5±0.8	0.7±2.2
Median, IQR	-0.5, 1.0	-0.5, 1.8	-0.5, 0.8	0.1, 0.5



- **Kmin1**
- Kruskal Walllis
- $P < 0.01$
- Dunn Test Bonferroni method
- CXL vs PRK CXL $p = 0.0015$
- CXL vs PTK PRK CXL $p < 0.001$
- Other $p > 0.05$

- **Kmin2**
- Kruskal Walllis
- $P < 0.001$
- Dunn Test Bonferroni method
- CXL vs PRK+CXL $p = 0.0032$
- CXL vs PTK PRK CXL $p < 0.001$
- Other $p > 0.05$

	CXL	PRK+CXL	PTK+CXL	PTK+PRK+CXL
Thinnest1				
Mean±SD	458±45.7	426±46	464±31.4	395±57.8
Median, IQR	458, 59.5	414, 66	470, 22	399, 72
Thinnest2				
Mean±SD	456±52.1	418±57.5	459±29.2	391±60.4
Median, IQR	456, 52.2	424, 70.5	469, 26	389, 67
Thinnest change				
Mean±SD	-1.5±16.1	-8.5±24.1	-4.5±8.1	-4.1±13.6
Median, IQR	-2, 14.5	-7, 21.5	-4, 6	-6, 16

	CXL		PRK CXL		PTK CXL		PTK PRK CXL
	Mean±SD	Median,IQR	Mean±SD	Median,IQR	Mean±SD	Median,IQR	Mean±SD
CDVA1	0.14±0.19	0.1, 0.1	0.05±0.1	0, 0.08	0.04±0.07	0, 0.4	0.1±0.21
CDVA2	0.12±0.15	0.095, 0.11	0.1±0.12	0.08, 0.14	0.03±0.09	0, 0.02	0.04, 0.14
p		0.265		<0.001		0.66	1
Thinnest1	457.6±45.7	457.5, 59.5	426.0±46.0	414, 66	463.8±31.4	470, 22	395.1±57.8
Thinnest2	456.1±52.1	455.5, 52.3	417.5±57.5	424, 70.5	459.4±29.2	469, 26	391.0±60.4
p		0.281	0.0051			0.07	0.3

2nd
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